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PRINCIPAL INVESTIGATOR: Marvella E. Ford, Ph.D.

CONTRACTING ORGANIZATION: Henry Ford Health Sciences Center

Detroit, Michigan 48202

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13. ABSTRACT (Maximum 200 Words)

The specific aims of this randomized trial are to evaluate the efficacy of an innovative intervention in retaining African American men in the screening arm of the Prostate, Lung, Colorectal, and Ovarian (PLCO) Cancer Screening Trial at the Henry Ford Health System site, and to develop a culturally appropriate measurement instrument to assess perceptions of cancer screening. The study population consists of African American men aged 55 and older living in southeastern Michigan. Information related to community resources is shared with the study participants. Thus, competing needs that may prevent them from adhering to their PLCO screening tests are addressed. No statistically significant differences were found in education or age between the intervention group (n=301) and the control group (n=300). In terms of the measurement instrument, a literature search on African Americans' perceptions of cancer screening was conducted, potential survey items were placed into a theoretical framework, and a focus group was held. An abstract documenting the design of the study was submitted for presentation at the 2000 American Association for Cancer Research Conference. The findings of this study can be used to help African American men benefit from the positive aspects of participation in prostate cancer research.

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Marvella (Ford z-1-00
PI - Signature Date

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#### INTRODUCTION

Subject And Purpose Of The Research

The objective of this feasibility study is to identify innovative methods for increasing the retention of African American men in prostate cancer screening trials. Retention, while important for all groups, is especially critical for African American men, given their often low representation in clinical trials. The specific aims are to evaluate the efficacy of a retention intervention in retaining African American men in the screening arm of the Prostate, Lung, Colorectal, and Ovarian (PLCO) Cancer Screening Trial at the Henry Ford Health System site, and to develop a culturally appropriate measurement instrument to assess perceptions of screening for these cancers among older African American men.

Scope Of The Research

The study population consists of African American men aged 55 and older living in the Detroit area. Blocked randomization methods were used to assign the men to the retention intervention or control group. A retention coordinator provides intense follow-up to the men in the intervention group and guides them through the PLCO Trial screening processes. Socioeconomic status will be used as a covariate in later analyses.

It is hypothesized that men in the intervention group will show higher screening adherence rates than men in the control group. An instrument to assess cancer-screening perceptions among older African American men will be developed using focus group techniques. The findings from this study will lay the foundation for randomized trials of the retention intervention (modified if necessary) in large prostate cancer screening or treatment trials involving African American men of different age groups. The psychometric properties of the measurement instrument could be tested for older and younger African American men. The instrument could then be used to help to identify potential study dropouts, who may need more intensive interventions in order to reduce attrition.

The retention study of African American men randomized to the intervention (screening) arm of the PLCO Trial began in June 1999 after five months of planning. In the retention study, 301 men have been randomly assigned to the intervention group and 300 men have been randomly assigned to the control group. The research protocol for the retention study has been approved by the Henry Ford Health System Institutional Review Board (HFHS IRB). An HFHS IRB continuation application was submitted. The HFHS IRB committee reviewed this form in November 1999 and gave continued IRB approval through 2000 (Appendix A).

Retention study staff include Marvella E. Ford, Ph.D., Principal Investigator, Christine Cole Johnson, Ph.D., Co-Investigator, Michelle Jankowski, M.A.S., Statistician, Vernetta Randolph, Retention Coordinator, and Felecia Collins, Secretary. Consultants to the study include G. Marie Swanson, Ph.D. and Sally Vernon, Ph.D. On May 24, 1999 a Consultant Meeting was held with Drs. Swanson and Vernon. The meeting continued on May 25, 1999 with Dr. Vernon. The agenda for this meeting is included in Appendix D.

#### **BODY**

#### Statement of Work

African American Men in the PLCO Trial: Developing and Testing Methods to Increase Retention

Task 1. Develop and test the case manager/retention coordinator intervention in the PLCO Cancer Screening Trial

- (a) Hire and train the case manager/retention coordinator and train the other study staff (months 1-4)
- (b) Assign HFHS PLCO Cancer Screening Trial participants in the screening arm a socioeconomic status code and then assign them to the case manager/retention coordinator intervention group or to a control group (month 4)
- (c) Implement the retention intervention (months 5-28)
- (d) Conduct preliminary statistical analyses of the retention intervention (months 8-28)
- (e) Conduct final analyses (months 28-30)

Task 2. Develop a culturally appropriate measurement instrument to assess cancer screening perceptions of African American men

- (a) Conduct a literature search of existing instruments assessing cancer screening knowledge, attitudes, and beliefs among African American men (months 1-7)
- (b) Use the results of the literature search to document the reliability/validity, purpose and conceptual approach of each measurement instrument, and its cultural appropriateness for African American men (months 1-7)
- (c) Use the results of the literature search to develop focus group questions (months 8-12)
- (d) Hold a focus group session to assess participants' perceptions of the developing measurement instrument and to garner ideas for new questions (month 13)
- (e) Based on the focus group results, revise the measurement instrument (months 14-20)
- (f) Hold a focus group session to assess participants' perceptions of the revised measurement instrument (month 21)
- (g) Incorporate participants' suggestions into a further refinement of the instrument (months 22-30)
- (h) Conduct statistical analyses of the pilot study results (months 26-27)
- (i) Revise and refine the final measurement instrument, based on the pilot study results (months 28-30)

Progress related to each task in the Statement of Work is described in the following sections of the annual report.

Task 1 (a): Hire and train the case manager/retention coordinator and train the other study staff (months 1-4)

A case manager/retention coordinator was hired and began training in month 1. However, she took another position at the end of month 2. A search was conducted for another case manager/retention coordinator, who was hired and trained in months 4-6.

Task 1 (b): Assign HFHS PLCO Cancer Screening Trial participants in the screening arm a socioeconomic status code and then assign them to the case manager/retention coordinator intervention group or to a control group (month 4)

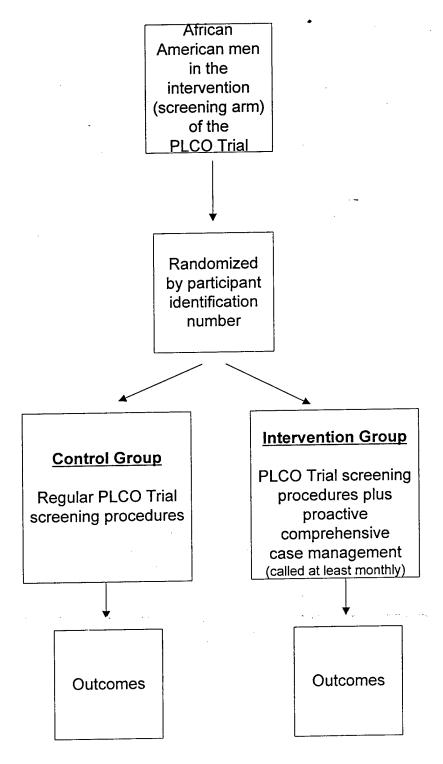
Randomization (Figure 1) and other study procedures took place starting in month 6, once the case manager/retention coordinator was fully trained. Part of the training consisted of contacting a large number of agencies serving community adults, particularly older adults, to develop a resource file of available community resources. These resources are shared with the study participants during the course of the study, as one of the study goals is to serve as an information clearinghouse for participants. In this manner, competing needs of the participants that may function to prevent them from adhering to their PLCO screening tests are addressed by the case manager/retention coordinator. The study procedures are documented in the following paragraphs.

# Retention Study Procedures

- 1) A data manager generated a list of all African American males in the PLCO Trial Intervention Arm (n=601).
  - This list only contained the names of active participants. It did not include people who were being tracked or lost to follow-up, deceased people, or people who have refused all further contact by PLCO staff.
- 2) The statistician on the retention study, Ms. Michelle Jankowski, randomized individuals on the list to Control or Intervention groups.
- 3) The Retention Coordinator, Ms. Vernetta Randolph, generated a list of study participants by Control and Intervention groups.
- 4) The group assignment information was forwarded to PLCO staff and a data manager generated separate Overview Sheets for each participant. The information on the Overview Sheets for each participant includes:
  - □ Demographic information
  - ☐ Study identification number
  - ☐ Screening examinations received (based on study year)
  - ☐ Telephone number(s) where participants can be reached
- 5) Before the retention study began:
  - a) Ms. Jankowski developed an Access database to record telephone calls and specific interventions for each participant.
  - b) Each participant's status (DOD-I or DOD-C) was inserted into the SMS scheduling notes.
- 6) The retention study participants were pulled from the PLCO Cancer Screening Trial database in July 1999, when the intervention was implemented.

Figure 1

# African American Men in the PLCO Trial: Developing and Testing Methods to Increase Retention



Task 1 (c): Implement the retention intervention (months 5-28)

Due to the turnover in the case manager/retention coordinator position, the retention intervention began in July 1999. Retention intervention procedures related to scheduling are described in the paragraphs below. In addition, the investigators developed telephone scripts for each type of telephone contact, for use by the case manager/retention coordinator. These scripts are included in Appendix C. The case manager/retention coordinator was trained in the administering of these scripts during months 4-6. These scripts are tailored based on the following variables: each participant's study year; the types of exams each participant is scheduled to receive each year; and the extent to which each participant adhered to their scheduled screening exams in the previous year. Tailoring the scripts for each study participant allows barriers counseling specific to each individual to be conducted.

- A. Personal Identification (PID) numbers for each participant were printed on a listing generated by the PLCO data manager.
  - These PID numbers were used to generate an Annual Study Update (ASU) that is mailed to participants enrolled in the study.
  - Also from the PID listing, a participant overview form was generated. This form identifies which screening tests are needed.
- B. The PLCO data manager filed the participant overview sheets and contact sheets by (a) study year, (b) randomization date, and (c) alphabetical order.
- C. The PLCO data manager gives Ms. Randolph the retention study participant overview sheets and contact sheets for the retention study participants with an upcoming annual screening examination. Retention study staff use a temporary filing system similar to that described in (B) to store documents on a temporary basis.
- D. Ms. Randolph checks the participant overview sheet to see which study year the person is in (e.g. T0, T1, and etc.) and she identifies whether the person is in the retention study intervention (DOD-I) or retention study control group (DOD-C).
- E. Ms. Randolph stamps the upper right corner of the participant overview sheet using a stamp inscribed DOD-I or DOD-C.
  - DOD-I: Intervention Group. For this group, Ms. Randolph places a call to each participants' home once a month to schedule screening appointments and address any human services needs. (At the start of the project, Ms. Randolph let the participant and his spouse/mate know that she would call the home monthly to talk with the participant.)
  - When establishing contact with the participant, Ms. Randolph asks to speak with the participant's spouse/mate and asks whether she/he has any human services needs. DOD-C: Control Group. For this group, Ms. Randolph only places a call to each participant's home to schedule screening appointments when needed.
  - Note: If a DOD-I participant had already received a scheduling call from PLCO at the beginning of the retention study, Ms. Randolph did not call the participant until the next month.
- F. For the DOD-C group participants, Ms. Randolph uses the standard PLCO scheduling script.
- G. For the DOD-I group participants, Ms. Randolph uses the enhanced scheduling script.
- H. Ms. Randolph schedules the appropriate screening appointment(s) using the PLCO scheduling method and stamps/writes DOD-I (Intervention) or DOD-C (Control) on the name line of the schedule form in the right corner.
- I. Ms. Randolph records all interactions with DOD-I participants in an Access database checklist. She enters text summarizing each discussion with each study participant in a Microsoft Word file. This information is updated daily.

- J. At the end of each business day, or prior to 7:30 a.m. of the next business day, Ms. Randolph gives the completed contact forms and overview sheets to the PLCO screening appointment schedulers.
- K. On Tuesdays, the PLCO screening appointment schedulers review all contact forms and overview sheets and once the information has been reviewed, the 'final' sheets are given to the PLCO secretaries, who prepare a typed schedule and add DOD-I and DOD-C to the name line, when appropriate. PLCO office staff instruct PLCO clinic staff to ignore the DOD-I/DOD-C (across from participants' name) information that is added to the appointment schedule. The PLCO secretaries make a copy of the typed appointment schedule for Ms. Randolph. Ms. Randolph ignores all non-retention study participants when making her reminder calls for scheduled PLCO screening appointments, and therefore only calls retention study participants.
- L. The PLCO secretaries prepare 2 copies of screening appointment reminder letters and send one copy to the participant. Participants are instructed to call the general PLCO number to cancel or reschedule appointments. (See N) The other copy is placed in the participant's file along with the contact sheet and overview sheet. This information is filed in the PLCO scheduling office.
- M. The day before each retention study participant's scheduled screening appointment, Ms. Randolph places a reminder call to the retention study participant.
- N. If a retention study participant cancels his appointment during the reminder call, Ms. Randolph notes this information on her typed appointment list and notifies the PLCO screening appointment schedulers of the cancellation.
- O. Cancellations: The PLCO screening appointment schedulers contact the PLCO screening clinics regarding ALL cancelled appointments.
  - Ms. Randolph re-schedules all retention study participant appointments.
  - When a participant calls the general PLCO number to cancel a screening appointment, the PLCO screening appointment schedulers do not re-schedule the appointment, which is different than the PLCO process. Instead, the PLCO screening appointment schedulers notify Ms. Randolph, who then contacts the retention study participants to reschedule their annual screening appointments.

Originally, the case manager/retention coordinator was only going to conduct scheduling calls for the participants assigned to the intervention group. However, one of the retention study's coinvestigators pointed out the fact that a potential source of bias, "interviewer bias", would be reduced if Ms. Randolph, the retention coordinator, scheduled annual exams for participants in the intervention group and for participants in the control group. Therefore, scheduling procedures in the retention study were integrated with existing scheduling procedures in the PLCO Trial.

# **Retention Study Intervention:**

In addition to scheduling annual screening appointments for the intervention group and control group retention study participants, Ms. Randolph proactively calls the DOD-I participants once a month. During each call, she ascertains participants' human services/ information needs (e.g., health insurance information, physician referral, health care condition-specific information, and local physicians who will see uninsured patients). Ms. Randolph leaves voice mail messages including her office telephone number for the DOD-I participants with whom she is unable to speak personally after repeated attempts to speak with them. When Ms. Randolph leaves these messages, she reiterates the fact that she is serving as a resource person for the participant.

Task 1 (d): Conduct preliminary statistical analyses of the retention intervention (months 8-28)

Group comparisons between two categorical variables such as group and education were conducted using likelihood ratio chi-square tests. Group comparisons of mean age were tested using the Student's t-test. No statistically significant differences between the intervention group and the control group were found in terms of education or age (Table 1 and Table 2).

Table 3 shows the correspondence between the month of the year and each type of call made. Introductory calls were made in July 1999, first month follow-up calls were made in August 1999, second month follow-up calls were made in September 1999, etc.

Data shown in Tables 4 and 5 reflect calls made by the Retention Coordinator, Ms. Vernetta Randolph, between July 1, 1999 and January 3, 2000. Table 4 shows that a total of 2,201 calls were made to the participants in the study in which Ms. Vernetta Randolph, spoke with the participant directly, his spouse, or left a message with an answering machine, another family member or an unknown person. For example, during the introductory month, 348 calls were made to the 301 participants in the intervention arm of the study. Direct contact with a participant was made for 148 or 42% of these calls. It is important to note that this number (148) may reflect multiple contacts with each participant during that month.

The scripts used when an answering machine is encountered or when the participant is not available are included in Appendix C. In each case, whenever a message is left, Ms. Randolph states her name, the name of the PLCO Cancer Screening Trial, and indicates that she is the participant's resource person. She also provides her telephone number at work and lets the participant know that he can call her at anytime if he or a family member, friend or neighbor would like information on any topic related to health or human services. Thus, whether a participant is contacted directly or receives a message from Ms. Randolph, the concept of having Ms. Randolph as a resource person is reinforced. Additionally, Ms. Randolph repeatedly attempts to speak directly with each participant each month, even if she has previously left a message for the participant during the same month.

Table 5 shows the number of calls made in which Ms. Randolph was able to speak directly with the study participant. As may be seen, with the exception of the incomplete data for the 6<sup>th</sup> month follow-up calls (January 2000), approximately half of the participants were spoken with directly each month. The lower number of participants with whom Ms. Randolph spoke directly in December, (the fifth month follow-up calls) was probably due to the fact that the participants were more difficult to reach during the holiday season.

Table 1

Educational Characteristics of Intervention Group Members vs. Control Group Members

	Intervention Group	Control Group	p-value*
	(n=299)	(n=300)	
	n (%)	n (%)	
Education			
<8 years	17 (5.7)	14 (4.7)	0.65
8-11 years	56 (18.7)	63 (21.7)	
12 years or completed high school	67 (22.4)	63 (21.0)	
Post high school training other than college	24 (8.0)	35 (11.7)	
Some college	79 (26.4)	71 (23.7)	
College graduate	22 (7.4)	23 (8.0)	
Postgraduate	34 (11.4)	28 (9.3)	

<sup>\*</sup>Based on a chi-square test

Table 2

Age Characteristics of Intervention Group Members vs. Control Group Members

	Intervention Group (n=301)	Control Group (n=300)	p-value
	n (s.d.)	n (s.d.)	
Mean Age (s.d.)	66.48 (6.3)	66.6 (6.0)	0.84

Table 3

Correspondence Between Month of the Year and Each Type of Call Made

Month of the Year	Type of Call Made
July 1999	Introductory Call
August 1999	1 <sup>st</sup> Month Follow-up Call
September 1999	2 <sup>nd</sup> Month Follow-up Call
October 1999	3 <sup>rd</sup> Month Follow-up Call
November 1999	4 <sup>th</sup> Month Follow-up Call
December 1999	5 <sup>th</sup> Month Follow-up Call
January 2000	6 <sup>th</sup> Month Follow-up Call

Table 4

Disposition of All Calls Made to the 301 Intervention Group Participants
July 1, 1999 - January 3, 2000

	Answering	Unknown	Spouse	DOD	Other	Total
	Machine	Person		Participant	Family	
		•			Member	
	n (row %)	n (row%)	n (row %)	n (row %)	n (row %)	n (row %)
Intro. Call	115 (33.0)	65 (18.7)	17 (4.9)	148 (42.5)	3 (0.9)	348 (100)
1 <sup>st</sup> Month	153 (33.6)	92 (20.2)	23 (5.1)	182 (40.0)	5 (1.1)	455 (100)
Follow-up						
Call						•
2 <sup>nd</sup> Month	111 (29.1)	75 (19.7)	25 (6.6)	168 (44.1)	2 (0.5)	381 (100)
Follow-up						
Call						
3 <sup>rd</sup> Month	106 (30.5)	59 (17.0)	23 (6.6)	157 (45.2)	2 (0.7)	347 (100)
Follow-up						
Call						
4 <sup>th</sup> Month	103 (30.9)	44 (13.2)	20 (6.1)	163 (48.9)	3 (0.9)	333 (100)
Follow-up						
Call						
5 <sup>th</sup> Month	87 (33.5)	35 (13.5)	10 (3.8)	127 (48.8)	1 (0.4)	260 (100)
Follow-up						
Call						
6 <sup>th</sup> Month	20 (25.9)	15 (19.5)	6 (7.8)	35 (45.5)	1 (1.3)	77 (100)
Follow-up						
Call						
Total Calls	695 (31.6)	385 (17.5)	124 (5.6)	980 (44.5)	17 (0.8)	2201 (100)

Table 5

Number of Participants Reached Directly During Most of the First Six Months of the Study
(July 1, 1999 - January 3, 2000) in Which the Retention Coordinator Was Able to
Speak Directly with the Study Participant

	Calls Made	
	n*	(%)
Introductory Call	144	(47.8)
1 <sup>st</sup> Month Follow-up	179	(59.5)
2 <sup>nd</sup> Month Follow-up	166	(55.1)
3 <sup>rd</sup> Month Follow-up	154	(51.1)
4 <sup>th</sup> Month Follow-up	156	(51.8)
5 <sup>th</sup> Month Follow-up	125	(41.5)
6 <sup>th</sup> Month Follow-up	35	(11.6)

<sup>\*</sup>Based on total sample size of 301 intervention group participants

Task 1 (e): Conduct final analyses. This task will be conducted during months 28-30.

Tasks 2 (a & b): (a) Conduct a literature search of existing instruments assessing cancer screening knowledge, attitudes, and beliefs among African American men (months 1-7) and (b) Use the results of the literature search to document the reliability/validity, purpose and conceptual approach of each measurement instrument, and its cultural appropriateness for African American men (months 1-7)

Three steps were involved in making progress toward developing a culturally appropriate measurement instrument to assess perceptions of cancer screening among African American men. First, a literature search on this topic was conducted. Potential instrument items that were apparent from this literature search are shown in the following section. The second step involved placing the identified items into a theoretical framework. In this step, the items were grouped into the explanatory framework of the Preventive Health Model. This model, which incorporates concepts from the Health Belief Model, the Theory of Reasoned Action, and the Social Cognitive Theory. In the third step, a smaller subset of actual focus group items were derived from the list of potential focus group items identified through the literature search.

Step One: Conducting a Literature Search to Identify Potential Survey Items

Focus group items that resulted from this literature search are listed in the following paragraphs of the report. The source of each set of items is identified.

SOURCE: Attitudes of African Americans Regarding Screening for Prostate Cancer. (Robinson and Haynes 1996) <sup>5</sup>
ITEMS: What do you think would help to motivate Black men to get screened for cancer? What do you think are the most important reasons many African American men choose not to get screened for cancer? To what extent do you think that fear and mistrust of the medical establishment will keep Black men from getting screened for cancer? Do you think that some men fear the exam or test for cancer because it is associated with homosexuality?
SOURCE: Evaluating Focus Group Data: Barriers to Screening for Prostate Cancer Patients. (Dale 1998) <sup>6</sup>
ITEMS: Does the fact that your doctor is a male/female affect your decision to get prostate cancer screening? Would embarrassment keep you from getting screened for prostate cancer? What kinds of things - good or bad - have you heard about the tests for prostate cancer? Would these things keep you from getting tested for prostate cancer?
SOURCE: Knowledge, Beliefs, and Prior Screening Behavior Among Blacks and Whites Reporting For Prostate Cancer Screening. (Demark-Whahnefried, Strigo, Catoe, Conway, Brunetti, Rimer, and Robertson 1995) <sup>7</sup>
ITEMS:  Do you know someone who has had cancer?  Is it possible to have cancer without having symptoms of this disease?  What motivated you to get checked for cancer?
SOURCE: The Role of Focus Groups in Health Education for Cervical Cancer among Minority Women. (Dignan, Michielutte, Sharp, Bahnson, Young, and Beal 1990) <sup>8</sup> ITEMS:  Do you think that some people choose not to get screened forcancer because they cannot afford treatment if cancer were found?  Do you have difficulty now in getting regular health care? What are some of the problems you are facing? (Ex: waiting time to get an appointment; waiting time at doctor's office)
SOURCE: Breast Cancer Screening: Racial/Ethnic Differences in Behaviors and Beliefs. (Friendman, Webb, Weinberg, Lane, Cooper, and Woodruff 1995) <sup>9</sup>
ITEMS: What do you think is your risk of developing cancer, compared to other men of your age? Do you think that being older or being African American affects your chances of getting cancer?  Does fear keep you from getting screened for cancer? What are some of your fears related to cancer screening?

	cancer screening because they just never get around
to it?  Do you think that some people avoid go	etting screened for cancer because they are afraid
to think about cancer?	- moonlo with cancer?
Do you agree that there is little hope fo Do you think cancer can be cured	if it is found early enough?
SOURCE: Cancer Screening among Social Support. (Kang, Bloom, and R	g African American Women: Their Use of Tests and Romano 1994) <sup>10</sup>
ITEMS:	
Do you think that:	
Being married Being a church member	
Being a member of other types of organ	nizations
Being encouraged by relatives and frie	nds
would influence your decision to get	organization, relative or friend do to encourage your use of
cancer screening tests?	~
	Durwantian Knowledge and Rehavior
(Jepson, Kessler, Portnoy, and Gibb	Prevention Knowledge and Behavior. s 1991) <sup>11</sup>
ITEMS:	
Do you think that changing your diet c	an play a role in whether or not you get cancer?
Have you ever had a stool blood test? Are you currently a cigarette smoker?	
Do you exercise at least three times ea	ch week?
SOURCE: Factors Contributing to Men. (Million-Underwood, Sanders	Health Promotion Behaviors among African-American
Mich. (Million-Onder wood, Sanders	
ITEMS:	are should be included as a part of your physical exam?
Do you think that testing for cand	cer should be included as a part of your physical exam? alth care providers should talk to Black men about their
cancer risk?	
Are you aware of the screening guidel	ines for cancer?
SOURCE: Behavioral Intervention	s to Increase Adherence in Colorectal Cancer Screening.
(Myers, Ross, Wolf, Balshem, Jepso	
ITEMS:	en en entre en la companya de la companya del companya del companya de la company
If your doctor verbally recommended	that you receive colorectal cancer screening, would this
influence you to get the screening?	n your doctor, suggesting that you get colorectal cancer
screening, would this influence you to	get the screening?

Which would have the greatest impact on your decision to get screened for colorectal cancer-doctor recommendation (verbal), doctor recommendation (written), community leader recommendation-video or family member/friend recommendation?

Can you describe the kinds of tests that are done to check for colon - rectal cancer? (Ex: FOBT;

Flex-sig)

What do you think are the benefits of colorectal cancer screening?

What are some of the drawbacks of this type of screening?

Would you get screened for colorectal cancer even if you hadn't been experiencing any symptoms of this disease?

What are some of the early warning sign of colorectal cancer?

What would be some of the barriers that would keep you from getting barrier that would keep you from getting screened for colorectal cancer? (Ex: cost, discomfort, time, not necessary)

SOURCE: Factors Associated with Intention to Undergo Annual Prostate Cancer Screening among African American Men in Philadelphia. (Myers ,Wolf, McKee, McGrory, Burgh, Nelson, and Nelson 1996)<sup>14</sup>

#### ITEMS:

Belief in the salience and coherence of screening

Belief in the efficacy of screening

Belief in the residual value of screening

Concern about screening-related physical discomfort and embarrassment

Screening-related influence of family members and friends

Do you think that the quality of your life would be better if you were tested for prostate cancer than if you were not tested?

Do you know what some of the possible health outcomes of prostate cancer treatment are?

Probe for: Incontinence

Impotence

Urethral Structure

Rectal Injury

Gynecomastion

# SOURCE: Perceptions of Colorectal Cancer In a Socioeconomically Disadvantaged Population. (Price 1993)<sup>15</sup>

#### ITEMS:

Do you think homosexual men are more likely than other men to get colorectal cancer?

Do you think exercising regularly will affect your chances of getting colon cancer?

What about eating foods high in fat – does this affect risk of getting colon/rectal cancer?

Do you think that colon/rectal cancer runs in families? If so, what does this imply about cancer screening for members of these families?

Do you think poor, older, or Biack people are more likely than other people to get colon cancer?

Does having hemorrhoids increase risk of getting colon/rectal cancer?

Do you think that people who have regular check-ups by their doctor need to worry about getting cancer?

Which exams are used to detect colon/rectal cancer?

Are you embarrassed by the exams to detect colon/rectal cancer?

What would be some things that would keep you from getting checked for cancer even if you wanted to get checked?
SOURCE: Prostate Cancer: Perceptions of African-American Males. (Price, Colvin, and Smith 1993) <sup>16</sup>
What are some of the early warning signs of prostate cancer? Can prostate cancer be prevented? Have you ever talked to your doctor about having your prostate examined? Do you think that African American men are at higher risk than other men of developing prostate cancer? Does age have anything to do with likelihood of getting prostate cancer? Are straight or gay men more likely to develop prostate cancer? Compared to other men your age, do you think you are more or less likely to develop prostate cancer? What are some of the benefits of prostate cancer screening? What do you think are some of the barriers to prostate cancer screening among Black men? (Probe for fear, shame, cost, time, uncomfortable exam, etc.)
SOURCE: African-American Males and Prostate Cancer: Assessing Knowledge Levels in the Community. (Smith, DeHaven, Grundig, and Wilson 1997) <sup>17</sup>
ITEMS: What is cancer? Do you think people with cancer can live a normal life if they are treated for this disease?
SOURCE: Knowledge, Beliefs, Attitudes, and Cancer Screening Among Inner-City African-American Women. (Sung, Blumenthal, Coates, and Alema-Mensah 1997) <sup>18</sup>
ITEM: Are there people in your life with whom you discuss cancer?
SOURCE: Using Focus Group Methodology to Develop Breast Cancer Screening Programs That Recruit African American Women. (Williams, Abbott, and Taylor 1997) <sup>19</sup> ITEMS: Do you think that health care facilities are open at convenient times to allow cancer screening? Perception and Efficacy: Do you think that the results of cancer screening are reliable? Do you think that most people would have transportation to a health care facility if they decided to get screened for cancer? What are some ways you could learn more about cancer? (Frobe. Brochures, flyers and pamphlets from doctors' offices and in communities; radio ads; billboards; newspapers; church bulletins; and magazine ads) Do you think that screening advertising that featured well known African American men to get screened for cancer? What do you think messages designed to encourage Black men to get screened for cancer
should say?

What do you think would be the best format for these messages? ( Probe for print ads, TV, radio, magazines, etc.) What role does spirituality play in the decision to get screened for \_\_\_\_ cancer? Task 2 (c): Use the results of the literature search to develop focus group questions (months 8-12) Step Two: Placing the Identified Potential Survey Items Into a Theoretical Framework In the Preventive Health Model, four sets of factors are posited to be related to preventive intention and to carrying out this intention by actually engaging in preventive behavior. 20 These factors are background factors, cognitive/psychological representation factors, social support and influence factors, and program factors. Background factors include sociodemographic characteristics, medical history, and past preventive behavior. Cognitive/psychological representation factors include perceived susceptibility to disease, worry about having the disease, interest in knowing diagnostic status, belief in disease prevention and curability, belief in salience and coherence of behavior, belief in efficacy of detection and treatment, belief in self-efficacy related to behavior, and concern about behavior-related discomfort. The social support and influence factor encompasses the support and influence of family members and health care professionals. Finally, program factors include provider actions that facilitate (or inhibit) preventive behavior.<sup>20</sup> The classification scheme of the Preventive Health Model, used to categorize each potential survey item identified through the literature search, is presented in the following section of the report. Potential Survey Items that Are Background Factors: Which of these groups best describe(s) you? (African American or Black, American Indian or Alaskan Native, Asian, Caucasian or White, Pacific Islander, or Other \_\_\_\_(Specify)) Is there another group with which you identify? If so, with which group? (African American or Black, American Indian or Alaskan Native, Asian, Caucasian or White, Pacific Islander, or Other (Specify)) Are you of Hispanic origin? (Yes or No) What is your date of birth? Are you male or female? Are you currently a cigarette smoker? Do you exercise at least three times each week? What is the highest grade or level of schooling you completed? What is your current marital status? Which of these categories best describes your current working situation? (Homemaker, Working, Unemployed, Retired, Extended Sick Leave, Disabled, Other\_\_(Specify)) (Medical history will be obtained from the survey participants' medical records)

(Income will be obtained through the process of geocoding)

Potential Survey Items that Are Cognitive/Psychological Representation Factors:

Perceived susceptibility to disease - Is it possible to have cancer without having symptoms of this disease?

Are you aware of the screening guidelines for cancer?

Can you describe the kinds of tests that are done to check for cancer?

Would you get screened for cancer even if you had not been experiencing any symptoms of cancer?

What are some of the early warning signs of cancer?

What is cancer?

Do you know someone who had had cancer?

Do you think that poor people are more likely than other people to get cancer?

What do you think is your risk of developing cancer, compared to that of other men your age?

Do you think that being older affects your chances of getting cancer?

Do you think that cancer runs in families? If so, what does this imply about cancer screening for members of these families?

Do you think that African American people are more likely than other people to get cancer?

Worry about having the disease - What are some of your fears related to cancer screening?

Do you know what some of the possible side effects of cancer treatment are?

Interest in knowing diagnostic status - Do you think that some people avoid getting screened for cancer because they are afraid to think about cancer?

Belief in disease prevention and curability - What do you think are the most important reasons many African Americans choose not to get screened for cancer?

Do you think that the quality of your life would be better if you were tested for prostate cancer than it would be if you were not tested?

Do you think that people who have regular check-ups by their doctor need to worry about getting cancer?

Belief in salience and coherence of behavior - Do you think that some people do not get cancer screening because they just never get around to it?

Belief in efficacy of detection and treatment - Do you think that the results of cancer screening tests are accurate?

Do you think cancer can be cured if it is found early enough? If so, do you think that once they are cured, people can live a normal life?

What do you think are the benefits of cancer screening? Would these things motivate you to get tested for cancer?

What are some of the drawbacks of cancer screening? Would these things keep you from getting tested for cancer?

Belief in self-efficacy related to behavior - What would be some things that would keep you from getting checked for cancer even if you wanted to get checked?

Do you think that most people would have transportation to a health care facility if they decided to get screened for cancer?

Do you think exercising regularly will affect your chances of getting cancer?

What about eating foods high in fat - does this affect your chances of getting cancer?

Concern about behavior-related discomfort - Do you think that some men associate certain tests for cancer with being a homosexual (a man who prefers dating men)?

Would embarrassment keep you from getting screened for cancer?

Potential Survey Items that Are Social Support and Influence Factors:

Do you think that:

Being married

Being a church member

Being a neighbor

Being a member of other types of organizations

Being encouraged by relatives and friends

would influence your decision to get cancer screening? In what ways?

Which types of people or organizations would have the greatest influence over your decision to get screened for cancer?

Are there people in your life with whom you discuss cancer?

What do you think would help to motivate African American men to get screened for cancer?

What are some ways you could learn more about cancer?

Brochures/pamphlets

**Flyers** 

Radio ads

Television ads Newspaper ads Church bulletins Magazine ads Billboards

## Potential Survey Items that Are Program Factors:

To what extent do you think that fear and mistrust of the medical establishment keep Black men from getting screened for cancer?

Does the fact that your doctor is a male/female affect your decision to get cancer screening?

Do you think that some people choose not to get screened because they cannot afford treatment if cancer were found?

Has your doctor ever talked to you about having a cancer screening test?

If you have ever had a cancer screening test, did you talk to your doctor before you had the screening test? Did you talk to your doctor after you had the screening test?

What do you think messages designed to encourage African American men to get screened for cancer should say?

Do you have difficulty now in getting regular health care? If so, what are some of the problems you are facing?

Do you think that doctors and other health care providers should talk to African American men about their cancer risk? If so, what do you think these providers should say?

Do you think that testing for cancer should be included as a part of your regular physical exam?

Do you think that health care facilities are open at convenient times to allow cancer screenings?

Step Three: Developing a smaller subset of actual focus group items derived from the list of potential items identified through the literature search.

The focus group moderator's guide, including the final list of focus group items, is presented in the following section of the report.

# Focus Group Questions for Cancer Screening Survey Development

Facilitator: Marvella Ford Assistant: Deanna Hill Recorder: Felecia Collins

Tuesday, January 25, 2000 6:00 p.m. - 8:00 p.m.

#### I. WARM-UP AND EXPLANATION (10 minutes)

### A. <u>Introduction</u>

- 1. Good evening. My name is Marvella Ford. I work here at Henry Ford Health System. This is Deanna Hill. Deanna also works here at Henry Ford Health System. She will be assisting us this evening. Felecia Collins is the recorder this evening.
- 2. Thanks for coming.
- 3. Your presence and participation are important. Your thoughts and opinions that you discuss tonight are valuable in helping us to develop a survey about cancer screening.

# B. Purpose

- 1. What we are doing here this evening is called a focus group. It's a discussion to find out your opinions.
- 2. We are interested in all of your ideas, comments and suggestions.
- 3. Each of you is very important and all of your comments are welcome.
- 4. There are no right or wrong answers.

Please speak up -- even if you disagree with someone else here. It's important that we hear what each of you thinks.

# C. Procedure

1. We will be audiotaping and videotaping our discussion. Everything you say is important to us, and we want to make sure we don't miss any comments. Later we'll go through all of your comments and use them to prepare a report on our discussion. However, all of your comments are confidential and will be used only for research purposes. Nothing you say will be connected to your name. Also, if any questions make you uncomfortable, feel free not to

answer them.

- 2. You don't have to wait for me to call on you. However, please speak one at a time, so the tape recorder can pick up everything.
- 3. We have many topics to discuss so I may change the subject or move ahead. Please stop me if you want to add anything.

# D. <u>Self-Introductions</u> (Ice Breaker)

1. Please tell us your name and your dream vacation.

#### FOCUS GROUP QUESTIONS

1. What things come to mind when you hear the word "cancer"?

How do you feel when these things come to mind?

I typically use the words "African American" or "Black" but I was wondering which one you prefer to use? (USE THE WORD THEY PREFER. IF THEY DO NOT HAVE A PREFERENCE, USE "AFRICAN AMERICAN" AND "BLACK" INTERCHANGEABLY.)

- 2. What do you think are some of the reasons some African American men choose not to get screened for cancer? Cancer screening means getting checked for cancer before you've ever had it.
- 3. Which types of people or organizations do you think have the greatest influence over the decision of Black men to get screened (or checked) for cancer?

Probe: spouse, neighbor, relatives, friends, church members, pastor, etc.

- 4. How much of a role do you think religion or spirituality play in the decision of Black men to get screened (or checked) for cancer?
- 5. What do you think are some of the benefits of cancer screening (or getting checked for cancer before you've ever had it)?

Do you think that these benefits motivate some Black men to get screened (or checked) for cancer?

6. What do you think are some of the drawbacks of cancer screening?

Do you think that these drawbacks keep some Black men from getting screened (or checked) for cancer?

- 7. What things do you think would motivate Black men to get screened (or checked) for cancer?
- 8. To what extent do you think that fear and mistrust of the medical system keep Black men from getting screened (or checked) for cancer?
- 9. Would the cost of cancer treatment if cancer is found keep you from getting screened (or checked) for cancer?
- 10. How much would embarrassment keep you from getting screened (or checked) for cancer?
- 11. What are some of your fears about cancer screening?
- 12. Do you think that people who have regular check-ups by their doctor need to worry about getting cancer?

What makes you say this?

13. Do you have difficulty now in getting regular health care?

If so, what are some of the problems you are facing (Probe: waiting time to get an appointment; transportation problems; cost; time away from work)

14. Do you think that testing for cancer should be included as part of the physical exam done by your doctor?

What makes you feel this way?

15. Do you think that doctors and other health care providers should talk to Black men about their cancer risk?

(If yes, probe: What kinds of things do you think doctors and other health care providers should say to Black men about their cancer risk?)

16. Does your doctor talk to you about your risk of getting cancer?

(If yes, probe: What kinds of things does your doctor talk to you about, in terms of your risk of getting cancer?)

17. What could your doctor do to encourage you to get screened (or checked) for cancer?

(Probe: verbal recommendations and/or letters suggesting screening)

18. Do you think that health care clinics and hospitals are open at convenient times for cancer screening (or getting checked for cancer before you've ever had it)?

(If not, probe: What could be done to make the times more convenient for people to get cancer screening?)

19. Do you think that using t.v., radio, newspaper and magazine ads to encourage Black men to get screened (or checked) for cancer would be effective?

(Probe for reasons why or why not: Let's start with t.v. ads...Now, let's talk about radio ads.)

(Probe: If men think ads would be effective say: What should these ads look or sound like? Who should be in them?)

- 20. How accurate do you think that the results of cancer screening tests are?
- 21. How likely do you think it would be for you to have cancer without having any signs or symptoms?
- 22. Do you know someone who has had cancer?
- 23. Do you think cancer can be cured if it is found early enough?

What makes you feel this way?

24. Do you think that people who have had cancer can live a normal life?

What makes you feel this way?

25. Do you think that your life would be better if you were screened (or checked) for cancer than it would be if you were not screened (or checked) for cancer?

(Probe: In what ways would your life be better? In what ways would your life not be better?)

- 26. Do you think that some men associate certain cancer screening tests with homosexuality or with men who prefer to date other men)?
- 27. How do you think that being older affects your chances of getting cancer?
- 28. How do you think that being African American affects your chances of getting cancer?
- 29. What do you think your risk is of getting cancer, compared to other men your age?

Thank you very much for coming today. Your comments are greatly appreciated. Everything that you have said tonight will help us to prepare a survey to look at perceptions of cancer screening.

Again, thank you very much.

Task 2 (d): Hold a focus group session to assess participants' perceptions of the developing measurement instrument and to garner ideas for new questions (month 13)

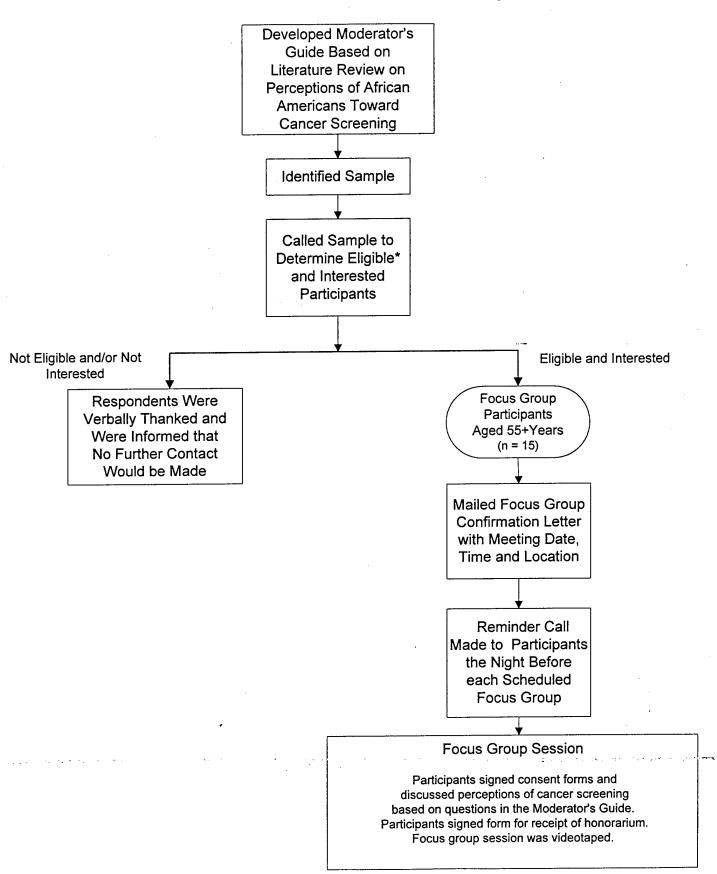
The study processes involved in identifying focus group participants are depicted in Figure 2. Basically, all African American men who had made at least one visit to Henry Ford Health System in the past year, and who were over the age of 55 years, were selected. Then, the names and birthdates of the men on this listing were compared with the names and birthdates of the African

American men in the PLCO Trial. Men who were part of the PLCO Trial were excluded from participating in the focus group.

A random sample of the remaining names was taken, and given to trained telephone interviewers, who called the men on the list to invite them to participate in the focus group. During the telephone call, the interviewers confirmed the age and race of the men, and confirmed that they were not taking part in the PLCO Trial. If the men were not interested or able to participate in the focus group, they were verbally thanked for their time in taking the invitational telephone call. If the men were interested and able to come to the focus group, they were thanked. The interviewer continued calling the men until 15 men indicated that they would like to participate in the focus group. These men were then sent a reminder letter confirming the date, time, and location of the focus group. The night before the focus group was scheduled to take place, the 15 men received a reminder telephone call. At the conclusion of the focus group, the men signed a receipt and received \$25 in cash as an honorarium. Ten men participated in the focus group. These men ranged in age from 55-87, with a mean age of 73.4. The age of the men was fairly evenly distributed by decade.

Figure 2

# Methods Used in the Focus Group



Although a transcript of the focus group is not yet available, a sample of the focus group discussion, based on notes taken during the focus group, is included in the following paragraphs. The focus group transcript will be analyzed to ascertain the major constructs of apparent importance to the participants in the focus group. Appendix D contains copies of the telephone scripts, reminder letter, consent form, and receipt used in conducting the focus group.

Question:

Do you know someone who has had cancer?

Responses:

"Anyone who has had a family member or friend die from cancer will be very reluctant to go get tested for it. If you see people suffer you will be very reluctant to get tested... Black men are more apt to get prostate cancer. I get those tests but nothing else."

"It's on the same side (of my family) as diabetes."

"I worked with a guy who thought he had a peanut caught in his throat and he had cancer. Now I want to get checked every time I feel something is there or not."

Question: Responses: Which kinds of cancer screening tests do doctors suggest you have?

"Each time you have a physical your doctor should go through your records and they should know when your next examination is".

"What good is it to test for cancer? The only evidence is when you have symptoms."

"Every doctor that I have gone to always tests for prostate cancer."

"Women, the drive that every woman should have mammograms, should be done for men."

Question:

What are some things that keep you from getting screened for cancer?

Responses: "It's uncomfortable."

"Yeah, it's uncomfortable".

"I never associated the prostate with being checked for cancer."

"I don't know if I've ever had a PSA test or not."

Question: Responses: What are the benefits of getting screened for cancer? "Longer life, the pleasure of just being able to urinate."

"Relief."

"Quality of life is better."

Question:

If your doctors suggested that you get screened for cancer, would you follow up on this

suggestion?

Responses:

"Of course."

"I have avoided tests and x-rays. There is a difference between retired guys and guys who work. Retired guys can go to the doctor more often."

"I will take a test whether there is a reason to or not. I trust my doctor enough (to take a test) if asked to take a test."

"It's not a question of trust, it's a question of priorities."

"If your car goes bad you will put it in the shop. But with your body, you wait (to seek health care)."

"I have no qualms with doctors making sure I have all my tests. They keep me updated on all my tests."

Question:

What would help you to get screened for cancer?

Responses:

"Groups like this."

"Family awareness."

"I wish I would get reminder letters."

"It would help if the medical records were computerized... I'm talking about a special department. They should have profiles of people so that if someone comes in with symptoms one time, and other symptoms another time, the computer will scan the record and make a health profile for the person. Then, the computer can send a letter to the person saying, 'It looks as if you may be at risk for (x) disease'."

"If you don't get a notice you just forget about it."

"The most effective way is advertisements."

"The t.v."

Question:

Would reading a pamphlet help to motivate you to get screened for cancer?

Responses: "People throw away pamphlets."

Task 2 (e) - (i): (e) Based on the focus group results, revise the measurement instrument. (f) Hold a focus group session to assess participants' perceptions of the revised measurement instrument. (g) Incorporate participants' suggestions into a further refinement of the instrument. (h) Conduct statistical analyses of the pilot study results. (i) Revise and refine the final measurement instrument, based on the pilot study results.

These tasks will be conducted during months 14-30.

#### KEY RESEARCH ACCOMPLISHMENTS

- An abstract documenting the design of the funded research was submitted for presentation at an upcoming AACR conference.
- Because of the nature of this study, Dr. Ford was invited to participate in the National Cancer Institute, Division of Cancer Control and Population Sciences Workshop on Behavioral Intervention Research and Assessment for Colorectal Cancer Screening. This meeting took place December 9-10, 1999 in Washington, D.C. The purpose of the meeting was to assess the status of behavioral research related to colorectal cancer screening.
- Dr. Ford was invited to participate in the National Cancer Institute's Colorectal Cancer Progress Review Group Roundtable. The goal of the Roundtable, which took place January 5-7, 2000, was to establish a national research agenda for colorectal cancer.
- A focus group assessing the perceptions of older African American men toward cancer screening was conducted.
- A questionnaire is being developed that will assess perceptions of African American men toward cancer screening. The concepts in this questionnaire are being modeled after the concepts in the Preventive Health Model. In a future study, the factor structure of the newly developed questionnaire could be compared with the theoretical framework found in the Preventive Health Model.

#### REPORTABLE OUTCOMES

Manuscripts, abstracts, presentations: An abstract describing the retention study was submitted on November 1, 1999 for consideration as a presentation at the American Association of Cancer Research Conference in April 2000. The abstract is described in the following paragraphs.

Retaining African American Men in a Cancer Screening Trial: Challenges, Solutions, and Focus Group Results. Ford ME, Swanson GM, Vernon S, Hill D, Jankowski M, Randolph V, Johnson CC. Resource Center for Minority Aging Research and Josephine Ford Cancer Center, Henry Ford Health System, Detroit, MI 48202

This presentation describes challenges faced in carrying out a retention study involving African American men and solutions to these challenges. The objective of the retention study, begun in July 1999, is to identify innovative methods for increasing the retention of African American men in prostate cancer screening trials. Retention, while important for all groups, is especially critical for African American men, given their often low representation in clinical trials. The specific aims are to evaluate the efficacy of an intervention designed to retain African American men in the screening arm of the Prostate, Lung, Colorectal, and Ovarian (PLCO) Cancer Screening Trial at the Henry Ford Health System site, and to develop a culturally appropriate measurement instrument to assess perceptions of screening for these cancers among older African American men. The study population consists of African American men aged 55 and older living in the Detroit area. Blocked randomization methods were used to assign the men to the retention intervention or control group. A retention coordinator provides intense follow-up to the men in the intervention group and guides them through the PLCO Trial cancer screening processes. It is hypothesized that men in the intervention group will show higher screening adherence rates than men in the control group. An instrument to assess cancer screening perceptions among older African American men will be

developed using focus group techniques. The results of these focus groups are described in the presentation.

#### **CONCLUSIONS**

Issues related to the implementation of the behavioral intervention and other aspects of the study protocol

The behavioral intervention has been designed to overcome barriers to continued trial participation. The main element of the intervention is a retention coordinator, who establishes and maintains monthly telephone-based contact with PLCO Trial participants in the intervention arm of the study, and who serves as a source of information about relevant health and social services. This intervention is based upon the systems approach in the field of social work, in which a case manager serves as a link between clients and needed resources and resource systems by serving as a source of information about these resources and systems. While somewhat more limited in breadth than a traditional case manager, the retention coordinator nonetheless attempts to maintain a similar depth of personal relationships with the PLCO Trial participants as a case manager would with her or his clients.

Four barriers to the participation of minority populations in clinical trials have been identified by Swanson and Ward.<sup>21</sup> These are sociocultural barriers, economic barriers, individual barriers, and barriers inherent in study design, which can affect not only recruitment to cancer screening trials but also continued participation in these trials as well. The innovative telephone-based retention strategy administered by a retention coordinator has been designed to address these barriers to continued trial participation. Sociocultural Barriers - These barriers include fear and mistrust of federally sponsored projects. In the present study, the retention coordinator, a person of the same race as the study participants, aims to develop rapport with the participants and build a sense of trust with them. The retention coordinator provides participants and their spouses/partners with requested information pertaining to the PLCO Trial as well as other questions they have related to health and social services. Economic Barriers - These barriers are addressed in the proposed recruitment study. The retention coordinator serves as a clearinghouse for information related to older adults and their families, such as that provided by local Area Agencies on Aging and local senior centers. Addressing issues of importance to participants may help to free them from some economic worries, thus allowing them to focus on their cancer trial participation. Individual Barriers - Individual barriers include denial and underestimation of personal vulnerability. It is hoped that the customized approach of the telephone calls from the retention coordinator will reduce individual barriers to participation as well as sociocultural barriers, as health issues pertinent to older African American men are addressed during these telephone conversations. Barriers Inherent in Study Design - The proposed study is designed to minimize barriers inherent in study design, which Swanson and Ward<sup>21</sup> point out can significantly reduce study participation rates. The retention coordinator guides the men assigned to the intervention aim of the study through the PLCO Trial screening processes.

Challenges and Solutions

(a) Originally, the retention coordinator was only going to contact men assigned to the intervention arm of the present study. Existing PLCO Trial schedulers would make screening appointments for men assigned to the control arm of the study. However, one of the co-investigators pointed

out the fact that this could serve to introduce bias into the study. The study protocol has been changed so that the retention coordinator now makes all of the contacts with the all of the men in the study. This protocol change will help to reduce bias that might be associated with style differences in interacting with the study participants. The retention coordinator contacts the men in the intervention arm (n=301) by telephone on a monthly basis and also schedules yearly PLCO Trial cancer screening appointments for the men in the control arm (n=300) of the study.

- (b) During the first two months of the study, the retention coordinator was not able to speak via telephone with 35 men because they were not available when she called. After some discussion, the research team made the decision that the retention coordinator would leave messages on the answering services of the men. In the message, the retention coordinator introduces herself as a resource person for the men, and lets them know that she is will call them on a monthly basis, and that she is available to help them to find answers to questions they or their family may have. At the end of the message, the retention coordinator leaves her telephone number, and asks the participant to call her. The retention coordinator now leaves similar messages with all men she is not able to speak with directly when making the monthly calls, although she continues to call them throughout each month in an attempt to speak directly with them.
- (c) In order to maximize the number of intervention group participants with whom the Retention Coordinator speaks directly each month, the process of mailing requested information has been delegated to a staff secretary. We did not expect study participants to ask for as great an amount of information as they are currently requesting. Information is being requested related to transportation, food services, recipes, medication, various diseases, literacy, housing, social security, and child care. For example, the retention coordinator has been asked by the spouses of study participants for information related to the participant's grandchildren. Because of the volume of information requested, the responsibility of mailing information to participants has been given to a staff secretary. The secretary now generates the cover letters accompanying the mailed materials. The Retention Coordinator then signs the cover letters, and the completed information packets are then mailed by the secretary. During the planning stage of the study, the retention coordinator contacted a number of local agencies to receive information related to the services provided by these agencies. A file was developed listing the agencies and the services provided. This file serves as a source for locating information requested by study participants. Other sources of information include the Internet, the Yellow Pages, radio and television announcements, agency newsletters, and a directory of local human services. A listing of community resources used in the study is included in Appendix D.
- (d) In a previous study involving recruitment of African American men to the PLCO Cancer Screening Trial, it was discovered that the men's female spouses/partners served as gatekeepers. If the women did not think their spouses/partners should participate in the PLCO Trial, the women would not give the telephone to them during the recruitment calls. Therefore, in the retention study, the intervention was designed to include female spouses/partners in order to garner their support for the project, and to potentially serve to help retain the men in the study. For example, during each telephone call, the retention coordinator asks to speak with the participant's spouse/partner, if he has one. If the retention coordinator has not spoken previously with the spouse/partner, the retention coordinator then introduces herself and asks if they would like information related to particular topics. If the retention coordinator has spoken previously with the spouse/partner, the retention coordinator follows up on previous conversations, and gives the spouse/partner information they requested.

(e) The retention coordinator maintains computerized files detailing which men have been contacted each month. During the third month of the study, the retention coordinator noted that it would be helpful not only to know which men were called, and which still needed to be called each month but also the time of day and day of the week when the men were reached. The retention coordinator felt that this additional information would assist her in successive months to contact the men during a time when they could be reached. Subsequently, information related to the time of day and day of the week each participant was reached was added to the computerized files.

In summary, the findings of this study can be used to help African American men benefit from the positive aspects of participation in prostate cancer research. The focus group findings will lay the foundation for a future study designed to assess differences in perceptions of cancer screening among African American men of different ages, and to identify potential drop-outs, who could then receive the intensive follow-up provided by a retention coordinator. The study has gone well during the approximately six months that the retention intervention has been implemented to date. A number of challenges have been encountered and solutions to these challenges have been proposed.

#### References

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#### APPENDIX COVER SHEET

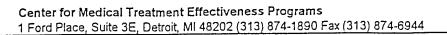
- A. IRB Approval for 1999 and 2000
- B. Consultant Meeting Agenda
- C. Scripts Used in the Retention Intervention
- D. Recruitment Telephone Scripts, Reminder Letter, Consent Form, and Honorarium Receipt Used in the Focus Group
- E. Listing of Community Resources to which the Retention Coordinator Refers Study Participants



#### HENRY FORD HEALTH SCIENCES CENTER

## HUMAN RIGHTS COMMITTEE (IRB) OUEST FOR EXPEDITED REVIEW OF AMENDMENT/REVISED CONSENT FORM

	ST FOR EXPEDITED REVIEW OF AMENDMEN	1111211020 00110211111
Research Administration	Principal Investigator:	la Ford
2799 West Grand Boulevard	Signature of Principal Investigator:	
Detroit, MI 48202-2689 (313) 876-2024 Office (313) 876-2018 Fax	Project Title: <u>African</u> - <u>America</u>	an men in the
Thomas Roth, PhD Director of Research	PLCO Trial: Developing	A Testing Methods
Lynne M. Pecze, MHA Administrative Director, Research	IRB Ref. # IRB App	proval Period <u>40/14/98 - 10/13/99</u>
S. David Nathanson, MD Chair, Care of Experimental Animals Committee Ira Wollner, MD Chair, Human Rights Committee	1.0 Reason for IRB review (see instru Protocol Amendment DAdverti	sement
Leonard Lutter, PhD Chair, Small Projects Funding Committee	DO NOT WRITE BELOW TH	e van
Approve		Consent form satisfactorily revised e granted (Requires full Board review)  ew Administrative review
approval of the attached	$\mathcal{M}$ , $\mathcal{M}$	m will serve as documentation of IRB review and  Date
Signature of IRB C	Ira Wollner, M.D.	
Date of Amendmen	ewed as an information item at the next nt/Revised Consent Form Approval:	
		APPROVED
	·	OCT 2 1998





To:

Ira Wollner, MD, Chair, HFHS Human Rights Committee

From:

Marvella Ford, PhD MF

Subject:

Request for Amendment to the Human Rights protocol of the Research Proposal

"African American Men in the PLCO Trial: Developing and Testing Methods to

Increase Retention"

Date:

October 19, 1998

Thank you for reviewing and approving the protocol for the above-referenced research project. I am writing to request an amendment to this protocol. The intervention in this project is entirely telephone-based and requires no face-to-face contact with the study participants. Therefore, individuals can indicate their consent to participate in the study by verbally agreeing to be called on a monthly basis by the retention coordinator.

Potential participants will be informed during an introductory telephone call that they will not receive a penalty or loss of benefits of any sort based upon their decision to participate in the study. They will also be informed that their decision to participate will not affect the medical care they receive from their usual source (see attached telephone script). The research activities in this proposal involve no more than minimal risk and the involvement of human participants will be within the categories enumerated in 45 CFR 46.110 (a) (b): 1-10.

This research project has been recommended for funding by the Department of Defense. I look forward to hearing from you soon regarding this matter. If you have any questions or need additional information, please call me at (313) 874-5433.

Ira Wollner, MD, Chair, HFHS Human Rights Committee Page 2 October 19, 1998

#### SCRIPT FOR INTRODUCTORY TELEPHONE CALL

Hello, is this	? My name is	I have been assigned to
	creenings as part of the Prostate, Lung	, Colorectal and Ovarian (PLCO)
Cancer Screening Trial. I we	ould like to call you on a monthly ba	sis to:
	, time, and location of your next scre ing you will have next;	eening appointment and _
(2) Give you direction	ns to the PLCO screening clinic of v	our choice:

- (3) Answer your questions about the screening procedures, so that you will know what to expect when you arrive for screening;
- (4) Call you to remind you of your scheduled visit;
- (5) Call you if your appointment is not kept, to help with problems you may have had in keeping the appointment; and
- (6) Help you to find transportation if you need it.

I will make every attempt to provide you with the information or resources that you request. I would like to serve as a resource person, to help to find answers to your questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning your friends, children, and grandchildren.

Do you have any questions?

Each call will last at least five minutes. You have the right to end the call at any point. You do not have to be a part of this project. You can decide not to take part at the beginning or you can start and then decide to stop. If you do not participate, you will not be a part of this study. The alternative to not raking part is to not participate in this study.

Whatever you decide, you will not receive a penalty or loss of benefits of any sort based upon your decision. Your decision will not affect the medical care you receive from your usual source or your status in the PLCO Cancer Screening Trial.

Ira Wollner, MD, Chair, HFHS Human Rights Committee Page 3 October 19, 1998

Information about your participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal data such as name, address, or social security number will be used to identify you once the project has ended. If you have questions about your rights as a research participant you may contact Ms. Julie Washington in the Research Office at Henry Ford Hospital at (313) 916-2024.

Thank you very much for your time. I look forward to talking with you in the future.



## Center for Medical Treatment Effectiveness Programs 1 Ford Place, Suite 3E, Detroit, MI 48202 (313) 874-1890 Fax (313) 874-6944



To:

Ira Wollner, MD, Chair, HFHS Human Rights Committee

From:

Marvella Ford, PhD MF

Subject:

Request for Expedited Review of the Research Proposal "African American Men in

the PLCO Trial: Developing and Testing Methods to Increase Retention"

Date:

August 27, 1998

I am requesting expedited review and waived consent for the above-referenced research project because the research activities in this proposal involve no more than minimal risk and the involvement of human participants will be within the categories enumerated in 45 CFR 46.110 (a) (b): 1-10.

This research project has been recommended for funding by the Department of Defense. The DOD has requested that a Protection of Human Subjects Form, which will be signed by Ms. Marsha Kelter upon your review and approval of the attached materials, be sent to them as soon as possible.

I look forward to hearing from you soon regarding this matter. If you have any questions or need additional information, please call me at (313) 874-5433.

### HENRY FORD HEALTH SYSTEMS HUMAN RIGHTS COMMITTEE TRANSMITTAL FORM (PLEASE TYPE OR NEATLY PRINT IN BLACK INK)

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I. General Inf	ormation	ı					
1. Project Title		African Methods	American Note to Increas	Men in the P se Retention	LCO Trial: Deve		
	astor (Name	Decree/Ti	le)		Marvella E. Foi		ate Staff tigator
2. Principal Investi	gator (Marine	Center f	or/Medical		_	Phone/Pager	
Department		ness Pre	in Diver	Division e Populatio		Associ	ate Staff
3. Contact Person	(Name/Degr	ee/Title)			Marvella E. For	· ·	cigator
Department		•	_	Division		Phone/Pager	-
4. Grant Title & Pro	oject Directo	r (if differe	nt)			<u> </u>	
5. Sponsor/Fundin	a Source (ne	ne of agency	, company, NIH	institute or	Department of 1	Defense	
6. Date Submitted	to Funding	Agency			October 28, 19	·····	
7. Mülücenter stü	dy?	□ Yes	<u>ĕ</u> No	8. Proposed I	Project Period	10/01/98 - 0	3/31/01
9. Performance Site(s).	Detroit <u>遊</u>	Fairlane □	Lakeside <u> </u>	Troy	West Bloomfield <u></u>	□ Other (specify)	•
10. Research to be conducted:	Inpatient	Inpatient	/Outpatient 	Outpatient	□ Other (specify)	):	
II. SIGNATUR	ES						
The sind of the signed	crapts respons	PHIETY for sta		GNATURE OF	PRINCIPAL INVEST	TGATOR	DATE
the protocol will be or applicable FDA and HI Policies relative to the welfare of human sub	inducted in act is regulations a protection of t jects.	perance to all and institution he rights and	nal E		lla E. Force		8-27-98
12. As Division Head ( the attached protocol resources necessary to	and its submis	SIOU: ITT. IT WE IS		ie Dept), the und	ersigned has reviewed cipal investigator is qu	and supports the science the	
PRINT OR TYPE HAN	e of Dry Hea	ADERT CHA	R/MED DIR SI	IGNATURE			DATE
Barbara C.		.D.		But	an C Vel	ly_	8/27/8
			Ю NOT WR	ITE BELOW	THIS LINE		Consister)
HRC APPRO	VAL STAM		375 P		E COMPLETED BY		
☐ Full Board Review ☐ Expedited Review ☐ Exempt							
Period of Approval							
IRB Ref. # Accession No							
	•	Sign	nature of HRC	Chairperson		-	
				44			

20. Number of visits

21. Average duration of visits

V. DESCRIPTION OF PROTOCOL	POPULATIO	ON AT HEH	
16. Protocol Population ( all that apply)	Name of the state of	Number	the state of the s
gX Adult Subjects (≥ 18 years)	55 <b>–</b> 74	450 + 20(focus g	PLCO intervention arm screenees coups) and HFHS patient population
☐ Minor Subjects (<18 years)*			
☐ Women of Conceptive Capability			
☐ Men of Conceptive Capability			
□ Pregnant Women*			·
☐ Cognitively Impaired Persons*			
☐ Mentally Retarded Persons*			
☐ HFH Employees/Students			
☐ No Subjects, Data Review			
☐ Other, Specify (describe below)		<u> </u>	
* - The applicant should provide clear rationale for inc	luding these popu	llations.	

VI. RECRUITMENT	
	focus groups) 18. Total number subjects at HFH 20
19. How will population be recruited (provide, o	on attached sheet, a copy of any proposed information to be disseminated)
<u>a</u> : Advertisement (artadi copy)	Letter (attach copy)
西 Telephone (attach script)	<u>D</u> Other
VILTIME COMMITTMENT	

a) Outpatient:

1 Hour

3

23. Total duration of individual's particiatpion

b) Inpatient:

3 visits at 1 hour eac

## HENRY FORD HOSPITAL HUMAN RIGHTS COMMITTEE DRUG/SUBSTANCE INFORMATION - FORM A

PROJECT TITLE:	
PRINCIPAL INVESTIGATOR:	
NOTE: This form must be completed for each individual being administered as part of this research stu	al drug or substance (investigational or marketed) which is dy.
L. GENERIC OR CHEMICAL NAME:	2. TRADE NAME:
_	
3. MANUFACTURER:	4 MODE OF ADMINISTRATION:
5. How Supplied (Dosage Form + STRENGTH):	6 WHO IS TO ADMINISTER THE DRUG/SUBSTANCE?
7. Dosage and Schedule Proposed:	
8. DESCRIBE THE PRIMARY ACTIONS OF THE D	RUG/SUBSTANCE:
N. 1000	
9. DESCRIBE THE THERAPEUTIC BENEFIT ANTK	CIPATED FROM THE USE OF THIS DRUG/SUBSTANCE:
-	<del>-</del>
IO LIST THE KNOWN SIDE EFFECTS OF THIS D	RUG/SUBSTANCE AND THEIR ANTICIPATED INCIDENCE:
I I DESCRIBE THE PRECAUTIONS USED TO INS	SURE THAT THE RISKS ASSOCIATED WITH THE
	<u>.</u>

## HENRY FORD HOSPITAL HUMAN RIGHTS COMMITTEE DEVICE INFORMATION - FORM B

PRO	JECT TITLE:					
PRINC	PRINCIPAL INVESTIGATOR:					
NOTE	This form must be completed for each individual device (investigational or marketed) which is being used as part of this research study.					
۱.	NAME OF DEVICE:					
2.	Manufacturer:					
3.	MARKETED: YES NO (IF 5 I OK RECEIVED, INCLUDE FDA DOCUMENTATION)					
4.	INVESTIGATIONAL: YES NO (INCLUDE FDA DOCUMENTATION)					
5.	WILL DEVICE BE PROVIDED FREE OF CHARGE FOR THE STUDY? YES NO					
	IF NO, WHO WILL BE RESPONSIBLE FOR DEVICE COSTS:					
	IF THE SUBJECT (OR SUBJECT'S HEALTHCARE INSURER) WILL BE CHARGED FOR THE DEVICE, WHAT ARE THE COSTS OF DEVICE?					
6.	IS THE DEVICE IMPLANTED OR OTHERWISE PLACED INTO THE BODY? YES NO EXPLAIN:					
	IF YES, MUST THE DEVICE BE REMOVED FROM THE BODY AFTER THE STUDY? YES $\square$ No $\square$					
	WHO WILL BE RESPONSIBLE FOR PLACEMENT IN AND REMOVAL FROM THE BODY?					
7.	IS WARRANTY AVAILABLE? YES NO (INCLUDE COPY OF WARRANTY WITH APPLICATION)					
8.	THE APPLICATION TO THE HUMAN RIGHTS COMMITTEE SHOULD INCLUDE ALL AVAILABLE INFORMATION ON THE DEVICE INCLUDING MANUFACTURER'S BOOKLET, DIAGRAMS, PROMOTIONAL MATERIALS, ETC.					

BYDG IF: JUSERSYHRCJTRANSMIT.B)

# HENRY FORD HOSPITAL HUMAN RIGHTS COMMITTEE Application for Investigational Procedures in Humans Involving Radiation - FORM C

Project Title:	•		•	4		
Principal Investigator:						
1. Identify the source of radiati	on exposure to tt	ne patient/subject.	Check all that ap			
□RadioactiveMate	rials	□Diagno	stic X-Ray	□Therape	utic Radiation	Machine
□ Other (describe):	•				•	
[NOTE: If an investigational radioac begin and subjects <u>may not</u> be enr	tive drug is used the collection of the collecti	ne HRC may approve the on of Radiation Safety (	e Human Rights ass Committee approval	pects of the project. He is received and accep	owever, the pro ked by the HRC	oject cannot -]
2. Location/facility where the p	vocedure will be	performed:	<u>-</u>			
Are the procedures to be pwords, would the patient received.			indard of care" fo were NOT a rese	or the patient's/subject for this	ect's conditions protocol?	n? In other
	•	<b>-</b> .		No (go to V)		
☐ Yes (go to N		·				
4. CLINICAL CARE (Describe	the procedures	performed as a "sta	andard of care" th	nat result in radiatio	n exposure to	the patient)
Procedure	1	ne/Radioactive Agen	I a contractor a		Views	Frequency
<u> </u>						
5. RESEARCH (Describe th	e additional proc	edures resulting in r	adiation exposure	e to the patient)		
Procedure	Machine/ Radioactive A	Total #	Area of Body Views	/, Frequency	Dose per Procedure	
	(\adiououv / y					·
			oca for others			
* - Specify entrance exposu	ire for diagnostic	X-taks, susutpag de		en e		
6. Describe benefit of the rad	diation exposure	in companson to its	IDK.			
	÷					-
				-		-

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Form 5405 MR Rev. 2/94

CONSENT TO PARTICIPATE IN A RESEAF	MRN	
☐ MAIN ☐ WEST BLO	OOMFIELD	NAME
	PROJECT TITLE:	·

DATE

# SUBMIT ONLY ONE ORIGINAL (DO NOT COPY)

HUMAN RIGHTS COMMITTEE APPLICATION COMPLETION CHECKLIST

PRINCIPAL INVESTIGATOR: Marvella E.	Ford, Ph.I	).	
African Ame	rican Men :	in the PLCO Tr	ial: Developing and Testing
PROTOCOL TITLE: Methods to			
TO ENSURE THAT YOUR APPLICATION IS COMPU MEETING, PLEASE FILL OUT THE FOLLOWING C			
meeting, please fill out the following c your Human Rights Committee application.	THE APPLIC	ATION WILL NOT E	SE PROCESSES WITH SERVICE SERV
THIS CHECKLIST.		NOT	
	PROVIDED	APPLICABLE	EXPLANATION
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METHOD TO ENSURE EXCLUSION OF PREGNANT WOMEN	<b>a</b> -	ā	
INFORMED CONSENT PROCESS DESCRIPTION	<b>Ö</b>	. <b>Q</b> .	
COMPLETED CONSENT FORM	<u> </u>	ā	
(NOTE: FOR ANY ITEMS DUE BUT I AN EXPLANATION.)	_		·
IN ADDITION, FOR YOUR OWN BENEFIT AND TO	ASSIST IN THE	EFFICIENT PROC	ESSING OF YOUR APPLICATION, PLEAS
CHECK THE FOLLOWING ITEMS:			•
HAS THE CONSENT BEEN PROOFREA	D FOR TYPOO	RAPHICAL AND GR	RAMMATICAL ERRORS:
IS THE CONSENT FORM WRITTEN IN	THE SECOND	PERSON FORMAT	AS REQUIRED (I.E., YOU, YOUR)?
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BOX ON EACH PAGE)

STAPLED IN CORRECT ORDER?

HAS THE PROPER APPROVED CONSENT FORM BEEN USED? (FORM 5405 MR REV. 2/94, WITH APPROVAL

HAVE BOTH SIDES OF THE APPLICATION/CONSENT FORM BEEN COPIED? ARE ALL PAGES COLLATED AND

#### PROTOCOL

PROJECT TITLE. African American Men in the PLCO Trial: Developing and Testing Methods to Increase Retention

LOCATION OF STUDY. Case Western Reserve University, Henry Ford Health Sciences Center, 2799 West Grand Blvd. Detroit, MI (313) 874-5433.

TIME REQUIRED TO COMPLETE. Month/year of expected start: October 1, 1998. Month/year of expected completion date: March 31, 2001.

STUDY OBJECTIVES. The specific aims of the proposed study are to evaluate the efficacy of a retention intervention in retaining African American men in the Prostate, Lung, Colorectal, and Ovarian Cancer Screening Trial, and to develop a culturally appropriate measurement instrument to assess perceptions of screening for these cancers among older African American men. The intervention consists of assigning men in the screening arm of the PLCO trial to a retention coordinator who will provide intensive follow-up, guide them through the PLCO Trial processes, and serve as an information clearinghouse for other health and social services needs the participants may have.

HYPOTHESES. It is hypothesized that, among African American men enrolled in the screening arm of the Prostate, Lung, Colorectal, and Ovarian (PLCO) Cancer Screening Trial at the Henry Ford Health System site, those randomized to receive an intensive follow-up intervention provided by a retention coordinator will show higher retention rates than men in the control group. Retention is defined as adherence to the PLCO Trial screenings.

SIGNIFICANCE OF THE STUDY. The findings from this feasibility study will lay the foundation for a future trial of an innovative retention intervention (if successful, or modified if necessary) in cancer screening trials. In the future trial, the developed measurement instrument could be used to assess differences in knowledge, attitudes, and beliefs about cancer screening in a cohort of men, and to help identify potential study drop-outs, for whom more intensive interventions may be necessary in order to reduce attrition. In addition, the intervention could be tailored to African American men of varying socio-demographic characteristics. The findings from this study can be used to help African American men benefit from one of the positive aspects of involvement in cancer screening clinical trials: early detection or prevention of cancer.

#### PLAN.

Inclusion Criteria, Selection of Subjects, Number of Subjects, Age Range, Sex, Source of Subjects, Subject Assignment: Participants in the longitudinal PLCO Trial must be asymptomatic of the four PLCO Trial cancers upon randomization to the PLCO Trial. The 458 African American men ages 55 and over currently enrolled in the screening arm of the Prostate, Lung, Colorectal, and Ovarian (PLCO) Cancer Screening Trial at the Henry Ford Health System site will be randomly assigned to a retention coordinator intervention group or to a control group.

The retention coordinator will then receive a listing of the 229 men assigned to the intervention group, as well as their screening status. Their screening status will include the following information: the date, time, and location of their next screening appointment, whether they kept their previous appointment, and the type of screening they will have next (whether it is a baseline screening or a time one, two, or three screening). All of this information is available at the Henry Ford Health System PLCO Trial site. Participants are identified by a numeric code.

The retention coordinator will be responsible for scheduling PLCO Trial screening appointments for the men assigned to the intervention. He or she will then provide intensive follow-up to these men, and will serve as a source of informational and emotional social support. Follow-up will be made in the following areas, suggested by Womeodu and Bailey<sup>1</sup> as being steps to successful cancer screening. These steps include: (1) helping to assure that the participants are able to keep their screening appointments. This step may involve working with local public and private services to help the participants find available transportation, and giving the participants detailed directions to the clinic where the screening will take place; (2) answering questions about the screening procedures. The retention coordinator can verbally guide the participants through the screening procedures ahead of time, so that the participants will know what to expect when they arrive for screening; (3) helping the participants to understand the sometimes complex and detailed instructions about preparing for screening procedure(s); (4) calling the participants to remind them of their scheduled appointments; and (5) calling the participants if the screening appointment was not kept, to ascertain the reason and to help with possible difficulties in keeping the appointment. In addition, the retention coordinator will assist the participants with other health and social services needs they may have by serving as a clearinghouse for information related to these needs. If a participant has a question about a particular health or social service, and the information is not readily available to the retention coordinator, he or she will make a concerted effort to locate the pertinent information, and will re-contact the participant once the information has been found, to share the information with the participant. The retention coordinator will be expected to speak with each PLCO Trial participant in the intervention group at least once per month, and more frequently if the participant's screening appointment is approaching. Prior to beginning the intervention, the retention coordinator will be trained in the PLCO Trial screening procedures, and will also contact local health and social services organizations providing services to older adults, to receive information about programs and services available to members of this group.

Individuals are required to list a contact telephone prior to their enrollment in the PLCO Trial at the Henry Ford Health System site. However, in the event of a person having a disconnected telephone number, a number of tracking strategies currently used in the PLCO Trial will be used by the retention coordinator. These tracking strategies include the use of a CD-ROM containing White Page listings of residences in the United States, and two Internet programs: Switchboard Directory and Whowhere Directory.

In terms of the focus groups held to assist in the development of a culturally appropriate psychosocial instrument (questionnaire) designed to measure perceptions of cancer screening among older African American men, each focus group will consist of men who are homogenous in age and race/ethnicity, as is typical for focus group participants. Our focus groups will typically be composed of 7 to 10 African American men who are representative of the target population of African American men aged 55-74. Potential focus group participants, who are not PLCO Trial participants, will be randomly selected from the Henry Ford Health System patient population using demographic information contained in the computerized patient information in the Henry Ford Health System Corporate Data Store. Identified men will then be contacted by telephone by the investigators and screened for theoretical eligibility to participate in the PLCO Trial. If the men are found to be theoretically eligible to participate in the PLCO Trial, they will then be recruited, via an invitation letter and a follow-up telephone call by the investigators, to participate in the focus groups, until the maximum number of focus group participants has been reached. Each man will participate only once in a focus group.

Risks to the Subject, Precautions to be Taken to Minimize/Eliminate Risks, and Use of Information/Publications Arising from the Study: The risks of participating in this project are minimal. The research activities in this proposal involve no more than minimal risk the involvement of human participants, which is within the categories enumerated in 45 CFR 46.110 (a) (b): 1-10. The retention coordinator intervention involves neither invasive nor intrusive procedures. All telephone contact will be conducted in a professional manner. Consent

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forms will be mailed to all participants assigned to the retention coordinator intervention. Should a participant explicitly state, at any time during the research project, that they do not wish to be contacted in the future, their request will be honored. Likewise, should an individual contacted by the investigators to participate in a focus group decline to do so, their request will be honored. In terms of study confidentiality, all study staff have been or, in the case of the to-be-named retention coordinator, will be, trained to appreciate the confidential nature of epidemiological and clinical data. Study personnel will be required to annually sign a standard confidentiality policy (see attachment). All identifying information will be handled with the highest degree of discretion and confidentiality. Results from this research will be reported only as statistical aggregates. Individual-level data will not be presented.

In terms of data quality assurance, detailed consistency checks across forms and files will be conducted. A subsample (5%) of telephone interview respondents will be randomly called to verify the fact that they were contacted by the retention coordinator.

Role of the Principal Investigator: In addition for designing and having overall responsibility for the integrity of the proposed study, the Principal Investigator, in conjunction with the Consultant, will develop a culturally appropriate measurement instrument to assess cancer screening knowledge, attitudes, and beliefs among African American men. Initially, literature searches will be conducted as a means of identifying existing instruments assessing attitudes toward cancer screening and other relevant constructs. For each instrument identified, the following questions will be addressed. These questions reflect work conducted by McDowell and Newell:<sup>2</sup> (1) on which population(s) was the instrument tested? (Ex: Caucasians, men, college students, etc.); (2) to which population(s) has the instrument been applied since its original publication?; (3) what are the reliability coefficients of the instrument components or the overall reliability of the instrument, by population?; (4) in what ways has the instrument been validated?; (5) is the instrument self- or professionally-administered?; (6) what is the average length of time for completing the instrument?; (7) what is the conceptual approach to the topic area (such as psychological well-being)?; (8) has the instrument been tested in older populations?; (9) is this conceptual approach relevant to/appropriate for African Americans, particularly those in the same age group as PLCO participants (55-74)?; and (10) is the original purpose of the instrument appropriate for use in the proposed study?

Once a defined set of questions has been developed/identified, two focus groups will be held. The focus groups will be used to examine the perceptions of African American men toward cancer screening, and to develop questions about cancer screening that are culturally tailored to members of this group. The results of the first focus group are expected to lead to refinement of the measurement instrument, which will then be tested in a second focus group. Thus, the focus groups will be used to help develop a culturally appropriate instrument that can be used in future trials to measure perceptions of cancer screening among older African American men.

Roles of the Biostatistician and Data Manager: The biostatistician will be responsible for overseeing the statistical considerations of the proposed retention study: For example, in terms of statistical considerations for the retention coordinator intervention, the biostatistician will take into account the following areas:

Justification of Sample Size. There were 915 African American men randomized to the Henry Ford Health System site of the PLCO Cancer Screening Trial as of 10/16/97. Of the 915 men, approximately 450 have been randomized to the intervention (screening) arm of the PLCO Trial. These 450 men, who will serve as the cohort for the proposed feasibility study, will be assigned a socioeconomic status code by the biostatistician, who will then randomize the men to the retention intervention group or to a control group. Based upon the work of Kelly and Shank,<sup>3</sup> we have estimated our adherence rate for flexible sigmoidoscopy to be 30%. The screening for colorectal cancer is the most invasive screening for men in the screening arm of the PLCO Trial. If participants refuse screening for colorectal cancer, they may refuse screening for the other cancers as well. Thus,

the adherence rates for the other PLCO cancer screenings may be similar to or higher than the adherence rates for colorectal cancer screening. If the final sample size is 450, with 225 men in each arm, there will be 90% power to detect an increase in adherence rate of 15%, assuming 30% adherence in the control arm. Power calculations were based on two-sided testing with an alpha of 0.05. If the adherence rate in the control group is actually only 20% then there will be 90% power to detect a 13% increase in adherence rate. If the adherence rate in the control group is actually 40% then there will still be 90% power to detect a 15% increase in adherence rate. For within-socioeconomic status (SES) strata comparisons, the power calculations change based on the percentage of the group falling into each of the two SES strata. If there is a 50% split between low and moderate to high SES group, there will be 90% power to detect a 33% change in adherence rate, assuming 30% adherence rate in the control group. If there is a 40/60% split, which is currently the trend among African American men at the HFHS site of the PLCO Trial, there will be 90% power to detect a 36% change in the smaller SES sub-group and 90% power to detect a 30% in the larger SES sub-group. All power calculations for within SES strata have assumed a type I error of 2.5% to adjust for multiple comparisons within strata. Planned Data Analysis for the Retention Intervention. Adherence rates between the two groups will be compared using a Mantel-Haenszel test, with SES as the strata. A test of homogeneity of the odds ratio will be assessed and if the strata are found to be homogenous the strata will be combined (but strata always included as a covariate), otherwise the testing will be performed separately for each strata. Testing will be two-sided and assume a type I error of 5% for the overall group and a type I error of 2.5% for within strata comparisons. The secondary outcome of cost will be compared using standard linear regression with an indicator variable for SES strata as a covariate, if the underlying assumptions are met. It is possible that the cost data may need to be transformed or non-parametric testing may need to be pursued in order to correctly analyze the data. All underlying assumptions for each test will be verified.

The data manager will provide data management support for the proposed study, and will be responsible for the accuracy and integrity of data after collection. The data manager will monitor the database, run edit checks, consistency checks and monitoring reports. In order to use the study data to write manuscripts and develop grants it is essential that the data be well organized and edited and accessible for statistical analysis. The data manager will establish study files and keep master lists of participants.

Strengths of the Proposed Research: The proposed study focuses on older men, who are more likely than younger men to be affected by prostate cancer. Thus, the results of the retention study will add to existing knowledge of factors influencing adherence to prostate cancer screening among men who as a group are significantly affected by this disease, and can also shed light on ways of measuring perceptions of prostate cancer screening in members of this group. Because the PLCO Screening Trial is a large, ongoing study, the retention intervention can have a long-term effect on retaining African American men in the PLCO Trial. A major strength of this study is that if the retention intervention is found to have a substantial impact on retaining African American men in the PLCO trial at the Henry Ford Health System site, the intervention could be integrated into the PLCO Trial as a standard retention procedure with members of this population in other PLCO Trial sites as well. Another strength of this feasibility study is that it can serve to enrich the sample of African American men in the PLCO trial, and can serve as a model to increasing their retention in other types of cancer screening trials. An additional strength of the proposed retention study is the fact that it will be carried out in the Detroit metropolitan area. Because this area is demographically representative of other large, urban areas, our results on successful retention strategies will be generalizable to other geographic areas as well. The Detroit metropolitan area, which has a large number of African Americans, is socioeconomically diverse, which permits an examination of the effects of socioeconomic status on the intervention outcomes. A distinct advantage to carrying out the retention study through the Henry Ford Health System is the rich array of available technical resources. In summary, the risks to the participants in the proposed recruitment trial are

minimal, while the benefits are extremely far-reaching.

Personnel to Conduct the Project:

Principal Investigator/Behavioral Scientist - Marvella E. Ford, Ph.D., (yr 1 - 20%, yr 2 - 20%, yr 3 - 20%)

Dr. Marvella Ford, an Associate Staff Investigator with the Henry Ford Health System (HFHS) Center for Medical Treatment Effectiveness Programs (MEDTEP), has experience in the area of psychosocial factors affecting the use of health services among African Americans. Dr. Ford has received pre- and post-doctoral fellowships from the National Institute on Aging and is committed to studying issues related to older African Americans. She has given numerous conference presentations on this topic. Two of her writings, "Health Services Use among African Americans: A Beginning Look at the Effects of Perceived Control" and "The Black Oldest Old: Age and Physical Functioning", co-authored with Dr. Rose C. Gibson, (Editor-in-Chief of *The Gerontologist*), were based on data from the National Survey of Black Americans.

Dr. Ford is actively involved in the development of culturally relevant data collection instruments and outcome measures from a psychosocial perspective. At the present time, she is serving as co-investigator on an NCI/CDC-funded trial designed to increase the recruitment of African American men into the prostate, lung, and colorectal components of the Prostate, Lung, Colorectal, and Ovarian Cancer (PLCO) Screening Trial currently being conducted in the Henry Ford Health System (AAMEN Project). She is also Assistant Professor of Epidemiology and Biostatistics at Case Western Reserve University, Community Associate with the Institute of Gerontology at Wayne State University, a faculty member in the Community Oriented Primary Care Program at HFHS, a board member of Southwest Detroit Community Mental Health Services, Inc., a social service agency in Detroit, and was recently appointed Adjunct Assistant Professor in the Department of Psychology at Wayne State University.

Dr. Ford will direct and assume overall responsibility for the retention trial. She will oversee the daily activities of the retention intervention and measurement instrument development aspects of this research, the interpretation of results, and manuscript preparation and submission. Dr. Ford will conduct regular meetings with study staff to ensure the smooth flow of this study.

Co-Investigator/Epidemiologist - Christine Cole Johnson, Ph.D., (yr 1 - 5%, yr 2 - 5%, yr 3 - 5%)

Dr. Christine Johnson, Co-Principal Investigator on the NCI PLCO Cancer Screening Trial, will serve as a link between the proposed trial and the PLCO trial. Dr. Johnson, who is the Associate Director for Research at the Henry Ford Health System (HFHS) Cancer Center, will serve as a Co-Investigator in the interpretation and publication of results. Her training and experience in clinical epidemiology and follow-up studies qualify her for these roles. As Co-Principal Investigator on the NCI PLCO Cancer Screening Trial, Dr. Johnson has direct responsibility for overseeing the follow-up of the 20,000 HFHS respondents to be enrolled in the PLCO Trial at the HFHS site.

Dr. Johnson also currently directs the data collection components of an EPA funded pilot study of lung cancer in non-smokers identified by the SEER registry and radon expecture, and an NIETE funded case-control study of Parkinson's disease and occupation. She is an adjunct scientist at the Michigan Cancer Foundation, was formerly a member of a board overseeing a statewide breast and cervical cancer screening program, and is a member of the Michigan Prostate Cancer Consensus Conference. Dr. Johnson was the senior epidemiologist on a study of colon cancer in General Motors pattern and model makers and serves on the advisory committee to the NCI funded worksite intervention research that HFHS conducted at GM worksites (PI: B.C. Tilley, HFHS). Dr. Johnson will attend regular meetings with the research staff. She brings with her expertise in the area of conducting large, randomized controlled cancer screening trials. Dr. Johnson's time spent on this project will be supported by the PLCO Trial.

#### Retention Coordinator - TBN, (yr 1 - 50%, yr 2 - 50%, yr 3 - 50%)

The retention coordinator will intervene with a sample of men successfully recruited and randomized to the intervention arm of the PLCO trial. He or she will call the men to let them know she/he is available to be called if they have questions or concerns about the study or have health-related questions, and will schedule PLCO cancer screening appointments for the men in the retention intervention group. He or she will also serve as an information source for these questions, providing the men with the names and telephone numbers of community health care professionals who can respond to the questions. If men call with questions about the study, the retention coordinator will answer their questions or refer the caller to an appropriate person to get their questions answered. In the final two months of the study, he or she will contact the men in the intervention group to let them know that he or she will no longer be calling, and to answer any final questions the men might have. Because the retention coordinator will schedule PLCO cancer screening appointments for men assigned to this intervention, an additional 25% percent effort on the study will be supported by the PLCO Trial, for a total of 75% effort.

#### Biostatistician - Suzanne Havstad, M.S., (yr 1 - 10%, yr 2 - 10%, yr 3 - 15%)

Ms. Havstad is a biostatistician who has experience working with large databases and complex statistical problems. She has over eight years of experience in a biostatistical consulting environment. Ms. Havstad will execute statistical analyses for the retention project.

#### Data Manager - Diane Moore, (yr 1 - 15%, yr 2 - 15%, yr 3 - 10%)

Ms. Moore will provide data management support. Ms. Moore has experience as a data manager on several National Institutes of Health funded trials. She will assure that the appropriate data management procedures are in place. She will also be responsible for the accuracy and integrity of data after collection. Ms. Moore will monitor the database, run edit checks, consistency checks and monitoring reports. In order to use the study data to write manuscripts and develop grants it is essential that the data be well organized and edited and accessible for statistical analysis. Ms. Moore will establish study files and keep master lists of participants.

#### Data Entry - Deborah Greene (yr 1 - 14%, yr 2 - 12%, yr 3 - 15%)

Ms. Greene will enter the data for the proposed study.

#### Secretary - Lynn Merrill, (yr 1 - 15%, yr 2 - 10%, yr 3 - 10%)

Ms. Merrill will provide all clerical support to the study. She will be responsible for typing the manual of procedures, forms, manuscripts, technical reports, and other documents for study staff. Ms. Merrill will also answer telephones, copy articles, maintain the study's bibliographic file and library, and schedule meetings.

#### CONSULTANT -

#### Consultant - Sally Vernon, Ph.D.

Dr. Sally Vernon, Professor of Behavioral Sciences and Epidemiology at University of Texas Health Science Center, will serve as a consultant to the proposed study. Her work focuses on factors associated with participation in cancer screening. Dr. Vernon has expertise in the development of measurement instruments related to perceptions of cancer screening. She will assist Dr. Ford in the operationalization of the retention intervention, will consult t about its implementation, and participate in the data analysis to evaluate the impact of the intervention. She will also participate in the development of a knowledge, attitudes, and beliefs questionnaire about cancer screening that can be evaluated and used in a subsequent study. Dr. Vernon will be available for 10 days in each of years 1 and 2 and for 6 days in the first half of year 3. She will travel to Detroit

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to consult with the study investiga	itors once per	year during the 2 ½ years of the study.	. •
"I have read the foregoing protoco	ol and agree to	o conduct the study as outlined herein."	
Marvella E. Ford, Ph.D., Principal Investigator	Date	Approving Official	Date

#### Bibliography

- 1. Womeodu, R. and Bailey, J. Barriers to cancer screening. Medical Clinics of North America, 80: 115-133, 1996.
- 2. McDowell I, Newell C. Measuring Health: a guide to rating scales and questionnaires, In: 1996:
- 3. Kelly, R.B. and Shank, J.C. Adherence to screening flexible sigmoidoscopy in asymptomatic patients. Med Care, 30: 1029-1042, 1992.

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	CONSENI	FURM A
TO PARTICIPA	TE IN A RES	SEARCH STUDY

WEST BLOOMFIELD MAIN ☐ FAIRLANE OTHER .

NAME

MRN

DATE

PROJECT TI	T	LE:
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African American Men in the PLCO Trial: Developing and Testing Methods to Increase Retention

Approval Stamp

- I. Purpose of the Research: I have been asked to take a part in a research project sponsored by the Department of Defense. The purpose of this study is to identify and innovative way to retain African American men in prostate cancer research studies.
- II. Project Plan: I understand that by agreeing to participate in this study over the next 24 months, I will be contacted at least once per month by study staff. If I request, I may be contacted more often than once per month. Each telephone call will last a minimum of ten minutes. I have the right to end the telephone call at any point. I understand that the staff member who calls me will assist me in keeping my PLCO screening appointments. This staff member will give me detailed directions to the PLCO screening clinic. The staff member will also help me to find transportation if I need it. Also, if I would like assistance with other areas of my life, the staff member will help me to locate resources.
- III. Risk of the Project: There are no expected risks to me from taking part in this project.
- IV. Benefits of the Project: I understand that by taking part in this study, I will have the chance to talk with a staff member at least once per month. This staff member can help explain the PLCO screening process to me, and can assist me in getting to the PLCO screening site. Questions I have regarding health or social services needed by me or a family member will also be answered by the staff member.
- V. Costs of the Project: I understand that I will not be asked to pay any costs associated with this study.
- VI. Voluntary Participation: I know that I don't have to be a part of this project. I can decide not to take part at the beginning or I can start and then decide to stop. Whatever I decide, I will not receive a penalty or loss of benefits of any sort based upon my decision. My decision will not affect the medical care I receive from my usual source.
- VII. Privacy: I understand that information about my participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal information such as name, address, and social security number will be used to identify me once the project has ended in two years.
- VIII. Points of Contact: I know that I can call Dr. Ford at (313) 874-5433 for more information about this project. If I am injured as a result of being in this project, I should call Dr. Ford at (313) 874-5433.

MAIN

## Honry Fird Hispital

## CONSENT FORM B TO PARTICIPATE IN A RESEARCH STUDY

WEST BLOOMFIELD

DATE
MRN
NAME

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PROJECT TITLE:

African American Men in the PLCO Trial: Developing and Testing Methods to Increase Retention (For Focus Group Participants)

Approval Stamp

- I. <u>Purpose of the Research</u>: I have been asked to take a part in a research project sponsored by the Department of Defense. The purpose of this study is to develop a culturally appropriate questionnaire to assess perceptions of cancer screening among African American men in the PLCO Trial using the results of focus groups of older African American men.
- II. <u>Project Plan</u>: I have been asked to take part in a focus group. A focus group involves an in-depth discussion of a particular topic. In the focus group, I will share my thoughts about cancer screening, and will help to develop questions about cancer screening. Each focus group will be composed of about 10 African American men ages 55 and older.
- III. Risk of the Project: There are no expected risks to me from taking part in this project.
- IV. Benefits of the Project: I understand that by taking part in this study, I will have the chance to share my thoughts regarding cancer screening. I will also be able to hear what other African American men think about this topic.
- V. Costs of the Project: I understand that I will not be asked to pay any costs associated with this study.
- VI. <u>Payment</u>: I understand that I will be paid for taking part in the focus group. I may also receive transportation to the focus group, if I request it.
- VII. <u>Privacy</u>: I understand that information about my participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal information such as name, address, and social security number will be used to identify me once the project has ended in two years.
- VIII. Points of Contact: I know that I can call Dr. Ford at (313) 874-5433 for more information about this project. If I am injured as a result of being in this project, I should call Dr. Ford at (313) 874-5433.
- If I have questions about my rights as a research participant I may contact Ms. Nancy Thayer in the Research Office at Henry Ford Hospital at (313) 876-2024. I will be informed about important new information that comes from this project.



#### HENRY FORD HEALTH SCIENCES CENTER

October 16, 1998

Research Administration CFP-1 2799 West Grand Boulevard Detroit, MI 48202-2689 (313) 916-2024 Office (313) 916-2018 Fax

Thomas Roth, PhD Director of Research

Lynne M. Pecze, MHA Administrative Director of Research

S. David Nathanson. MD Chair, Care of Experimental Animals Committee

Ira Wollner, MD Chair, Human Rights Committee

Leonard Lutter, PhD Chair, Small Projects Funding Committee

TO: Marvella Ford, Ph.D

Center for Medical Treatment Effectivness Program

FM: Ira Wollner, M.D., Chairman

Munther Ajlouni, M.D., Vice Chairman

Human Rights Committee (Institutional Review Board)

RE: Research Proposal, "African American Men in the PLCO Trial: Developing and Testing Methods to

Increase Retention" (IRB Ref. #)

Date of IRB Approval: October 14, 1998 - October 13, 1999

This is to advise you that the human rights aspects of the above-referenced protocol have been reviewed and approved through the expedited review procedure. This approval is based on Title 45, Section 46.110(b)9 of the HHS Code of Federal Regulations. The protocol will be reviewed by the full Committee as an information item at its next meeting.

The Human Rights Committee and Federal Regulations require that your protocol be reviewed at intervals appropriate to the degree of risk but not less than once per year and that a final report be submitted at the termination of the project. Therefore, either a progress or final report for this proposal should be submitted to the Committee by 9/21/99.

Revisions to the Human Rights protocol must be approved by the Committee prior to implementation. The request to approve an amendment must contain the following information: (1) Name of the project director, (2) name of the research proposal, (3) a description of the amendment and rationale for implementation, (4) a description of how



To: Marvella Ford, Ph.D October 16, 1998 - Page Two

the amendment will change sample size and/or data analysis, (5) a description of risks as related to the amendment, and (6) a statement as to whether the consent process is changed by the amendment and, if applicable, the revised consent form.

In addition, our IRB is expected to review all documents and activities that bear directly on the rights and welfare of participants of research. This includes but is not limited to advertisements used to recruit subjects.

Moreover, unexpected events and serious adverse effects relating to subjects must be reported to the Committee as soon as possible; supplemental information may be appended to the notification form (see enclosure).

Please be sure to keep copies of the signed consent forms on file. One convenient method is to duplicate each signed consent form, leaving the original with the patient's medical record and filing the copy together with all other consent forms for that project.

A copy of the signed and stamped application, indicating approval by the Human Rights Committee, is enclosed for your files.

Forms for progress, final and adverse event reports are available in Research Administration (CFP-1). Please feel free to contact Ms. Julie Washington at ext. 62024 if you have questions regarding these matters.

Enclosures

(f:\users\hrc\i),



#### HENRY FORD HEALTH SCIENCES CENTER

November 16, 1999

Research Administration

CFP-1 2799 West Grand Boulevard Detroit, MI 48202-2689 (313) 916-2024 Office

Thomas Roth, PhD Director of Research

(313) 916-2018 Fax

Lynne M. Pecze, MHA Administrative Director of Research

S. David Nathanson, MD Chair, Care of Experimental Animals Committee

Ira Wollner, MD Chair, Human Rights Committee

Leonard Lutter, PhD Chair, Small Projects Funding Committee

TO: Marvella Ford, Ph.D

Center for Medical Treatment Effectivness Program

FM: Munther Ajlouni, M.D., Chairman

Timothy Roehrs, Ph.D., Vice Chairman

Human Rights Committee (Institutional Review Board)

RE: Research Proposal, African American Men in the PLCO Trial: Developing and Testing Methods to

Increase Retention (IRB Ref. #:35.10.98)

Period of IRB Approval: November 16,1999 - November 15, 2000

Thank you for the submission of a progress report for the above-referenced research protocol.

At its meeting on , November 16, 1999 the Human Rights Committee reviewed the progress report and reapproved the human rights aspects of the project.

The Human Rights Committee and Federal Regulations require that each research proposal involving human subjects be reviewed at intervals appropriate to the degree of risk but not less than once per year and that a final report be submitted at the termination of the project. Therefore, either a progress or final report for this proposal should be submitted to the Committee on or before October 12, 2000.



To: Marvella Ford, Ph.D

November 16, 1999 - Page Two

Revisions to the Human Rights protocol must be approved by the Committee prior to implementation. The request to approve an amendment must contain the following information: (1) Name of the project director, (2) name of the research proposal, (3) a description of the amendment and rationale for implementation, (4) a description of how the amendment will change sample size and/or data analysis, (5) a description of risks as related to the amendment, and (6) a statement as to whether the consent process is changed by the amendment and, if applicable, the revised consent form.

In addition, our IRB is expected to review all research documents and activities that bear directly on the rights and welfare of participants of research. This includes but is not limited to advertisements used to recruit subjects.

Moreover, unexpected events and serious adverse effects relating to subjects must be reported to the Committee as soon as possible; supplemental information may be appended to the notification form (see enclosure).

Please be sure to keep copies of the signed consent forms on file. One convenient method is to duplicate each signed consent form, leaving the original with the patient's medical record and filing the copy together with all other consent forms for that project.

A copy of the signed and stamped application, indicating approval by the Human Rights Committee, is enclosed for your files.

Forms for progress, final and adverse event reports are available in Research Administration. Please contact Ms. Julie Washington at 916-2024 if you have questions or require additional information.

Enc.

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#### TRANSMITTAL FORM FOR CONTINUATION: FINAL REVIEW OF PROJECT g Continuation Report ☐ Final Report □ Project not started/not funded Abbreviated Project Title IRB REF. # "African American Men in the PLCO Trial; Developing and Testing..." Project Director (Name/Degree/Title) Senior Bioscientific Staff Marvella E. Ford, Ph.D. Department/Division Location Phone Number/Pager One Ford Place, 3E (313) 874-5433 Psychiatry/MEDTEP Co-Investigator (include Name/Degree/Title, Dept/Div, and Phone Number/Pager Christine Cole Johnson, Ph.D. Director of Cancer Epidemiology Prevention and Control Josephine Ford Cancer Center, (313) 874-6672 Source of Funding and/or Sponsor Grant Number Date of Last IRB Approval October 21, 1998 Department of Defense B51004 Name of Grant Proposal (If different from Project Title) IS THIS A MULTICENTER XX NO IND/IDE # (If Applicable) Date Signature Name of Principal Investigator 11/04/99 Marvella E. Ford, Ph.D. Name of Div Head/Dept Chair/Med Dir Signature Date 11/04/99 Glenn Craig Davis, M.D. HRC APPROVAL STAMP **APPROVED** NOV 1 6 1999 HUMAN RIGHTS COMMITTEE Protocol Approved By Human Rights Committee (Signature of Chairperson) Date 1/1th-11-16-99 م عدودرا

## HUMAN RIGHTS COMMITTEE (INSTITUTIONAL REVIEW BUARD) TRANSMITTAL FORM FOR CONTINUATION/FINAL REVIEW OF PROJECT

SUBJECTS IN THE PROJECT	<u>HFH</u>	MULTICENTER (if applicable)
1. WHAT IS THE IRB APPROVED TARGET SAMPLE SIZE?	601 + 20 focus group members	
2. HOW MANY SUBJECTS HAVE BEEN ENROLLED SINCE LAST	601	
3. HOW MANY SUBJECTS HAVE BEEN ENROLLED TO DATE?"	601	·
4. HOW MANY SUBJECTS WERE ENROLLED AND THEN DISCONTINUED FROM THE PROJECT SINCE LAST REVIEW?	8 refusals 2 deceased 1 nursing b	ome
5. IF SUBJECTS WERE DISCONTINUED, PLEASE EXPLAIN WHY. (attach additional sheets if necessary)		
- Including those discontinued.		

- Meldanig those dissolutions			
PROJECT DESIGN AND PROTOCOL  (If answering "Yes" to any question (6-17), attach explanation	on separate sh	eet)	··
6. ARE YOU AMENDING THE SAMPLE SIZE?		- 1	⊒ NO
7. ARE YOU REVISING THE PURPOSE AND/OR SPECIFIC AIMS?	<u>_</u> _ \	res 🖠	2 NO
8. ARE YOU REVISING INCLUSION/EXCLUSION CRITERIA?	ū)	res	ON 5
9. ARE YOU MODIFYING PROCEDURES/INTERVENTIONS/INTERACTION:	2.5 <u>z</u> i.)	res g	NO
10. DO ANY OF THE PROTOCOL REVISIONS REQUIRE SIGNIFICANT RES OR SERVICES FROM OTHER DEPARTMENTS/AREAS?		YES §	⊒ NO
11. DID THE PROJECT SCHEDULE FOR COMPLETION CHANGE?	<u>.</u>	YES 9	NO NO
12. HAVE YOU ENCOUNTERED ANY LIMITATIONS OR DIFFICULTIES?	□`	YES I	NO B
	rough versoo	DTED T	O THE
HAVE THERE BEEN ANY ADVERSE OR UNEXPECTED EVENTS NOT PRETIRE	VIOUSET REPO	KILD	<u> </u>
13. IN HFH SUBJECTS?	. ت	YES I	NO
14: IN SUBJECTS ENROLLED IN THE MULTICENTER TRIAL?	<u>.</u>	YES ]	NO È
			•
<u>DATA ANALYSIS</u>		. : T	
15. WAS AN INTERIM ANALYSIS CARRIED OUT?	<u> </u>	YES 1	MO NO
16. ARE PRELIMINARY CONCLUSIONS/FINAL RESULTS AVAILABLE?	□,	YES ,	₽ИО
			<del></del>
TYPE OF CONSENT (Continuation Reports o			
□ WRITTEN (ATTACH FORM) □ ORAL (ATTACH DESCRIPTION)	□ WAIVED CO	VSENT	
IS THE CONSENT FORM BEING REVISED AT THIS TIME?	· · · · · · · · · · · · · · · · · · ·	□ YES	□ NO
SERVICE SERVIC			

Continuation Application:

6 and 9. The sample size has been amended. Originally, the retention coordinator was only going to contact men assigned to the intervention arm of the present study. Existing PLCO Trial schedulers would make screening appointments for men assigned to the control arm of the study. However, one of the co-investigators pointed out the fact that this could serve to introduce bias into the study. The study protocol has been changed so that the retention coordinator now makes all of the contacts with the all of the men in the study. This protocol change will help to reduce bias that might be associated with style differences in interacting with the study participants. The retention coordinator contacts the men in the intervention arm (n=301) by telephone on a monthly basis and also schedules yearly PLCO Trial cancer screening appointments for the men in the control arm (n=300) of the study.

## "African American Men in the PLCO Trial: Developing And Testing Methods To Increase Retention"

#### Consultant Meeting Agenda

May 24-25, 1999

May 24, 1999 (Room 3C08, 8:30 a.m. – 5:00 p.m.)

- I. Introductions
- II. Overview of the Department of Defense-funded study "African American Men In The PLCO Trial: Developing And Testing Methods To Increase Retention"
- III. Study Update
- IV. Description of Remaining Work
- V. Review of the Study Timeline
- VI. Development of Focus Group Questions Assessing Attitudes of African American Men Toward Cancer Screening (Review of Similar Work Conducted at Henry Ford Health System with African American Women to Ascertain the Cultural Appropriateness of A Breast Cancer Risk Factor Survey)

May 25, 1999 (Room 1C00, 8:30 a.m. – 2:30 p.m.)

Development of Focus Group Questions (continued)

#### **SCRIPT FOR ATO MALE**

#### INTRODUCTORY TELEPHONE CALL

Hello, is this Mr.		? My nar	ne is	As part of a
research project	to help Prostate,	Lung, Colorectal	and Ovarian	(PLCO) Cancer
Screening Trial p	articipants receive th	neir cancer screening	gs. I have been	assigned to assist
you in receiving	your screenings. I w	vould like to call yo	u on a monthly	basis to serve as
a resource person	n, to help to find ans	swers to your questi	ions about thing	gs such as Social
Security, Medica	ere, health issues of	r other concerns.	I could even	assist you with
questions concern	ning your friends, chi	ildren, and grandchi	ldren.	•

Do you have any questions?

Each call will last at least five minutes. You have the right to end the call at any point. You do not have to be a part of this project. You can decide not to take part at the beginning or you can start and then decide to stop. If you do not participate, you will not be a part of this study. The alternative to not taking part is to not participate in this study.

When I call, if it is close to the time of your annual PLCO screening appointment, I will:

- (1) Schedule the date, time, and location of your next screening appointment and the type of screening you will have next;
- (2) Give you directions to the PLCO screening clinic of your choice;
- (3) Answer your questions about the screening procedures, so that you will know what to expect when you arrive for screening;
- (4) Call you to remind you of your scheduled visit;
- (5) Call you if your appointment is not kept, to help with problems you may have had in keeping the appointment; and
- (6) Help you to find transportation if you need it.

I will make every attempt to provide you with the information or resources that you request.

Information about your participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal data such as name, address, or social security number will be used to identify you once the project has ended. If you have questions about your rights as a research participant you may contact Ms. Julie Washington in the Research Office at Henry Ford Hospital at (313) 916-2024.

whatever you decide, you will not receive a penalty or loss of benefits of any sort based upon your decision. Your decision will not affect the medical care you receive from your usual source or your status in the PLCO Cancer Screening Trial. Thank you very much for your time. I look forward to talking with you in the future.
Mr, is your spouse/partner available now? I would like to introduce myself to them, so that when I call, they will know who I am. I can also assist your spouse/partner with questions they may have as well.
IF SPOUSE/PARTNER IS NOT AVAILABLE, STATE: Please let them know that I called.
IF SPOUSE/PARTNER IS AVAILABLE, STATE: Hello, Ms? My name is I am a Henry Ford Health System employee working on the Prostate, Lung, Colorectal, and Ovarian Cancer Screening Trial. I would like to call your (spouse/partner) on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, health issues or other concerns. I could even assist with questions concerning your friends, children, and grandchildren. I would like to let you know that I would like to serve as a resource person for you as well as Mr When I call, if you have questions, please let me know, and I will do my best to find answers and solutions. Please feel free to ask me questions about anything.

### SCRIPT FOR ATO MALE

#### **FIRST MONTH**

receive their cancer screenings, I verson, to help to find answers to	? My name is? My name is? It you know that, as part of a research of a research control of the property of the p	Trial participants serve as a resource as Social Security
the health of their family members transportation, chore services for se	ecently have mentioned concerns about and friends, the health care they recently care, child care, education of thems in a sistance, food/nutrition, house the abuse, transportation, etc.	eive, safety, taxes,
Are any of these things (or other thi	ings) a concern for you?	
INFORMATION IN OUR FILES	S THE PERSON STATES. S TO HELP THE PERSON WHI	LE YOU HAVE
more information. Do you have a p	. There is an agency, the agency's telephone number so the pen? Here is the telephone number NTACT AT THE AGENCY, STATE	er: IF
SPECIFIC CONCERNS. WRIT	u would like to discuss today? (PRO TE THEM DOWN AND TRY MEONE WHO CAN HELP TO AI	TO FIND THE

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? These screenings include the PSA test, a chest x-ray, a flexible sigmoidoscopy, and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK: Mr, did you have any other questions or concerns about something in your own life or the lives of your family or friends?
IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been
nice talking with you today, Mr If you have any questions, please write them
down so that we can talk about them next month. Is your spouse/partner available? If
NOT, STATE: Please let them know that I called and am available to talk with them

about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month. IF SPOUSE/PARTNER IS NOT AVAILABLE, STATE: Please let them know that I called. IF SPOUSE/PARTNER IS AVAILABLE TO TALK, STATE: Hello, is this Ms. ? My name is \_\_\_\_\_. How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung. Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes. transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc. Are any of these things (or other things) a concern for you? WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE: Ms. \_\_\_\_\_, you mentioned \_\_\_\_\_. There is an agency, \_\_\_\_, that helps to . I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: \_\_\_\_\_. IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms. Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR WRITE THEM DOWN AND TRY TO FIND THE SPECIFIC CONCERNS. TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS). IF SPOUSE/PARTNER RAISES ANOTHER ISSUE, WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE: While I have you on the telephone, Ms. \_\_\_\_\_, let me check my files to find some information about \_\_\_\_\_. Here it is. There is an agency, \_\_\_\_\_, that helps to

. I would like to give you the agency's telephone number so that you can call for

more information. Do you have a pen?	Here is the telephone number:	. IF
WE HAVE AN IDENTIFIED CONTACT	AT THE AGENCY, STATE:	When you call
please ask for Mr./Ms	·	which you can,
Do you have any other questions or concer-	ns that you would like to discus	s today?
IF NOT, STATE: It has been nice talking	with you today, Ms	If you have any
questions, please write them down so that v	we can talk about them next mo	nth

## **SCRIPT FOR ATO MALE**

## **SECOND MONTH**

Hello, is this Mr.	? My name is	How are
you? When we talked recently, I Prostate, Lung, Colorectal and receive their cancer screenings, I person, to help to find answers t	let you know that, as part of a research Ovarian (PLCO) Cancer Screening will call you on a monthly basis to see to your questions about things such as I could even assist you with questions	ch project to help Trial participants rve as a resource Social Security
. Were you able to PARTICIPANT WAS ABLE TO	st month, you mentioned that you were find the information you were loop FIND THE INFORMATION, STATUS answered/your concerns addressed.	oking for? IF E: I'm glad you
ADDRESS THEIR CONCERNS answered/your concerns were not	ABLE TO FIND THE INFORMATION OF STATE: I am sorry that your que addressed. I would like to assist you telephone, I will check my files again ic.	estions were not in finding some
we talked last month, you also me you able to find the information y TO FIND THE INFORMATION	ORE INFORMATION ON THIS TOPI with additional information. Before we entioned that you were concerned about you were looking for? IF PARTICIPAL N, STATE: I'm glad you were abluaddressed. GO TO NEXT PART OF S	re hang up, when t Were NT WAS ABLE to have your
ADDRESS THEIR CONCERNS answered/your concerns were no	BLE TO FIND THE INFORMATION, STATE: I am sorry that your que at addressed. IF YOU DON'T HAVIC, STATE: Mr, I will call	estions were not E ANY MORE

Are any of these things (or other things) a concern for you?
WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
Mr, you mentioned There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? These screenings include the PSA test, a chest x-ray, a flexible sigmoidoscopy, and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them

about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month. IF SPOUSE/PARTNER IS NOT AVAILABLE, STATE: Please let them know that I called. IF SPOUSE/PARTNER IS AVAILABLE TO TALK, STATE: Hello, is this Ms. ? My name is \_\_\_\_\_. How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Ms. \_\_\_\_\_, when we talked last month, you mentioned that you were concerned about \_\_\_\_\_. Were you able to find the information IF SPOUSE/PARTNER WAS ABLE TO FIND THE you were looking for? I'm glad you were able to have your questions INFORMATION, STATE: answered/your concerns addressed. GO TO NEXT PART OF SCRIPT. IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. , I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT. IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. \_\_\_\_\_, I will call you back later with additional information.

# SCRIPT FOR ATO MALE

## THIRD MONTH

Hello, is this Mr. you? When we talked recently, I let ? Prostate, Lung, Colorectal and Ova receive their cancer screenings, I will person, to help to find answers to you Medicare, or other health issues. I confriends, children, and grandchildren.	rian (PLCO) Cancer Screening I call you on a monthly basis to sour questions about things such a	Trial participants serve as a resource as Social Security.
Mr, when we talked last mo Were you able to find PARTICIPANT WAS ABLE TO FIR were able to have your questions an PART OF SCRIPT.	I the information you were IND THE INFORMATION, STA	ooking for? IF TE: I'm glad you
IF PARTICIPANT WAS NOT ABLADDRESS THEIR CONCERNS, Stanswered/your concerns were not addanswers. While I have you on the telephave more information on this topic.	FATE: I am sorry that your quessed. I would like to assist you	uestions were not ou in finding some
IF YOU DON'T HAVE ANY MORE, I will call you back later wit we talked last month, you also mention you able to find the information you we TO FIND THE INFORMATION, Sometimes answered/your concerns add	h additional information. Before oned that you were concerned abovere looking for? IF PARTICIPATATE: I'm glad you were a	we hang up, when out Were ANT WAS ABLE ble to have your
F PARTICIPANT WAS NOT ABLE ADDRESS THEIR CONCERNS, STAINSWERE NOT CONCERNS, STAINSWERE NOT CONCERNS WERE NOT AS TOPIC, with additional information.	TATE: I am sorry that your quidressed. IF YOU DON'T HA	uestions were not VE ANY MORE

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NUMBER	(S). STATE:						
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more infor	mation. Do you	have a nen?	Here is the	telenhone n	umher	u can c	in in
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piease ask	for Mr./Ms	<del></del> •		-			*
Do you hav	ve any other conc	erns you would	like to disci	uss today? (	PROBE A	AGAIN	I FOR
	CONCERNS.						
	NE NUMBER C						
CONCERN							

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? These screenings include the PSA test, a chest x-ray, a flexible sigmoidoscopy, and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

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IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

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IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF

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about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month. IF SPOUSE/PARTNER IS NOT AVAILABLE, STATE: Please let them know that I called. IF SPOUSE/PARTNER IS AVAILABLE TO TALK, STATE: Hello, is this Ms. ? My name is . How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Ms. \_\_\_\_\_, when we talked last month, you mentioned that you were concerned about \_\_\_\_\_. Were you able to find the information you were looking for? IF SPOUSE/PARTNER WAS ABLE TO FIND THE I'm glad you were able to have your questions INFORMATION, STATE: answered/your concerns addressed. GO TO NEXT PART OF SCRIPT. IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. , I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about \_ you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT. IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. \_\_\_\_, I will call you back later with additional information.

WRITE DOWN THE THINGS THE SPOUSE/PARTNER STATES. TRY TO FIND
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NUMBER(S). STATE:
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TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE
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WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call,
please ask for Mr./Ms
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questions, please write them down so that we can talk about them next month.

### **SCRIPT FOR ATO MALE**

#### ANNUAL SCHEDULING CALL

Hello, is this Mr.	? My name is	. How are
you? When we talked recently, I let you	u know that, as part of a resear	rch project to help
Prostate, Lung, Colorectal and Ovaria	n (PLCO) Cancer Screening	Trial participants
receive their cancer screenings, I will ca	all you on a monthly basis to s	erve as a resource
person, to help to find answers to your	questions about things such a	is Social Security,
Medicare, or other health issues. I could	d even assist you with question	is concerning your
friends, children, and grandchildren.		
Mr, you have been selected to	be in the group of the study that	at will receive free
cancer screening exams. I would like	e to schedule an appointment	so you can take
advantage of them.		

With this being your first year in the study, your exams will consist of:

- A blood test
- Chest x-ray
- An exam of the prostate
- And a flexible sigmoidoscopy

Since there is preparation involved for your exams, we will send you a packet containing two Fleet enemas and the instructions, a map to the location, and a letter confirming the day, date, time, and location of your appointment.

We do these exams at three locations:

- Our Northwest Clinic, at Outer Drive and the Southfield Freeway between 6- and 7-Mile roads.
- Our Fairlane location in Dearborn near the Fairlane shopping mall, and
- Our Downriver Clinic, on Allen Road, off of I-75 North.

Which of these would be closest to you?
(AFTER DETERMINING THE NEAREST CLINIC)

Because all of the exams are done in the one visit, it will take approximately an hour and a half to two hours for your appointment. Are mornings or afternoons best for you?

Are you available on (day), (date) at (time) at (clinic)?

(AFTER SCHEDULING THE APPOINTMENT), We will be sending you a letter confirming the day, date, and time of your appointment.

I have your address as (address), (street name), (city), (zip code). Is this correct?

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? Again, these screenings include the PSA test, a chest x-ray, a flexible sigmoidoscopy, and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

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IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is-passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK THE PARTICIPANT WHETHER HE WOULD LIKE YOU TO WALK HIM THROUGH WHAT WILL HAPPEN AT THE CLINIC, FROM THE TIME HE ENTERS THE DOOR: Mr. \_\_\_\_\_, since this is your first time getting these screenings, would you like me to walk you through what will happen when you arrive at the clinic, from the time you first walk through the door?

IF PARTICIPANT SAYS YES, TELL HIM WHAT WILL HAPPEN.

IF PARTICIPANT SAYS NO, GO TO NEXT PART OF THE SCRIPT.

After the exams are done and the results are in, both you and the physician you designated will receive a copy of the results.

Thank you. If there are any questions, either before or after your letter arrives, please don't hesitate to call 313-874-6228, and we'll be looking forward to seeing you on (day), (date) at (time) at our (clinic name).

Mr, when we talked last month, you mentioned that you were concerned about
——. Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.
IF PARTICIPANT WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic.
IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Mr, I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.
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Ale any of these amigs (of other amigs) a concentration you.
WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
Mr, you mentioned There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).
ASK: Mr, did you have any other questions or concerns about something in your own life or the lives of your family or friends?
IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month.
IF SPOUSE/PARTNER IS NOT AVAILABLE, STATE: Please let them know that I called.
IF SPOUSE/PARTNER IS AVAILABLE TO TALK, STATE: Hello, is this Ms.  ? My name is How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung,
talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Ms, when we talked last month, you mentioned that you were concerned about Were you able to find the information

you were looking for? IF SPOUSE/PARTNER WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.

IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic.

IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms.
\_\_\_\_\_\_, I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about \_\_\_\_\_\_. Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.

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Are any of these things (or other things) a concern for you?

WRITE DOWN THE THINGS THE SPOUSE/PARTNER STATES.

DESCRIPTION BY OUR FILES TO HELD THE DEPOSIT WHILE VOIL HAVE
INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE
THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE
NUMBER(S). STATE:
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Do you have any other questions or concerns that you would like to discuss today?
F NOT, STATE: It has been nice talking with you today, Ms If you have any
juestions, please write them down so that we can talk about them next month.
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## SCRIPT FOR A TO MALE

# ANNUAL SCHEDULING CALL WHEN THIS IS THE FIRST CALL EVER MADE WITH THE PARTICIPANT

Hello, is this Mr.	? My name i	S	I'm calling
from the PLCO study at Henry Ford Hospital.	You have bee	en selected to	be in the group
of the study that will receive free cancer scree	ening exams.	I would like	to schedule an
appointment so you can take advantage of them	ı.		or sometime til

With this being your first year in the study, your exams will consist of:

- A blood test
- Chest x-ray
- An exam of the prostate
- And a flexible sigmoidoscopy

Since there is preparation involved for your exams, we will send you a packet containing two Fleet enemas and the instructions, a map to the location, and a letter confirming the day, date, time, and location of your appointment.

We do these exams at three locations:

- Our Northwest Clinic, at Outer Drive and the Southfield Freeway between 6- and 7-Mile roads,
- Our Fairlane location in Dearborn near the Fairlane shopping mall, and
- Our Downriver Clinic, on Allen Road, off of I-75 North.

Which of these would be closest to you? (AFTER DETERMINING THE NEAREST CLINIC)

Because all of the exams are done in the one visit, it will take approximately an hour and a half to two hours for your appointment. Are mornings or afternoons best for you?

Are you available on (day), (date) at (time) at (clinic)?

(AFTER SCHEDULING THE APPOINTMENT), We will be sending you a letter confirming the day, date, and time of your appointment.

I have your address as (address), (street name), (city), (zip code). Is this correct?

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? Again, these screenings include the PSA test, a chest x-ray, a flexible sigmoidoscopy, and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK THE PARTICIPANT WHETHER HE WOULD LIKE YOU TO WALK HIM THROUGH WHAT WILL HAPPEN AT THE CLINIC, FROM THE TIME HE ENTERS THE DOOR: Mr. \_\_\_\_\_, since this is your first time getting these screenings, would you like me to walk you through what will happen when you arrive at the clinic, from the time you first walk through the door?

IF PARTICIPANT SAYS YES, TELL HIM WHAT WILL HAPPEN.

IF PARTICIPANT SAYS NO, GO TO NEXT PART OF THE SCRIPT.

After the exams are done and the results are in, both you and the physician you designated will receive a copy of the results.

Thank you. If there are any questions, either before or after your letter arrives, please don't hesitate to call 313-874-6228, and we'll be looking forward to seeing you on (day). (date) at (time) at our (clinic name).

Mr. \_\_\_\_\_, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I have been assigned to assist you in receiving your screenings. I would like to call you on a monthly basis to serve as a resource person, to help to find answers to your questions about things such as Social Security, Medicare, health issues or other concerns. I could even assist you with questions concerning your friends, children, and grandchildren.

Do you have any questions?

Each call will last at least five minutes. You have the right to end the call at any point. You do not have to be a part of this project. You can decide not to take part at the beginning or you can start and then decide to stop. If you do not participate, you will not be a part of this study. The alternative to not taking part is to not participate in this study.

When I call, if it is close to the time of your annual PLCO screening appointment, I will:

- (1) Schedule the date, time, and location of your next screening appointment and the type of screening you will have next;
- (2) Give you directions to the PLCO screening clinic of your choice;
- (3) Answer your questions about the screening procedures, so that you will know what to expect when you arrive for screening;
- (4) Call you to remind you of your scheduled visit;
- (5) Call you if your appointment is not kept, to help with problems you may have had in keeping the appointment; and
- (6) Help you to find transportation if you need it.

I will make every attempt to provide you with the information or resources that you request.

Information about your participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal data such as name, address, or social security number will be used to identify you once the project has ended. If you have questions about your rights as a research participant you may contact Ms. Julie Washington in the Research Office at Henry Ford Hospital at (313) 916-2024.

Whatever you decide, you will not receive a penalty or loss of benefits of any sort based upon your decision. Your decision will not affect the medical care you receive from your usual source or your status in the PLCO Cancer Screening Trial. Thank you very much for your time. I look forward to talking with you in the future.

Mr, is your spouse/partner available now? I would like to introduce myself to them, so that when I call, they will know who I am. I can also assist your spouse/partner with questions they may have as well.
IF SPOUSE/PARTNER IS NOT AVAILABLE, STATE: Please let them know that I called.
IF SPOUSE/PARTNER IS AVAILABLE, STATE: Hello, Ms? My name is I am a Henry Ford Health System employee working on the Prostate, Lung, Colorectal, and Ovarian Cancer Screening Trial. I would like to call your
(spouse/partner) on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, health issues or other concerns. I could even assist with questions concerning your friends, children, and grandchildren. I would like to let you know that I would like to serve as a resource person for you as well as Mr When I call, if you have questions, please let me know, and I will do my best to find answers and solutions. Please feel free to ask me questions about anything.
All right. Have a nice day. I look forward to talking with you soon.

### SCRIPT FOR A T1 MALE

### INTRODUCTORY TELEPHONE CALL

Hello, is this Mr.	? My nan	ne is As part of a
research project to help Pr	ostate, Lung, Colorectal	and Ovarian (PLCO) Cancer
Screening Trial participants re-	ceive their cancer screening	gs, I have been assigned to assis
you in receiving your screening	gs. I would like to call yo	u on a monthly basis to serve as
a resource person, to help to f	answers to your questi	ons about things such as Socia
Security, Medicare, health is	sues or other concerns.	I could even assist you with
questions concerning your frie	nds, children, and grandchi	ldren.

Do you have any questions?

Each call will last at least five minutes. You have the right to end the call at any point. You do not have to be a part of this project. You can decide not to take part at the beginning or you can start and then decide to stop. If you do not participate, you will not be a part of this study. The alternative to not taking part is to not participate in this study.

When I call, if it is close to the time of your annual PLCO screening appointment, I will:

- (1) Schedule the date, time, and location of your next screening appointment and the type of screening you will have next;
- (2) Give you directions to the PLCO screening clinic of your choice;
- (3) Answer your questions about the screening procedures, so that you will know what to expect when you arrive for screening;
- (4) Call you to remind you of your scheduled visit;
- (5) Call you if your appointment is not kept, to help with problems you may have had in keeping the appointment; and
- (6) Help you to find transportation if you need it.

I will make every attempt to provide you with the information or resources that you request.

Information about your participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal data such as name, address, or social security number will be used to identify you once the project has ended. If you have questions about your rights as a research participant you may contact Ms. Julie Washington in the Research Office at Henry Ford Hospital at (313) 916-2024.

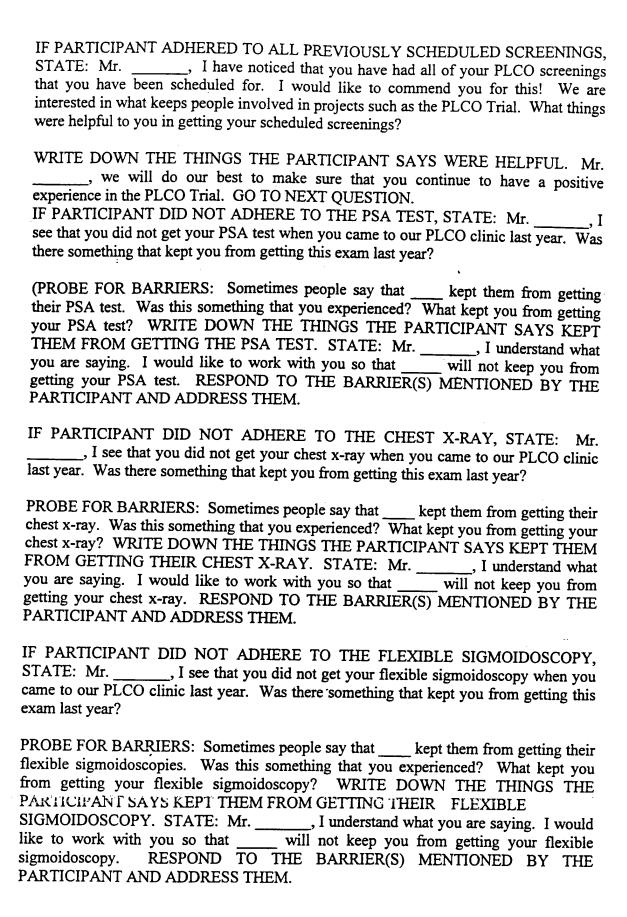
whatever you decide, you will not receive a penalty or loss of benefits of any sort based upon your decision. Your decision will not affect the medical care you receive from your usual source or your status in the PLCO Cancer Screening Trial. Thank you very much for your time. I look forward to talking with you in the future.
Mr, is your spouse/partner available now? I would like to introduce myself to them, so that when I call, they will know who I am. I can also assist your spouse/partner with questions they may have as well.
IF SPOUSE/PARTNER IS NOT AVAILABLE, STATE: Please let them know that I called.
If SPOUSE/PARTNER IS AVAILABLE, STATE: Hello, Ms? My name is I am a Henry Ford Health System employee working on the Prostate, Lung, Colorectal, and Ovarian Cancer Screening Trial. I would like to call your (spouse/partner) on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, health issues or other concerns. I could even assist with questions concerning your friends, children, and grandchildren. I would like to let you know that I would like to serve as a resource person for you as well as Mr When I call, if you have questions, please let me know, and I will do my best to find answers and solutions. Please feel free to ask me questions about anything.

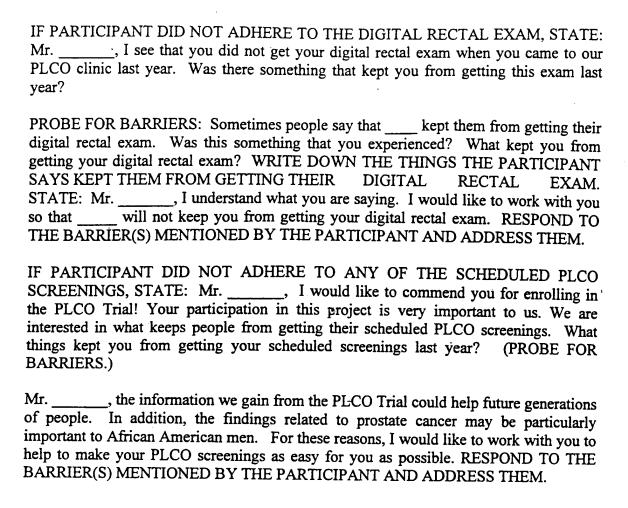
All right. Have a nice day. I look forward to talking with you soon.

# SCRIPT FOR A T1 MALE

## **FIRST MONTH**

Hello, is this Mr. you? When we talked recently, I let y Prostate, Lung, Colorectal and Ovar receive their cancer screenings, I will person, to help to find answers to yo Medicare, or other health issues. I confriends, children, and grandchildren.	you know that, as part of a researian (PLCO) Cancer Screening call you on a monthly basis to sour questions about things such	rch project to hely Trial participant serve as a resource as Social Security
Some of the people I've talked to recer the health of their family members and transportation, chore services for senio family members, finances and financia depression, anger, religion, substance a	I friends, the health care they recors, child care, education of thems Il assistance, food/nutrition, hous	eive, safety, taxes,
Are any of these things (or other things	s) a concern for you?	·
WRITE DOWN THE THINGS TO INFORMATION IN OUR FILES TO THEM ON THE TELEPHONE. GIVEN NUMBER(S). STATE:	O HELP THE PERSON WHI	LE YOU HAVE
Mr, you mentioned I would like to give you the a more information. Do you have a pen WE HAVE AN IDENTIFIED CONTA please ask for Mr./Ms	agency's telephone number so the Pere is the telephone number.	at you can call for
Do you have any other concerns you wo PECIFIC CONCERNS. WRITE TELEPHONE NUMBER OF SOMEO CONCERNS).	THEM DOWN AND TRY	TO FIND THE





Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? These screenings include the PSA test, a chest x-ray, and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them

about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month. IF SPOUSE/PARTNER IS NOT AVAILABLE, STATE: Please let them know that I called. IF SPOUSE/PARTNER IS AVAILABLE, STATE: Hello, is this ? My name is . How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings. I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc. Are any of these things (or other things) a concern for you? WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE: Ms. \_\_\_\_\_, you mentioned \_\_\_\_\_. There is an agency, \_\_\_\_\_, that helps to \_\_\_\_\_. I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: \_\_\_\_\_. IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms. \_\_\_\_\_. Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR WRITE THEM DOWN AND TRY TO FIND THE SPECIFIC CONCERNS. TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS). IF SPOUSE/PARTNER RAISES ANOTHER ISSUE, WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE: While I have you on the telephone, Ms. , let me check my files to find some

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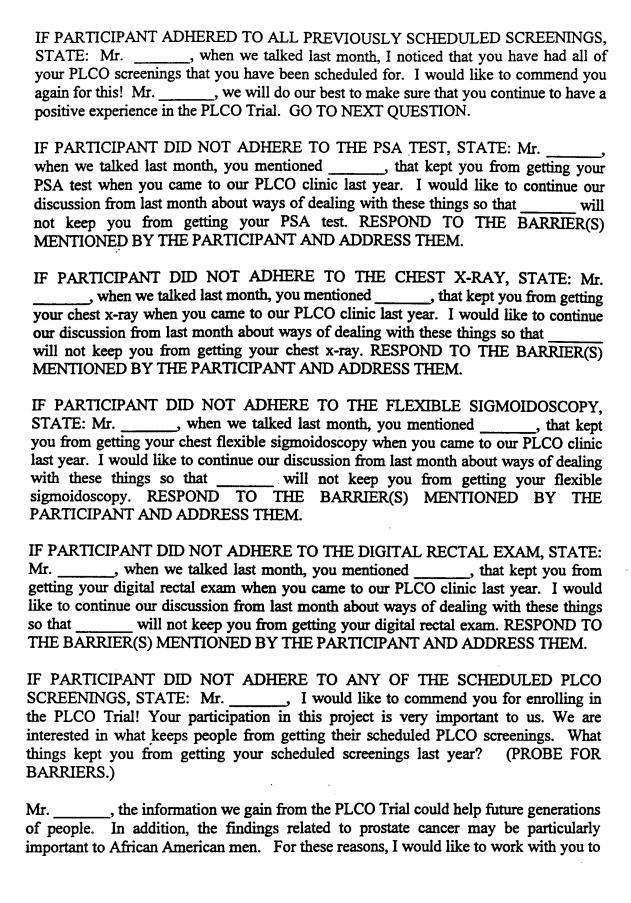
more information. Do you have a pen?	Here is the telephone number	: IF
WE HAVE AN IDENTIFIED CONTACT	AT THE AGENCY, STATE:	When you call.
please ask for Mr./Ms	· · · · · · · · · · · · · · · · · · ·	···,
Do you have any other questions or concer		
IF NOT, STATE: It has been nice talking	with you today, Ms	If you have any
questions, please write them down so that	we can talk about them next mo	nth

# SCRIPT FOR AT1 MALE

### **SECOND MONTH**

Hello, is this Mr.	? ]	My name i	S	. How are
you? When we talked recently, I let you know Prostate, Lung, Colorectal and Ovarian (Preceive their cancer screenings, I will call you person, to help to find answers to your quest Medicare, or other health issues. I could ever	w that LCO) u on a tions a	, as part of Cancer So monthly b about thing	a research creening Tri casis to serves s such as S	project to help ial participants e as a resource locial Security
friends, children, and grandchildren.		i you willi	questions of	onceiming your
Mr, when we talked last month, you were you able to find the in PARTICIPANT WAS ABLE TO FIND THE were able to have your questions answered PART OF SCRIPT.	iforma INFC	ntion you DRMATIO	were look N, STATE:	ing for? IF I'm glad you
IF PARTICIPANT WAS NOT ABLE TO F ADDRESS THEIR CONCERNS, STATE: answered/your concerns were not addressed. answers. While I have you on the telephone, have more information on this topic.	I am I wou	sorry that	your quest assist you in	ions were not finding some
IF YOU DON'T HAVE ANY MORE INFOR—, I will call you back later with addition we talked last month, you also mentioned that you able to find the information you were located TO FIND THE INFORMATION, STATE: questions answered/your concerns addressed.	nal in you v king fo I'm	formation. were concer or? IF PAI glad you	Before we lead about _ RTICIPANT were able	hang up, when Were Γ WAS ABLE to have your
IF PARTICIPANT WAS NOT ABLE TO FADDRESS THEIR CONCERNS, STATE: answered/your concerns were not addressed INFORMATION ON THIS TOPIC, STATE with additional information	I am IF Y Mr.	sorry that OU DON	your questi 'T HAVE	ions were not ANY MORE

WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND
NFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE
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NUMBER(S). STATE:
Mr, you mentioned There is an agency,, that helps to
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nore information. Do you have a pen? Here is the telephone number:
WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call,
please ask for Mr./Ms
•
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR
PECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE
ELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE
ONCERNS)



help to make your PLCO screenings as easy for you as possible. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? These screenings include the PSA test, a chest x-ray, and a digital rectal exam.

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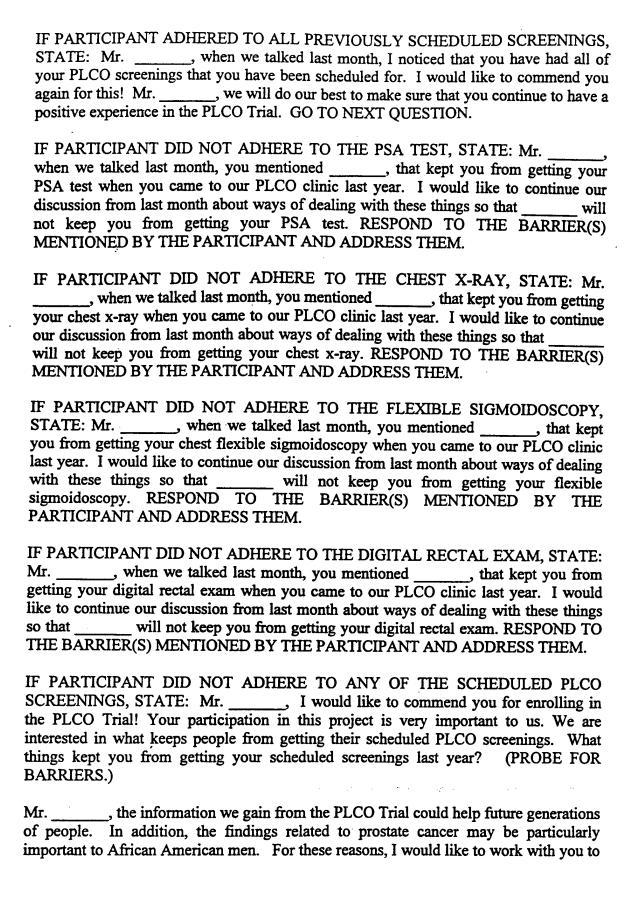
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# **SCRIPT FOR AT1 MALE**

## THIRD MONTH

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- And an exam of the prostate

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Which would be the most convenient for you?

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Which is the best time for you?

(RECORD IN THE NON-SIG SLOT AND ON THE OVERVIEW, PARTICIPANT'S NAME, PHONE # AND PID)

We will send a letter confirming the day, date, time, and the location with a map, and after the exams are done we will send a copy of the results to both you and your physician.

We have your address as <u>(read from the overview)</u>. Is that correct? And is your physician Dr. <u>(from the overview)</u> at <u>(address and city)</u>?

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? Again, these screenings include the PSA test, a chest x-ray, and a digital rectal exam.

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IF PARTICIPANT SAYS YES, TELL HIM WHAT WILL HAPPEN.

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After the exams are done and the results are in, both you and the physician you designated will receive a copy of the results.

Thank you. If there are any questions, either before or after your letter arrives, please don't hesitate to call 313-874-6228, and we'll be looking forward to seeing you on (day), (date) at (time) at our (clinic name).

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#### **SCRIPT FOR A T1 MALE**

# ANNUAL SCHEDULING CALL WHEN THIS IS THE FIRST CALL EVER MADE WITH THE PARTICIPANT

Hello, is this Mr.	_?	My name is _		I'n	a calling
from the PLCO study at Henry Ford Hospital.	. ]	would like to	schedule	this yea	ar's free
cancer screening exams.					

First, have you been diagnosed with cancer of the prostate, lung, colon or rectum? IF NO, CONTINUE. IF YES, CONTINUE BUT DO NOT OFFER OR SCHEDULE AN EXAM OF THAT PLCO ORGAN.

This year, there is no sigmoidoscopy, so no preparation is involved, but you will receive:

- A blood test
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After the exams are done and the results are in, both you and the physician you designated will receive a copy of the results.

Thank you. If there are any questions, either before or after your letter arrives, please don't hesitate to call 313-874-6228, and we'll be looking forward to seeing you on (day), (date) at (time) at our (clinic name).

Mr. \_\_\_\_\_, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I have been assigned to assist you in receiving your screenings. I would like to call you on a monthly basis to serve as a resource person, to help to find answers to your questions about things such as Social Security, Medicare, health issues or other concerns. I could even assist you with questions concerning your friends, children, and grandchildren.

Do you have any questions?

Each call will last at least five minutes. You have the right to end the call at any point. You do not have to be a part of this project. You can decide not to take part at the beginning or you can start and then decide to stop. If you do not participate, you will not be a part of this study. The alternative to not taking part is to not participate in this study.

When I call, if it is close to the time of your annual PLCO screening appointment, I will:

- (1) Schedule the date, time, and location of your next screening appointment and the type of screening you will have next;
- (2) Give you directions to the PLCO screening clinic of your choice;
- (3) Answer your questions about the screening procedures, so that you will know what to expect when you arrive for screening;
- (4) Call you to remind you of your scheduled visit;
- (5) Call you if your appointment is not kept, to help with problems you may have had in keeping the appointment; and
- (6) Help you to find transportation if you need it.

I will make every attempt to provide you with the information or resources that you request.

Information about your participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal data such as name, address, or social security number will be used to identify you once the project has ended. If you have questions about your rights as a research participant you may contact Ms. Julie Washington in the Research Office at Henry Ford Hospital at (313) 916-2024.

Whatever you decide, you will not receive a penalty or loss of benefits of any sort based upon your decision. Your decision will not affect the medical care you receive from your usual source or your status in the PLCO Cancer Screening Trial. Thank you very much for your time. I look forward to talking with you in the future.

Mr, is your spouse/partner available now? I would like to introduce myself to them, so that when I call, they will know who I am. I can also assist your spouse/partner with questions they may have as well.
IF SPOUSE/PARTNER IS NOT AVAILABLE, STATE: Please let them know that I called.
IF SPOUSE/PARTNER IS AVAILABLE, STATE: Hello, Ms? My name is I am a Henry Ford Health System employee working on the Prostate, Lung, Colorectal, and Ovarian Cancer Screening Trial. I would like to call your (spouse/partner) on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, health issues or other concerns. I could even assist with questions concerning your friends, children, and grandchildren. I would like to let you know that I would like to serve as a resource person for you as well as Mr When I call, if you have questions, please let me know, and I will do my best to find answers and solutions. Please feel free to ask me questions about anything.

All right. Have a nice day. I look forward to talking with you soon.

#### **SCRIPT FOR A T2 MALE**

#### INTRODUCTORY TELEPHONE CALL

Hello, is this Mr.	? My name is _	As part of a
research project to help Prostate, Lung,	Colorectal and	Ovarian (PLCO) Cancer
Screening Trial participants receive their can	cer screenings, I ha	eve been assigned to assist
you in receiving your screenings. I would lil	ke to call you on a	monthly basis to serve as
a resource person, to help to find answers to	your questions al	oout things such as Social
Security, Medicare, health issues or other		
questions concerning your friends, children, a	ınd grandchildren.	

Do you have any questions?

Each call will last at least five minutes. You have the right to end the call at any point. You do not have to be a part of this project. You can decide not to take part at the beginning or you can start and then decide to stop. If you do not participate, you will not be a part of this study. The alternative to not taking part is to not participate in this study.

When I call, if it is close to the time of your annual PLCO screening appointment, I will:

- (1) Schedule the date, time, and location of your next screening appointment and the type of screening you will have next;
- (2) Give you directions to the PLCO screening clinic of your choice;
- (3) Answer your questions about the screening procedures, so that you will know what to expect when you arrive for screening;
- (4) Call you to remind you of your scheduled visit;
- (5) Call you if your appointment is not kept, to help with problems you may have had in keeping the appointment; and
- (6) Help you to find transportation if you need it.

I will make every attempt to provide you with the information or resources that you request.

Information about your participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal data such as name, address, or social security number will be used to identify you once the project has ended. If you have questions about your rights as a research participant you may contact Ms. Julie Washington in the Research Office at Henry Ford Hospital at (313) 916-2024.

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Mr, is your spouse/partner available now? I would like to introduce myself to them, so that when I call, they will know who I am. I can also assist your spouse/partner with questions they may have as well.
Hello, Ms? My name is I am a Henry Ford Health System employee working on the Prostate, Lung, Colorectal, and Ovarian Cancer Screening Trial. I would like to call your (spouse/partner) on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, health issues or other concerns. I could even assist with questions concerning your friends, children, and grandchildren. I would like to let you know that I would like to serve as a resource person for you as well as Mr When I call, if you have questions, please let me know, and I will do my best to find answers and solutions. Please feel free to ask me questions about anything.

All right. Have a nice day. I look forward to talking with you soon.

# **SCRIPT FOR A T2 MALE**

### FIRST MONTH

Hello, is this Mr	arian (PLCO) Cancer Screening ll call you on a monthly basis to so our questions about things such a	Trial participants erve as a resource as Social Security,
Some of the people I've talked to rec the health of their family members ar transportation, chore services for sen family members, finances and financ depression, anger, religion, substance	nd friends, the health care they rece iors, child care, education of thems ial assistance, food/nutrition, housi	eive, safety, taxes, elves or their
Are any of these things (or other thin	gs) a concern for you?	
WRITE DOWN THE THINGS INFORMATION IN OUR FILES THEM ON THE TELEPHONE. GIV NUMBER(S). STATE:	TO HELP THE PERSON WHI	LE YOU HAVE
Mr, you mentioned I would like to give you the more information. Do you have a power we have AN IDENTIFIED CONTIPLES CONTIPLES ask for Mr./Ms	e agency's telephone number so the en? Here is the telephone number ACT AT THE AGENCY, STATE	at you can call for er: IF
Do you have any other concerns you SPECIFIC CONCERNS. WRITE FELEPHONE NUMBER OF SOMI CONCERNS).	E THEM DOWN AND TRY	TO FIND THE

STATE: Mr, I have noticed that you have had all of your PLCO screening that you have been scheduled for. I would like to commend you for this! We as interested in what keeps people involved in projects such as the PLCO Trial. What thing were helpful to you in getting your scheduled screenings?
WRITE DOWN THE THINGS THE PARTICIPANT SAYS WERE HELPFUL. M.—, we will do our best to make sure that you continue to have a positive experience in the PLCO Trial. GO TO NEXT QUESTION.
IF PARTICIPANT DID NOT ADHERE TO THE PSA TEST DURING PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, I see that you did not get your PSA test when you came to our PLCO clinic  • last year  • two years ago  • last year and two years ago.
Was there something that kept you from getting this exam  last year  two years ago  last year and two years ago?
PROBE FOR BARRIERS: Sometimes people say that kept them from getting their PSA test. Was this something that you experienced? What kept you from getting you PSA test? WRITE DOWN THE THINGS THE PARTICIPANT SAYS KEPT THEN FROM GETTING THE PSA TEST. STATE: Mr, I understand what you are saying. I would like to work with you so that will not keep you from getting you PSA test. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE CHEST X-RAY DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, I see that you did not get your chest x-ray when you came to our PLCO clinic  • last year  • two years ago  • last year and two years ago.
Was there something that kept you from getting this exam  last year  two years ago  last year and two years ago?
PROBE FOR BARRIERS: Sometimes people say that kept them from getting their chest x-ray. Was this something that you experienced? What kept you from getting you chest x-ray? WRITE DOWN THE THINGS THE PARTICIPANT SAYS KEPT THEM FROM GETTING THEIR CHEST X-RAY. STATE: Mr, I understand what

you are saying. I would like to work with you so that will not keep you from getting your chest x-ray. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE FLEXIBLE SIGMOIDOSCOPY DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr. , I see that you did not get your flexible sigmoidoscopy when you came to our PLCO clinic
<ul> <li>two years ago.</li> <li>Was there something that kept you from getting this exam</li> <li>two years ago?</li> </ul>
PROBE FOR BARRIERS: Sometimes people say that kept them from getting their flexible sigmoidoscopies. Was this something that you experienced? What kept you from getting your flexible sigmoidoscopy? WRITE DOWN THE THINGS THE PARTICIPANT SAYS KEPT THEM FROM GETTING THEIR FLEXIBLE SIGMOIDOSCOPY. STATE: Mr, I understand what you are saying. I would like to work with you so that will not keep you from getting your flexible sigmoidoscopy. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE-DIGITAL RECTAL EXAM DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, I see that you did not get your digital rectal exam when you came to our PLCO clinic  • last year  • two years ago • last year and two years ago.
Was there something that kept you from getting this exam  last year  two years ago  last year and two years ago?
PROBE FOR BARRIERS: Sometimes people say that kept them from getting their digital rectal exam. Was this something that you experienced? What kept you from getting your digital rectal exam? WRITE DOWN THE THINGS THE PARTICIPANT SAYS KEPT THEM FROM GETTING THEIR DIGITAL RECTAL EXAM. STATE: Mr, I understand what you are saying. I would like to work with you so that will not keep you from getting your digital rectal exam. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
F PARTICIPANT DID NOT ADHERE TO ANY OF THE SCHEDULED PLCO SCREENINGS DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, I would like to commend you for enrolling in the PLCO Trial! Your participation in this project is very important to us. We are interested in what keeps

people from getting their scheduled PLCO screenings. What things kept you from getting your scheduled screenings

- last year
- two years ago
- last year and two years ago?

## (PROBE FOR BARRIERS.)

Mr. \_\_\_\_\_, the information we gain from the PLCO Trial could help future generations of people. In addition, the findings related to prostate cancer may be particularly important to African American men. For these reasons, I would like to work with you to help to make your PLCO screenings as easy for you as possible. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive **this year?** These screenings include the PSA test, a chest x-ray, and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize – enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them

about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month.
IF SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms.  ? My name is How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren.
Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc.
Are any of these things (or other things) a concern for you?  WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
Ms, you mentioned There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).
IF SPOUSE/PARTNER RAISES ANOTHER ISSUE, WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:  While I have you on the telephone, Ms, let me check my files to find some information about Here it is. There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr /Ms.

Do you have any other questions or concerns that you would like to discuss today? IF NOT, STATE: It has been nice talking with you today, Ms. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month.

## **SCRIPT FOR AT2 MALE**

# SECOND MONTH

Hello, is this Mryou? When we talked recently, I let you Prostate, Lung, Colorectal and Ovarian receive their cancer screenings, I will call person, to help to find answers to your of Medicare, or other health issues. I could friends, children, and grandchildren.	(PLCO) Cancer Screening on a monthly basis to questions about things suc	ng Trial participants to serve as a resource h as Social Security,
Mr, when we talked last month, Were you able to find the PARTICIPANT WAS ABLE TO FIND of were able to have your questions answe PART OF SCRIPT.	e information you were FHE INFORMATION, ST	looking for? IF ATE: I'm glad you
IF PARTICIPANT WAS NOT ABLE TO ADDRESS THEIR CONCERNS, STAT answered/your concerns were not address answers. While I have you on the telephonave more information on this topic.	<ul><li>E: I am sorry that your ed. I would like to assist</li></ul>	questions were not you in finding some
IF YOU DON'T HAVE ANY MORE INF, I will call you back later with adwe talked last month, you also mentioned you able to find the information you were TO FIND THE INFORMATION, STAT questions answered/your concerns address.	ditional information. Before that you were concerned a looking for? IF PARTIC. TE: I'm glad you were	re we hang up, when about Were IPANT WAS ABLE able to have your
F PARTICIPANT WAS NOT ABLE TO ADDRESS THEIR CONCERNS, STATION IN THE STATE OF THE S	E: I am sorry that your ssed. IF YOU DON'T H	questions were not AVE ANY MORE

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CONCE										

DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mings, when we talked last month, I noticed that you have had all of your PLCO screenings that you have been scheduled for. I would like to commend you again for this! Mr, we will do our best to make sure that you continue to have a positive experience in the PLCO Trial. GO TO NEXT QUESTION.
IF PARTICIPANT DID NOT ADHERE TO THE PSA TEST DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, you mentioned, that kept you from getting your PSA test when you came to our PLCO clinic  • last year  • two years ago  • last year and two years ago.
I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your PSA test. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE CHEST X-RAY DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, you mentioned, that kept you from getting your chest x-ray when you came to our PLCO clinic  • last year  • two years ago  • last year and two years ago.
I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your chest x-ray. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE FLEXIBLE SIGMOIDOSCOPY DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, you mentioned, that kept you from getting your chest flexible sigmoidoscopy when you came to our PLCO clinic  • two years ago.
I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your flexible sigmoidoscopy. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE DIGITAL RECTAL EXAM DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, you mentioned, that kept you from getting your digital rectal exam when you came to our PLCO clinic

- last year
- two years ago
- last year and two years ago.

I would like to continue our discussion from last month about ways of dealing with these things so that \_\_\_\_\_ will not keep you from getting your digital rectal exam. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.

IF PARTICIPANT DID NOT ADHERE TO ANY OF THE SCHEDULED PLCO SCREENINGS DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr. \_\_\_\_\_, I would like to commend you for enrolling in the PLCO Trial! Your participation in this project is very important to us. We are interested in what keeps people from getting their scheduled PLCO screenings. When we talked last month, you mentioned \_\_\_\_\_, that kept you from getting your PLCO screenings when you came to our PLCO clinic

- last year
- two years ago
- last year and two years ago.

Mr. \_\_\_\_\_, the information we gain from the PLCO Trial could help future generations of people. In addition, the findings related to prostate cancer may be particularly important to African American men. For these reasons, I would like to work with you to help to make your PLCO screenings as easy for you as possible. I would like to continue our discussion from last month about ways of dealing with these things so that \_\_\_\_\_ will not keep you from getting your PLCO screenings. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? These screenings include the PSA test, a chest x-ray, and a digital rectal exam.

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IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize – enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them

about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month.								
IF SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms.  ? My name is How are you? When we								
? My name is How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Ms, when we talked last month, you mentioned that you were concerned about Were you able to find the information you were looking for? IF SPOUSE/PARTNER WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.								
IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic.								
IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms, I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.								
IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms, I will call you back later with additional information.								

WRITE DOWN THE THINGS THE SPOUSE/PARTNER STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
Ms, you mentioned There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).
IF SPOUSE/PARTNER RAISES ANOTHER ISSUE, WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:  While I have you on the telephone, Ms, let me check my files to find some information about Here it is. There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF
WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other questions or concerns that you would like to discuss today? IF NOT, STATE: It has been nice talking with you today, Ms If you have any questions, please write them down so that we can talk about them next month.

# **SCRIPT FOR AT2 MALE**

## THIRD MONTH

Hello, is this Mr. you? When we talked recently, I let you kn Prostate, Lung, Colorectal and Ovarian (I receive their cancer screenings, I will call y person, to help to find answers to your que Medicare, or other health issues. I could ev friends, children, and grandchildren.	PLCO) Cancer Screening ou on a monthly basis to sestions about things such a	Trial participants erve as a resource as Social Security,
Mr, when we talked last month, you were you able to find the PARTICIPANT WAS ABLE TO FIND THE were able to have your questions answered PART OF SCRIPT.	information you were lo E INFORMATION, STAT	ooking for? IF I'm glad you
IF PARTICIPANT WAS NOT ABLE TO ADDRESS THEIR CONCERNS, STATE: answered/your concerns were not addressed answers. While I have you on the telephone have more information on this topic.	I am sorry that your qu. I would like to assist you	uestions were not u in finding some
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DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, I noticed that you have had all of your PLCO screenings that you have been scheduled for. I would like to commend you again fo this! Mr, we will do our best to make sure that you continue to have a positive experience in the PLCO Trial. GO TO NEXT QUESTION.
IF PARTICIPANT DID NOT ADHERE TO THE PSA TEST DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, you mentioned, that kept you from getting your PSA test when you came to our PLCO clinic  • last year  • two years ago  • last year and two years ago.
I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your PSA test. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE CHEST X-RAY DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, you mentioned, that kept you from getting your chest x-ray when you came to our PLCO clinic  • last year  • two years ago  • last year and two years ago.
I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your chest x-ray. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE FLEXIBLE SIGMOIDOSCOPY DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, you mentioned, that kept you from getting your chest flexible sigmoidoscopy when you came to our PLCO clinic  • two years ago.
would like to continue our discussion from last month about ways of dealing with these hings so that will not keep you from getting your flexible sigmoidoscopy. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
F PARTICIPANT DID NOT ADHERE TO THE DIGITAL RECTAL EXAM DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we alked last month, you mentioned, that kept you from getting your digital rectal exam when you came to our PLCO clinic

- last year
- · two years ago
- last year and two years ago.

I would like to continue our discussion from last month about ways of dealing with these things so that \_\_\_\_\_ will not keep you from getting your digital rectal exam. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.

IF PARTICIPANT DID NOT ADHERE TO ANY OF THE SCHEDULED PLCO SCREENINGS DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr. \_\_\_\_\_, I would like to commend you for enrolling in the PLCO Trial! Your participation in this project is very important to us. We are interested in what keeps people from getting their scheduled PLCO screenings. When we talked last month, you mentioned \_\_\_\_\_, that kept you from getting your PLCO screenings when you came to our PLCO clinic

- last year
- two years ago
- last year and two years ago.

Mr. \_\_\_\_\_, the information we gain from the PLCO Trial could help future generations of people. In addition, the findings related to prostate cancer may be particularly important to African American men. For these reasons, I would like to work with you to help to make your PLCO screenings as easy for you as possible. I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your PLCO screenings. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? These screenings include the PSA test, a chest x-ray, and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them

about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month.
IF SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms.  ? My name is How are you? When we
talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Ms, when we talked last month, you mentioned that you were concerned about Were you able to find the information you were looking for? IF SPOUSE/PARTNER WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.  IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic.
IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms, I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.
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INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
Ms, you mentioned There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).
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Do you have any other questions or concerns that you would like to discuss today? IF NOT, STATE: It has been nice talking with you today, Ms If you have any questions, please write them down so that we can talk about them next month.

## **SCRIPT FOR AT2 MALE**

## ANNUAL SCHEDULING CALL

Prostate, Lung, Colorectal receive their cancer screenir person, to help to find answ	? My name is How are the thing it is How are the thing is How are
Mr, I would like to	schedule you for this year's free cancer screening exams.
	ted with cancer of the prostate, lung, colon or rectum? ES, CONTINUE BUT DO NOT OFFER OR SCHEDULE O ORGAN.
This year, there is no sigmoi	doscopy, so no preparation is involved, but you will receive:
	<ul> <li>A blood test</li> <li>A Chest x-ray</li> <li>And an exam of the prostate</li> </ul>
Your appointment will take visit.	about an hour and all of the exams will be done in the one
We do these exams at three l	ocations:
	<ul> <li>Our Northwest Clinic, at Outer Drive and the Southfield Freeway between 6- and 7-Mile roads,</li> <li>Our Fairlane location in Dearborn near the Fairlane shopping mall, and</li> <li>Our Downriver Clinic, on Allen Road, off of I-75 North.</li> </ul>
Which would be the most con	nvenient for you?
At the (designated clinic) I he afternoon.	have day, month, and date at time in the morning or time in
Which is the best time for yo	<b>u?</b>
(RECORD IN THE NON-S NAME, PHONE # AND PID	IG SLOT AND ON THE OVERVIEW, PARTICIPANT'S

We will send a letter confirming the day, date, time, and the location with a map, and after the exams are done we will send a copy of the results to both you and your physician.

We have your address as <u>(read from the overview)</u>. Is that correct? And is your physician Dr. <u>(from the overview)</u> at <u>(address and city)</u>?

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? Again, these screenings include the PSA test, a chest x-ray, and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK THE PARTICIPANT WHETHER HE WOULD LIKE YOU TO WALK HIM THROUGH WHAT WILL HAPPEN AT THE CLINIC, FROM THE TIME HE ENTERS THE DOOR: Mr. \_\_\_\_\_, would you like me to walk you through what will happen when you arrive at the clinic, from the time you first walk through the door?

IF PARTICIPANT SAYS YES, TELL HIM WHAT WILL HAPPEN.

## IF PARTICIPANT SAYS NO, GO TO NEXT PART OF THE SCRIPT.

After the exams are done and the results are in, both you and the physician you designated will receive a copy of the results.

Thank you. If there are any questions, either before or after your letter arrives, please don't hesitate to call 313-874-6228, and we'll be looking forward to seeing you on (day), (date) at (time) at our (clinic name).

Mr, when we talked last month, you mentioned that you were concerned abou
. Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you
were able to have your questions answered/your concerns addressed. GO TO NEXT
PART OF SCRIPT.
IF PARTICIPANT WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic.
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Are any of these timigs (or other timigs) a concern for you.
WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
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IF SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms.  ? My name is How are you? When we
talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Ms, when we talked last month, you mentioned that you were concerned about, when we talked last month, you were looking for? IF SPOUSE/PARTNER WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions appropriately concerns addressed. GO TO NEXT PART OF SCRIPT.

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questions, please write them down so that we can talk about them next month.

#### **SCRIPT FOR A T2 MALE**

# ANNUAL SCHEDULING CALL WHEN THIS IS THE FIRST CALL EVER MADE WITH THE PARTICIPANT

Hello, is this Mr.	?	My name is _		I	m c	alling
from the PLCO study at Henry Ford Hospital.	I	would like to	schedule	this	year's	s free
cancer screening exams.						

First, have you been diagnosed with cancer of the prostate, lung, colon or rectum? IF NO, CONTINUE. IF YES, CONTINUE BUT DO NOT OFFER OR SCHEDULE AN EXAM OF THAT PLCO ORGAN.

This year, there is no sigmoidoscopy, so no preparation is involved, but you will receive:

- A blood test
- A Chest x-ray
- And an exam of the prostate

Your appointment will take about an hour and all of the exams will be done in the one visit.

We do these exams at three locations:

- Our Northwest Clinic, at Outer Drive and the Southfield Freeway between 6- and 7-Mile roads,
- Our Fairlane location in Dearborn near the Fairlane shopping mall, and
- Our Downriver Clinic, on Allen Road, off of I-75 North.

Which would be the most convenient for you?

At the (designated clinic) I have day, month, and date at time in the morning or time in the afternoon.

Which is the best time for you?

(RECORD IN THE NON-SIG SLOT AND ON THE OVERVIEW, PARTICIPANT'S NAME, PHONE # AND PID)

We will send a letter confirming the day, date, time, and the location with a map, and after the exams are done we will send a copy of the results to both you and your physician.

We have your address as <u>(read from the overview)</u>. Is that correct? And is your physician Dr. <u>(from the overview)</u> at <u>(address and city)</u>?

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? Again, these screenings include the PSA test, a chest x-ray, and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

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# IF PARTICIPANT SAYS NO, GO TO NEXT PART OF THE SCRIPT.

After the exams are done and the results are in, both you and the physician you designated will receive a copy of the results.

Thank you. If there are any questions, either before or after your letter arrives, please don't hesitate to call 313-874-6228, and we'll be looking forward to seeing you on (day), (date) at (time) at our (clinic name).

Mr. \_\_\_\_\_, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I have been assigned to assist you in receiving your screenings. I would like to call you on a monthly basis to serve as a resource person, to help to find answers to your questions about things such as Social Security, Medicare, health issues or other concerns. I could even assist you with questions concerning your friends, children, and grandchildren.

Do you have any questions?

Each call will last at least five minutes. You have the right to end the call at any point. You do not have to be a part of this project. You can decide not to take part at the beginning or you can start and then decide to stop. If you do not participate, you will not be a part of this study. The alternative to not taking part is to not participate in this study.

When I call, if it is close to the time of your annual PLCO screening appointment, I will:

- (1) Schedule the date, time, and location of your next screening appointment and the type of screening you will have next;
- (2) Give you directions to the PLCO screening clinic of your choice;
- (3) Answer your questions about the screening procedures, so that you will know what to expect when you arrive for screening;
- (4) Call you to remind you of your scheduled visit;
- (5) Call you if your appointment is not kept, to help with problems you may have had in keeping the appointment; and
- (6) Help you to find transportation if you need it.

I will make every attempt to provide you with the information or resources that you request.

Information about your participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal data such as name, address, or social security number will be used to identify you once the project has ended. If you have questions about your rights as a research participant you may contact Ms. Julie Washington in the Research Office at Henry Ford Hospital at (313) 916-2024.

Whatever you decide, you will not receive a penalty or loss of benefits of any sort based upon your decision. Your decision will not affect the medical care you receive from your usual source or your status in the PLCO Cancer Screening Trial. Thank you very much for your time. I look forward to talking with you in the future.

Mr, i	s your spouse	e/partner availab	le now? I wou	ld like to intro	oduce myself to
them, so that w	hen I call, the	ey will know wh	o Iam. Ican a	lso assist yow	r spouse/partner
with questions	they may have	e as well.			
Hello, Ms.	? My	name is	·	I am a Hen	ry Ford Health
System emplo	yee working	on the Prostat	e, Lung, Colo	rectal, and (	Ovarian Cancer
Screening Tria	l. I would like	e to call your (sp	ouse/partner) o	n a monthly b	pasis to serve as
		to find answers			
Security Medi	care health is	ssues or other c	oncerns. I cou	ld even assist	with questions
concerning vol	r friends, chil	ldren, and grand	children. I wou	ıld like to let	you know that I
would like to s	erve as a reso	urce person for	vou as well as	Mr	When I call, if
you have dues	tions nlease	let me know, a	nd I will do r	nv best to fir	nd answers and
solutions. Plea	se feel free to	ask me question	s about anythir	ıg.	

All right. Have a nice day. I look forward to talking with you soon.

#### SCRIPT FOR A T3 MALE

#### INTRODUCTORY TELEPHONE CALL

Hello, is this Mr.	? My name is _	As part of a
research project to help Prostate, Lung,		
Screening Trial participants receive their can		
you in receiving your screenings. I would lil		
a resource person, to help to find answers to		
Security, Medicare, health issues or other	concerns. I cou	ıld even assist you with
questions concerning your friends, children, a	ınd grandchildren.	·

Do you have any questions?

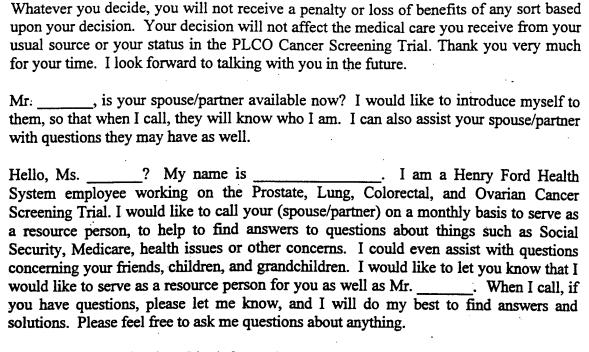
Each call will last at least five minutes. You have the right to end the call at any point. You do not have to be a part of this project. You can decide not to take part at the beginning or you can start and then decide to stop. If you do not participate, you will not be a part of this study. The alternative to not taking part is to not participate in this study.

When I call, if it is close to the time of your annual PLCO screening appointment, I will:

- (1) Schedule the date, time, and location of your next screening appointment and the type of screening you will have next;
- (2) Give you directions to the PLCO screening clinic of your choice;
- (3) Answer your questions about the screening procedures, so that you will know what to expect when you arrive for screening;
- (4) Call you to remind you of your scheduled visit;
- (5) Call you if your appointment is not kept, to help with problems you may have had in keeping the appointment; and
- (6) Help you to find transportation if you need it.

I will make every attempt to provide you with the information or resources that you request.

Information about your participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal data such as name, address, or social security number will be used to identify you once the project has ended. If you have questions about your rights as a research participant you may contact Ms. Julie Washington in the Research Office at Henry Ford Hospital at (313) 916-2024.



All right. Have a nice day. I look forward to talking with you soon.

## **SCRIPT FOR A T3 MALE**

# FIRST MONTH

Hello, is this Mr. you? When we talked recently, I let Prostate, Lung, Colorectal and Ov receive their cancer screenings, I wi person, to help to find answers to y Medicare, or other health issues. I c friends, children, and grandchildren.	t you know that, as part of a reseavarian (PLCO) Cancer Screening ill call you on a monthly basis to your questions about things such could even assist you with question	arch project to help Trial participants serve as a resource as Social Security
Some of the people I've talked to receive the health of their family members at transportation, chore services for sen family members, finances and finance depression, anger, religion, substance	nd friends, the health care they rections, child care, education of them cial assistance, food/nutrition, hous	eive, safety, taxes, selves or their
Are any of these things (or other thin	ngs) a concern for you?	
WRITE DOWN THE THINGS INFORMATION IN OUR FILES THEM ON THE TELEPHONE. GIVNUMBER(S). STATE:	TO HELP THE PERSON WH	ILE YOU HAVE
Mr, you mentioned I would like to give you th more information. Do you have a pwe HAVE AN IDENTIFIED CONT please ask for Mr./Ms	te agency's telephone number so the en? Here is the telephone number ACT AT THE AGENCY, STATION.	nat you can call for per: . IF
Do you have any other concerns you SPECIFIC CONCERNS. WRITE TELEPHONE NUMBER OF SOME CONCERNS.	E THEM DOWN AND TRY	TO FIND THE

IF PARTICIPANT ADHERED TO ALL PREVIOUSLY SCHEDULED SCREENINGS STATE: Mr, I have noticed that you have had all of your PLCO screening that you have been scheduled for. I would like to commend you for this! We are interested in what keeps people involved in projects such as the PLCO Trial. What thing were helpful to you in getting your scheduled screenings?
WRITE DOWN THE THINGS THE PARTICIPANT SAYS WERE HELPFUL. Mr, we will do our best to make sure that you continue to have a positive experience in the PLCO Trial. GO TO NEXT QUESTION.
IF PARTICIPANT DID NOT ADHERE TO THE PSA TEST DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, I see that you did not get your PSA test when you came to our PLCO clinic  • last year  • two years ago
• three years ago
<ul> <li>last year and two years ago</li> <li>last year and three years ago</li> </ul>
<ul> <li>two years ago and three years ago</li> </ul>
<ul> <li>last year, two years ago, and three years ago.</li> </ul>
wast your, two yours ago, and tince years ago.
Was there something that kept you from getting this exam
• last year
two years ago
• three years ago
last year and two years ago
last year and three years ago
two years ago and three years ago
<ul> <li>last year, two years ago, and three years ago?</li> </ul>
the state of the s
(PROBE FOR BARRIERS: Sometimes people say that kept them from getting their PSA test. Was this something that you experienced? What kept you from getting your PSA test? WRITE DOWN THE THINGS THE PARTICIPANT SAYS KEPT THEM FROM GETTING THE PSA TEST. STATE: Mr, I understand what you are saying. I would like to work with you so that will not keep you from getting your PSA test. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE CHEST X-RAY DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, I see that you did not get your chest x-ray when you came to our PLCO clinic  • last year
• two years ago
• three years ago
last year and two years ago
last year and three years ago
range la caracita de caracita

- two years ago and three years ago
- last year, two years ago, and three years ago.

Was there something that kept you from getting this exam

- last year
- two years ago
- three years ago
- last year and two years ago
- last year and three years ago
- two years ago and three years ago

• last year, two years ago, and three years ago?
PROBE FOR BARRIERS: Sometimes people say that kept them from getting their chest x-ray. Was this something that you experienced? What kept you from getting your chest x-ray? WRITE DOWN THE THINGS THE PARTICIPANT SAYS KEPT THEM FROM GETTING THEIR CHEST X-RAY. STATE: Mr, I understand what you are saying. I would like to work with you so that will not keep you from getting your chest x-ray. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE FLEXIBLE SIGMOIDOSCOPY DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr. , I see that you did not get your flexible sigmoidoscopy when you came to our PLCO clinic  • three years ago.
Was there something that kept you from getting this exam  • three years ago?
PROBE FOR BARRIERS: Sometimes people say that kept them from getting their flexible sigmoidoscopies. Was this something that you experienced? What kept you from getting your flexible sigmoidoscopy? WRITE DOWN THE THINGS THE PARTICIPANT SAYS KEPT THEM FROM GETTING THEIR FLEXIBLE SIGMOIDOSCOPY. STATE: Mr, I understand what you are saying. I would like to work with you so that will not keep you from getting your flexible sigmoidoscopy. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE DIGITAL RECTAL EXAM DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, I see that you did not get your digital rectal exam when you came to our PLCO clinic  • last year • two years ago

three years ago

 last year and two years ago last year and three years ago

- two years ago and three years ago
- last year, two years ago, and three years ago.

Was there something that kept you from getting this exam

- last year
- two years ago
- three years ago
- last year and two years ago
- last year and three years ago
- two years ago and three years ago

last year and three years ago two years ago and three years ago

• last year, two years ago, and three years ago?

PROBE FOR BARRIERS: Sometimes people say that kept them from getting their digital rectal exam. Was this something that you experienced? What kept you from getting your digital rectal exam? WRITE DOWN THE THINGS THE PARTICIPANT SAYS KEPT THEM FROM GETTING THEIR DIGITAL RECTAL EXAM. STATE: Mr, I understand what you are saying. I would like to work with you so that will not keep you from getting your digital rectal exam. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO ANY OF THE SCHEDULED PLCO SCREENINGS DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, I would like to commend you for enrolling in the PLCO Trial! Your participation in this project is very important to us. We are interested in what keeps people from getting their scheduled PLCO screenings. What things kept you from getting your scheduled screenings  • last year
• two years ago
• three years ago
<ul> <li>last year and two years ago</li> </ul>

Mr. \_\_\_\_\_\_, the information we gain from the PLCO Trial could help future generations of people. In addition, the findings related to prostate cancer may be particularly important to African American men. For these reasons, I would like to work with you to help to make your PLCO screenings as easy for you as possible. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.

last year, two years ago, and three years ago?

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive **this year**? These screenings include the PSA test, a chest x-ray (for smokers only), and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them

about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month.
IF SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms.  ? My name is How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren.
Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc.
Are any of these things (or other things) a concern for you?
WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
Ms, you mentioned There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).
IF SPOUSE/PARTNER RAISES ANOTHER ISSUE, WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:  While I have you on the telephone, Ms, let me check my files to find some information about Here it is. There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for
more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms

Do you have any other questions or concerns that you would like to discuss today? IF NOT, STATE: It has been nice talking with you today, Ms. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month.

#### **SCRIPT FOR AT3 MALE**

# SECOND MONTH ? My name is Hello, is this Mr. you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call you on a monthly basis to serve as a resource person, to help to find answers to your questions about things such as Social Security. Medicare, or other health issues. I could even assist you with questions concerning your friends, children, and grandchildren. , when we talked last month, you mentioned that you were concerned about Were you able to find the information you were looking for? PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT. IF PARTICIPANT WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Mr. , I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your

questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.

with additional information.

IF PARTICIPANT WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Mr. \_\_\_\_\_, I will call you back later

INFORM THEM O	IATION IN C	E THINGS THE OUR FILES TO PHONE. GIVE T	HELP THE	PERSON W	HILE YOU	HAVE
more info WE HAV	I would like to formation. Do	entionedo give you the agyou have a pen? IFIED CONTAC	ency's telepho Here is the	one number so telephone num	that you car	call for
SPECIFIC	C CONCERNONE NUMBE	oncerns you wou S. WRITE T R OF SOMEON	HEM DOWN	N AND TRY	Y TO FIN	D THE

I would like to continue our discussion from last month about ways of dealing with thes things so that will not keep you from getting your flexible sigmoidoscopy RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT ANI ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE DIGITAL RECTAL EXAM DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, you mentioned, that kept you from getting your digital rectate exam when you came to our PLCO clinic  - last year - two years ago - three years ago - last year and two years ago - last year and three years ago - two years ago and three years ago - last year, two years ago, and three years ago.
I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your digital rectal exam. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO ANY OF THE SCHEDULED PLCO SCREENINGS DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, I would like to commend you for enrolling in the PLCO Trial! Your participation in this project is very important to us. We are interested in what keeps people from getting their scheduled PLCO screenings. When we talked last month, you mentioned, that kept you from getting your PLCO screenings when you came to our PLCO clinic
• last year
two years ago
<ul><li>three years ago</li><li>last year and two years ago</li></ul>
last year and three years ago
two years ago and three years ago
<ul><li>last year, two years ago, and three years ago?</li></ul>
(PROBE FOR BARRIERS.)
Mr, the information we gain from the PLCO Trial could help future generations of people. In addition, the findings related to prostate cancer may be particularly important to African American men. For these reasons, I would like to work with you to help to make your PLCO screenings as easy for you as possible. I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your PLCO screenings. RESPOND TO THE

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? These screenings include the PSA test, a chest x-ray (for smokers only), and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them

lives of their children, family or friends. I will call again next month. SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms. ? My name is \_\_\_\_\_. How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings. I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Ms. \_\_\_\_\_, when we talked last month, you mentioned that you were concerned about \_\_\_\_\_. Were you able to find the information IF SPOUSE/PARTNER WAS ABLE TO FIND THE you were looking for? I'm glad you were able to have your questions INFORMATION, STATE: answered/your concerns addressed. GO TO NEXT PART OF SCRIPT. IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. , I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT. IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. \_\_\_\_\_, I will call you back later with additional information.

about any questions or concerns they may have about something in their own lives or the

STATE: Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc.

Are any of these things (or other things) a concern for you?

INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
Ms, you mentioned There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).
IF SPOUSE/PARTNER RAISES ANOTHER ISSUE, WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:  While I have you on the telephone, Ms, let me check my files to find some information about Here it is. There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other questions or concerns that you would like to discuss today? IF NOT, STATE: It has been nice talking with you today, Ms If you have any questions, please write them down so that we can talk about them next month.

## **SCRIPT FOR AT3 MALE**

## THIRD MONTH

Hello, is this Mr? My name is How are
you? When we talked recently, I let you know that, as part of a research project to help
Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants
receive their cancer screenings, I will call you on a monthly basis to serve as a resource
person, to help to find answers to your questions about things such as Social Security,
Medicare, or other health issues. I could even assist you with questions concerning your
friends, children, and grandchildren.
Mr, when we talked last month, you mentioned that you were concerned about Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.
IF PARTICIPANT WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic.
IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Mr.  , I will call you back later with additional information. Before we hang up, when
we talked last month, you also mentioned that you were concerned about Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE
TO FIND THE INFORMATION, STATE: I'm glad you were able to have your
questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.
IF PARTICIPANT WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO
ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not
answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE
INFORMATION ON THIS TOPIC, STATE: Mr, I will call you back later
with additional information.

STATE: Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc.

Are any of these things (or other things) a concern for you?

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I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your flexible sigmoidoscopy. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE DIGITAL RECTAL EXAM DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, you mentioned, that kept you from getting your digital rectal exam when you came to our PLCO clinic  • last year  • two years ago  • last year and two years ago  • last year and three years ago  • two years ago and three years ago  • last year, two years ago, and three years ago.
I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your digital rectal exam. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO ANY OF THE SCHEDULED PLCO SCREENINGS DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, I would like to commend you for enrolling in the PLCO Trial! Your participation in this project is very important to us. We are interested in what keeps people from getting their scheduled PLCO screenings. When we talked last month, you mentioned, that kept you from getting your PLCO screenings when you came to our PLCO clinic
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<ul> <li>two years ago and three years ago</li> <li>last year, two years ago, and three years ago?</li> </ul>
last year, two years ago, and three years ago:
Mr, the information we gain from the PLCO Trial could help future generations of people. In addition, the findings related to prostate cancer may be particularly important to African American men. For these reasons, I would like to work with you to help to make your PLCO screenings as easy for you as possible. I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your PLCO screenings. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? These screenings include the PSA test, a chest x-ray (for smokers only), and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize – enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been

nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them

about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month.
IF SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms. ? My name is How are you? When we
talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Ms, when we talked last month, you mentioned that you were concerned about Were you able to find the information you were looking for? IF SPOUSE/PARTNER WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.
IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic.
IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms, I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.
IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms, I will call you back later with additional information.

STATE: Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc.

Are any of these things (or other things) a concern for you?

WRITE DOWN THE THINGS THE SPOUSE/PARTNER STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
Ms, you mentioned There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).
IF SPOUSE/PARTNER RAISES ANOTHER ISSUE, WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:  While I have you on the telephone, Ms, let me check my files to find some information about Here it is. There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for
more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other questions or concerns that you would like to discuss today? IF NOT, STATE: It has been nice talking with you today, Ms If you have any questions, please write them down so that we can talk about them next month.

### **SCRIPT FOR AT3 MALE**

#### ANNUAL SCHEDULING CALL

Hello, is this Mr.	? My name is	How are
you? When we talked recently, I let you k	now that, as part of a resea	rch project to help
Prostate, Lung, Colorectal and Ovarian receive their cancer screenings, I will call person, to help to find answers to your quedicare, or other health issues. I could effiends, children, and grandchildren.	you on a monthly basis to suestions about things such	serve as a resource as Social Security,
Mr, I would like to schedule you	for this year's free cancer so	reening exams.
First, have you been diagnosed with cancer IF NO, CONTINUE. IF YES, CONTINUAN EXAM OF THAT PLCO ORGAN.	of the prostate, lung, colon UE BUT DO NOT OFFER	or rectum? OR SCHEDULE

Have you ever smoked cigarettes, cigars or a pipe on a regular basis for six months or longer? IF NO, DO NOT OFFER OR SCHEDULE THE CHEST X-RAY. IF YES, CONTINUE (OFFER AND SCHEDULE THE CHEST X-RAY.)

This year, there is no sigmoidoscopy, so no preparation is involved, but you will receive:

- A blood test
- A Chest x-ray
- And an exam of the prostate

Your appointment will take about an hour and all of the exams will be done in the one visit.

We do these exams at three locations:

- Our Northwest Clinic, at Outer Drive and the Southfield Freeway between 6- and 7-Mile roads,
- Our Fairlane location in Dearborn near the Fairlane shopping mall, and
- Our Downriver Clinic, on Allen Road, off of I-75 North.

Which would be the most convenient for you?

At the (designated clinic) I have day, month, and date at time in the morning or time in the afternoon.

Which is the best time for you?

(RECORD IN THE NON-SIG SLOT AND ON THE OVERVIEW, PARTICIPANT'S NAME, PHONE # AND PID, AND INDICATE WHETHER THE PERSON IS A NON-SMOKER OR A SMOKER.)

We will send a letter confirming the day, date, time, and the location with a map, and after the exams are done we will send a copy of the results to both you and your physician.

We have your address as <u>(read from the overview)</u>. Is that correct? And is your physician Dr. <u>(from the overview)</u> at <u>(address and city)</u>?

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? Again, these screenings include the PSA test, a chest x-ray, and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK THE PARTICIPANT WHETHER HE WOULD LIKE YOU TO WALK HIM THROUGH WHAT WILL HAPPEN AT THE CLINIC, FROM THE TIME HE ENTERS THE DOOR: Mr. \_\_\_\_\_, would you like me to walk you through what will happen when you arrive at the clinic, from the time you first walk through the door?

IF PARTICIPANT SAYS YES, TELL HIM WHAT WILL HAPPEN.

## IF PARTICIPANT SAYS NO, GO TO NEXT PART OF THE SCRIPT.

After the exams are done and the results are in, both you and the physician you designated will receive a copy of the results.

Thank you. If there are any questions, either before or after your letter arrives, please don't hesitate to call 313-874-6228, and we'll be looking forward to seeing you on (day), (date) at (time) at our (clinic name).

Mr, when we talked last month, you mentioned that you were concerned about . Were you able to find the information you were looking for? IF
PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.
IF PARTICIPANT WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic.
IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Mr, I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.
IF PARTICIPANT WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Mr, I will call you back later with additional information.

STATE: Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc.

Are any of these things (or other things) a concern for you?
WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
Mr, you mentioned There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).
ASK: Mr, did you have any other questions or concerns about something in your own life or the lives of your family or friends?
IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month.
F SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms.  ? My name is How are you? When we
calked recently, I let you know that, as part of a research project to help Prostate, Lung Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning triends, children, and grandchildren. Ms, when we talked last month, you mentioned that you were concerned about Were you able to find the information you were looking for? IF SPOUSE/PARTNER WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions appropried your concerns addressed. GO TO NEXT PART OF SCRIPT.

IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic.

IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. \_\_\_\_\_, I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about \_\_\_\_\_. Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.

IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. \_\_\_\_\_, I will call you back later with additional information.

STATE: Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc.

Are any of these things (or other things) a concern for you?

WRITE DOWN THE THINGS THE SPOUSE/PARTNER STATES. TRY TO FIND
INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE
THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE
NUMBER(S). STATE:
Ms, you mentioned There is an agency,, that helps to
. I would like to give you the agency's telephone number so that you can call for
. I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF
WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call,
please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR
SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE
TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE
CONCERNS).
IF SPOUSE/PARTNER RAISES ANOTHER ISSUE, WRITE DOWN THE THINGS
THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP
THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE
PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
While I have you on the telephone, Ms, let me check my files to find some
nformation about Here it is. There is an agency,, that helps to
. I would like to give you the agency's telephone number so that you can call for
nore information. Do you have a pen? Here is the telephone number: IF
WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call,
please ask for Mr./Ms
Do you have any other questions or concerns that you would like to discuss today?
F NOT, STATE: It has been nice talking with you today, Ms If you have any
uestions, please write them down so that we can talk about them next month.

### **SCRIPT FOR A T3 MALE**

# ANNUAL SCHEDULING CALL WHEN THIS IS THE FIRST CALL EVER MADE WITH THE PARTICIPANT

Hello, is this Mr.		? My name is	•	I'm calling
from the PLCO study at Henry Ford Hospit	tal.	I would like to		
cancer screening exams.				

First, have you been diagnosed with cancer of the prostate, lung, colon or rectum? IF NO, CONTINUE. IF YES, CONTINUE BUT DO NOT OFFER OR SCHEDULE AN EXAM OF THAT PLCO ORGAN.

Have you ever smoked cigarettes, cigars or a pipe on a regular basis for six months or longer? IF NO, DO NOT OFFER OR SCHEDULE THE CHEST X-RAY. IF YES, CONTINUE (OFFER AND SCHEDULE THE CHEST X-RAY.)

This year, there is no sigmoidoscopy, so no preparation is involved, but you will receive:

- A blood test
- A Chest x-ray
- And an exam of the prostate

Your appointment will take about an hour and all of the exams will be done in the one visit.

We do these exams at three locations:

- Our Northwest Clinic, at Outer Drive and the Southfield Freeway between 6- and 7-Mile roads,
- Our Fairlane location in Dearborn near the Fairlane shopping mall, and
- Our Downriver Clinic, on Allen Road, off of I-75 North.

Which would be the most convenient for you?

At the (designated clinic) I have day, month, and date at time in the morning or time in the afternoon.

Which is the best time for you?

(RECORD IN THE NON-SIG SLOT AND ON THE OVERVIEW, PARTICIPANT'S NAME, PHONE # AND PID, AND INDICATE WHETHER THE PERSON IS A NON-SMOKER OR A SMOKER.)

We will send a letter confirming the day, date, time, and the location with a map, and after the exams are done we will send a copy of the results to both you and your physician.

We have your address as <u>(read from the overview)</u>. Is that correct? And is your physician Dr. <u>(from the overview)</u> at <u>(address and city)</u>?

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? Again, these screenings include the PSA test, a chest x-ray, and a digital rectal exam.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK THE PARTICIPANT WHETHER HE WOULD LIKE YOU TO WALK HIM THROUGH WHAT WILL HAPPEN AT THE CLINIC, FROM THE TIME HE ENTERS THE DOOR. Mr. \_\_\_\_\_, would you like me to walk you through what will happen when you arrive at the clinic, from the time you first walk through the door?

IF PARTICIPANT SAYS YES, TELL HIM WHAT WILL HAPPEN.

# IF PARTICIPANT SAYS NO, GO TO NEXT PART OF THE SCRIPT.

After the exams are done and the results are in, both you and the physician you designated will receive a copy of the results.

Thank you. If there are any questions, either before or after your letter arrives, please don't hesitate to call 313-874-6228, and we'll be looking forward to seeing you on (day), (date) at (time) at our (clinic name).

Mr. \_\_\_\_\_, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I have been assigned to assist you in receiving your screenings. I would like to call you on a monthly basis to serve as a resource person, to help to find answers to your questions about things such as Social Security, Medicare, health issues or other concerns. I could even assist you with questions concerning your friends, children, and grandchildren.

Do you have any questions?

Each call will last at least five minutes. You have the right to end the call at any point. You do not have to be a part of this project. You can decide not to take part at the beginning or you can start and then decide to stop. If you do not participate, you will not be a part of this study. The alternative to not taking part is to not participate in this study.

When I call, if it is close to the time of your annual PLCO screening appointment, I will:

- (1) Schedule the date, time, and location of your next screening appointment and the type of screening you will have next;
- (2) Give you directions to the PLCO screening clinic of your choice;
- (3) Answer your questions about the screening procedures, so that you will know what to expect when you arrive for screening;
- (4) Call you to remind you of your scheduled visit;
- (5) Call you if your appointment is not kept, to help with problems you may have had in keeping the appointment; and
- (6) Help you to find transportation if you need it.

I will make every attempt to provide you with the information or resources that you request.

Information about your participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal data such as name, address, or social security number will be used to identify you once the project has ended. If you have questions about your rights as a research participant you may contact Ms. Julie Washington in the Research Office at Henry Ford Hospital at (313) 916-2024.

Whatever you decide, you will not receive a penalty or loss of benefits of any sort based upon your decision. Your decision will not affect the medical care you receive from your usual source or your status in the PLCO Cancer Screening Trial. Thank you very much for your time. I look forward to talking with you in the future.

them, so that when I call, they will know who I am. I with questions they may have as well.	can also assist your spouse/partner
Hello, Ms? My name is  System employee working on the Prostate, Lung, Screening Trial. I would like to call your (spouse/part a resource person, to help to find answers to quest Security, Medicare, health issues or other concerns. concerning your friends, children, and grandchildren. would like to serve as a resource person for you as we you have questions, please let me know, and I will solutions. Please feel free to ask me questions about at	Colorectal, and Ovarian Cancer ther) on a monthly basis to serve as stions about things such as Social I could even assist with questions I would like to let you know that I tell as Mr When I call, if I do my best to find answers and

All right. Have a nice day. I look forward to talking with you soon.

### **SCRIPT FOR A T4 MALE**

### INTRODUCTORY TELEPHONE CALL

Hello, is this Mr.		? My name i	s As part of a
research project	to help Prostate, Li	ung, Colorectal and	d Ovarian (PLCO) Cancer
Screening Trial pa	articipants receive their	cancer screenings,	have been assigned to assist
you in receiving y	our screenings. I wou	ald like to call you or	n a monthly basis to serve as
a resource person	, to help to find answe	ers to your questions	about things such as Social
Security, Medica	re, health issues or o	other concerns. I	could even assist you with
• •	ing your friends, child		

Do you have any questions?

Each call will last at least five minutes. You have the right to end the call at any point. You do not have to be a part of this project. You can decide not to take part at the beginning or you can start and then decide to stop. If you do not participate, you will not be a part of this study. The alternative to not taking part is to not participate in this study.

When I call, if it is close to the time of your annual PLCO screening appointment, I will:

- (1) Schedule the date, time, and location of your next screening appointment and the type of screening you will have next;
- (2) Give you directions to the PLCO screening clinic of your choice;
- (3) Answer your questions about the screening procedures, so that you will know what to expect when you arrive for screening;
- (4) Call you to remind you of your scheduled visit;
- (5) Call you if your appointment is not kept, to help with problems you may have had in keeping the appointment; and
- (6) Help you to find transportation if you need it.

I will make every attempt to provide you with the information or resources that you request.

Information about your participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal data such as name, address, or social security number will be used to identify you once the project has ended. If you have questions about your rights as a research participant you may contact Ms. Julie Washington in the Research Office at Henry Ford Hospital at (313) 916-2024.

whatever you decide, you will not receive a penalty or loss of benefits of any sort based upon your decision. Your decision will not affect the medical care you receive from your usual source or your status in the PLCO Cancer Screening Trial. Thank you very much for your time. I look forward to talking with you in the future.
Mr, is your spouse/partner available now? I would like to introduce myself to them, so that when I call, they will know who I am. I can also assist your spouse/partner with questions they may have as well.
Hello, Ms? My name is I am a Henry Ford Health System employee working on the Prostate, Lung, Colorectal, and Ovarian Cancer Screening Trial. I would like to call your (spouse/partner) on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, health issues or other concerns. I could even assist with questions concerning your friends, children, and grandchildren. I would like to let you know that I would like to serve as a resource person for you as well as Mr When I call, if you have questions, please let me know, and I will do my best to find answers and solutions. Please feel free to ask me questions about anything.

All right. Have a nice day. I look forward to talking with you soon.

## **SCRIPT FOR A T4 MALE**

# FIRST MONTH

Hello, is this Mr	arian (PLCO) Cancer Screening l call you on a monthly basis to our questions about things such	g Trial participants serve as a resource as Social Security,
Some of the people I've talked to rece the health of their family members an transportation, chore services for seni- family members, finances and financi depression, anger, religion, substance	d friends, the health care they red ors, child care, education of them al assistance, food/nutrition, hou	ceive, safety, taxes, aselves or their
Are any of these things (or other thing	gs) a concern for you?	
WRITE DOWN THE THINGS INFORMATION IN OUR FILES THEM ON THE TELEPHONE. GIV NUMBER(S). STATE:	TO HELP THE PERSON WH	IILE YOU HAVE
Mr, you mentioned I would like to give you the more information. Do you have a pe WE HAVE AN IDENTIFIED CONT please ask for Mr./Ms	e agency's telephone number so ten? Here is the telephone numeraCTAT THE AGENCY, STAT	that you can call for ber: IF
Do you have any other concerns you verself. CONCERNS. WRITE TELEPHONE NUMBER OF SOME CONCERNS).	THEM DOWN AND TRY	TO FIND THE

IF PARTICIPANT ADHERED TO ALL PREVIOUSLY SCHEDULED SCREENINGS, STATE: Mr. \_\_\_\_\_, I have noticed that you have had all of your PLCO screenings that you have been scheduled for. I would like to commend you for this! We are interested in what keeps people involved in projects such as the PLCO Trial. What things were helpful to you in getting your scheduled screenings?

WRITE DOWN THE THINGS THE PARTICIPANT SAYS WERE HELPFUL. Mr. \_\_\_\_\_, we will do our best to make sure that you continue to have a positive experience in the PLCO Trial. GO TO NEXT QUESTION.

IF PARTICIPANT DID NOT ADHERE TO THE PSA TEST DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr. \_\_\_\_\_, I see that you did not get your PSA test when you came to our PLCO clinic

- last year
- two years ago
- three years ago
- four years ago
- last year, two years ago, and three years ago
- last year, two years ago, and four years ago
- last year, three years ago, and four years ago
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- last year and three years ago
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- last year, two years ago, three years ago, and four years ago
- two years ago, three years ago, and four years ago
- two years ago and three years ago
- two years ago and four years ago
- three years ago and four years ago.

Was there something that kept you from getting this exam

- last year
- two years ago
- three years ago
- four years ago
- last year, two years ago, and three years ago
- last year, two years ago, and four years ago
- last year, three years ago, and four years ago
- last year and two years ago
- last year and three years ago
- last year and four years ago
- last year, two years ago, three years ago, and four years ago
- two years ago, three years ago, and four years ago
- two years ago and three years ago
- two years ago and four years ago
- three years ago and four years ago?

PROBE FOR BARRIERS: Sometimes people say that kept them from getting their PSA test. Was this something that you experienced? What kept you from getting your PSA test? WRITE DOWN THE THINGS THE PARTICIPANT SAYS KEPT THEM FROM GETTING THE PSA TEST. STATE: Mr, I understand what you are saying. I would like to work with you so that will not keep you from getting your PSA test. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE CHEST X-RAY DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, I see that you did not get your chest x-ray when you came to our PLCO clinic  • last year • two years ago
• three years ago
• four years ago
last year, two years ago, and three years ago
• last year, two years ago, and four years ago
<ul> <li>last year, three years ago, and four years ago</li> </ul>
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Was there something that kept you from getting this exam
• last year
two years ago
three years ago
• four years ago
last year, two years ago, and three years ago
<ul> <li>last year, two years ago, and four years ago</li> </ul>
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last year and three years ago
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<ul> <li>last year, two years ago, three years ago, and four years ago</li> </ul>
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<ul> <li>two years ago and three years ago</li> </ul>

PROBE FOR BARRIERS: Sometimes people say that \_\_\_\_ kept them from getting their chest x-ray. Was this something that you experienced? What kept you from getting your

two years ago and four years ago three years ago and four years ago?

chest x-ray? WRITE DOWN THE THINGS THE PARTICIPANT SAYS KEPT THEM FROM GETTING THEIR CHEST X-RAY. STATE: Mr, I understand what you are saying. I would like to work with you so that will not keep you from getting your chest x-ray. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE FLEXIBLE SIGMOIDOSCOPY DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr.  , I see that you did not get your flexible sigmoidoscopy when you came to our PLCO clinic  • four years ago.
Was there something that kept you from getting this exam  • four years ago?
PROBE FOR BARRIERS: Sometimes people say that kept them from getting their flexible sigmoidoscopies. Was this something that you experienced? What kept you from getting your flexible sigmoidoscopy? WRITE DOWN THE THINGS THE PARTICIPANT SAYS KEPT THEM FROM GETTING THEIR FLEXIBLE SIGMOIDOSCOPY. STATE: Mr, I understand what you are saying. I would like to work with you so that will not keep you from getting your flexible sigmoidoscopy. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE DIGITAL RECTAL EXAM DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, I see that you did not get your digital rectal exam when you came to our PLCO clinic    last year
• three years ago and four years ago.

Was there something that kept you from getting this exam

• last year

- two years ago

- three years ago
- four years ago
- last year, two years ago, and three years ago
- last year, two years ago, and four years ago
- last year, three years ago, and four years ago
- last year and two years ago
- last year and three years ago
- last year and four years ago
- last year, two years ago, three years ago, and four years ago
- two years ago, three years ago, and four years ago
- two years ago and three years ago
- two years ago and four years ago
- three years ago and four years ago?

PROBE FOR BARRIERS: Sometimes people say that kept them from getting th	
digital rectal exam. Was this something that you experienced? What kept you from	
getting your digital rectal exam? WRITE DOWN THE THINGS THE PARTICIPAN	
SAYS KEPT THEM FROM GETTING THEIR DIGITAL RECTAL EXAM	
STATE: Mr, I understand what you are saying. I would like to work with y	ou
so that will not keep you from getting your digital rectal exam. RESPOND 7	Ol
THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.	

IF PARTICIPANT DID NOT ADHERE TO ANY OF THE SCHEDULED PLCO SCREENINGS DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr. \_\_\_\_\_, I would like to commend you for enrolling in the PLCO Trial! Your participation in this project is very important to us. We are interested in what keeps people from getting their scheduled PLCO screenings. What things kept you from getting your scheduled screenings

- last year
- two years ago
- three years ago
- four years ago
- last year, two years ago, and three years ago
- last year, two years ago, and four years ago
- last year, three years ago, and four years ago
- last year and two years ago
- last year and three years ago
- last year and four years ago
- last year, two years ago, three years ago, and four years ago
- two years ago, three years ago, and four years ago
- two years ago and three years ago
- two years ago and four years ago
- three years ago and four years ago?

(PROBE FOR BARRIERS.)

Mr. \_\_\_\_\_, the information we gain from the PLCO Trial could help future generations of people. In addition, the findings related to prostate cancer may be particularly important to African American men. For these reasons, I would like to work with you to help to make your PLCO screenings as easy for you as possible. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screening you will receive this year? Again, this screening will consist of the PSA test.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them

about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month.
IF SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms.  ? My name is How are you? When we
? My name is How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren.
Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc.
Are any of these things (or other things) a concern for you?
WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
Ms, you mentioned There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).
IF SPOUSE/PARTNER RAISES ANOTHER ISSUE, WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:  While I have you on the telephone, Ms, let me check my files to find some information about Here it is. There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF
WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms.

Do you have any other questions or concerns that you would like to discuss today? IF NOT, STATE: It has been nice talking with you today, Ms. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month.

# **SCRIPT FOR AT4 MALE**

# **SECOND MONTH**

Hello, is this Mr	you know that, as part of a researian (PLCO) Cancer Screening call you on a monthly basis to our questions about things such	arch project to help Trial participants serve as a resource as Social Security,
Mr, when we talked last move the work when we talked last move able to find PARTICIPANT WAS ABLE TO FIN were able to have your questions and PART OF SCRIPT.	I the information you were ND THE INFORMATION, STA	looking for? IF TE: I'm glad you
IF PARTICIPANT WAS NOT ABLE ADDRESS THEIR CONCERNS, STANSWERE AND ADDRESS THEIR CONCERNS, STANSWERE, While I have you on the telephave more information on this topic.	FATE: I am sorry that your of the seed. I would like to assist you	questions were not ou in finding some
IF YOU DON'T HAVE ANY MORE, I will call you back later wit we talked last month, you also mentic you able to find the information you TO FIND THE INFORMATION, S questions answered/your concerns add	th additional information. Before oned that you were concerned abwere looking for? IF PARTICIPSTATE: I'm glad you were a	we hang up, when yout Were PANT WAS ABLE able to have your
IF PARTICIPANT WAS NOT ABLE ADDRESS THEIR CONCERNS, STANSWERE AND ADDRESS THEIR CONCERNS, STANSWERE ADDRESS TOPIC, with additional information	FATE: I am sorry that your of ddressed. IF YOU DON'T HASTATE: Mr, I will of	questions were not VE ANY MORE

STATE: Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc.

Are any of these things (or other things) a concern for you?

INFORM THEM C	DOWN MATION ON THE T CR(S). ST	IN OUR ELEPHO	FILES 7	TO HE	LP THE	PERSO	N WHIL	E YO	OU F	IAVE
more info	yo. I would cormation. VE AN ID k for Mr./l	like to giv Do you l ENTIFIE	re you the nave a per D CONTA	agency n? He ACT A	's telephore is the	one numb telephone	er so that e number	t you or:	can ca	all for . IF
SPECIFI	ave any of C CONC ONE NU	ERNS.	WRITE	THEM	1 DOW	N AND	TRY 1	O F	ND	THE

IF PARTICIPANT ADHERED TO ALL PREVIOUSLY SCHEDULED SCREENINGS,
DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr.
, when we talked last month, I noticed that you have had all of your PLCO
screenings that you have been scheduled for. I would like to commend you again for
this! Mr, we will do our best to make sure that you continue to have a positive
experience in the PLCO Trial. GO TO NEXT QUESTION.
•
IF PARTICIPANT DID NOT ADHERE TO THE PSA TEST DURING A
PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we
talked last month, you mentioned, that kept you from getting your PSA test
when you came to our PLCO clinic
last year
• two years ago
• three years ago
• four years ago
<ul> <li>last year, two years ago, and three years ago</li> </ul>
<ul> <li>last year, two years ago, and four years ago</li> </ul>
<ul> <li>last year, three years ago, and four years ago</li> </ul>
last year and two years ago
last year and three years ago
last year and four years ago
<ul> <li>last year, two years ago, three years ago, and four years ago</li> </ul>
<ul> <li>two years ago, three years ago, and four years ago</li> </ul>
two years ago and three years ago
two years ago and four years ago
<ul> <li>three years ago and four years ago.</li> </ul>
I would like to continue our discussion from last month about ways of dealing with these
things so that will not keep you from getting your PSA test. RESPOND TO
THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE CHEST X-RAY DURING A
PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr. , when we
talked last month, you mentioned, that kept you from getting your chest x-ray
when you came to our PLCO clinic
last year
two years ago
• three years ago
four years ago
last year, two years ago, and three years ago
last year, two years ago, and four years ago
last year, three years ago, and four years ago
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- imit jour, two jours ago, and of jours ago, and rour jours ago

- two years ago, three years ago, and four years ago
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I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your chest x-ray. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE FLEXIBLE SIGMOIDOSCOPY DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr when we talked last month, you mentioned, that kept you from getting your chest flexible sigmoidoscopy when you came to our PLCO clinic four years ago.
I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your flexible sigmoidoscopy. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE DIGITAL RECTAL EXAM DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, you mentioned, that kept you from getting your digital rectal exam when you came to our PLCO clinic  - last year - two years ago - three years ago - last year, two years ago, and three years ago - last year, two years ago, and four years ago - last year, three years ago, and four years ago - last year and two years ago - last year and three years ago - last year and four years ago - last year, two years ago, three years ago, and four years ago - last year, two years ago, three years ago, and four years ago - two years ago, three years ago, and four years ago - two years ago and three years ago - two years ago and four years ago - two years ago and four years ago
<ul> <li>two years ago and four years ago.</li> </ul>

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IF PARTICIPANT DID NOT ADHERE TO ANY OF THE SCHEDULED PLCC
SCREENINGS DURING A PREVIOUSLY SCHEDULED PLCO SCREENING
STATE: Mr, I would like to commend you for enrolling in the PLCO Trial
Your participation in this project is very important to us. We are interested in what keeps
people from getting their scheduled PLCO screenings. When we talked last month, you
mentioned , that kept you from getting your PLCO screenings when you came to
our PLCO clinic

- last year
- two years ago
- three years ago
- four years ago
- last year, two years ago, and three years ago
- last year, two years ago, and four years ago
- last year, three years ago, and four years ago
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- two years ago, three years ago, and four years ago
- two years ago and three years ago
- two years ago and four years ago
- three years ago and four years ago?

# (PROBE FOR BARRIERS.)

Mr	, the inform	nation we ga	in from th	e PLCO Tr	ial could	help futi	ure gener	ations
of people.	In addition	n, the findi	ngs relate	d to prosta	ate cance	er may	be partic	ularly
important to	African An	nerican men	. For thes	e reasons,	I would l	ike to wo	ork with y	ou to
help to make	your PLC	) screening	s as easy fo	or you as p	ossible. l	would l	ike to cor	ntinue
our discussion	on from last	month abo	ut ways of	dealing w	ith these	things so	o that	
will not ke	ep you fro	om getting	your dig	ital rectal	exam.	RESPO	$\overline{ND}$ $\overline{TO}$	THE
BARRIER(S	) MENTIO	NED BY T	HE PARTI	CIPANT A	ND AD	DRESS 7	ГНЕМ.	
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Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screening you will receive this year? Again, this screening will consist of the PSA test.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

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ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them

lives of their children, family or friends. I will call again next month. SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms. . How are you? When we ? My name is talked recently, I let you know that, as part of a research project to help Prostate, Lung. Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Ms. \_\_\_\_\_, when we talked last month, you mentioned that you were concerned about \_\_\_\_\_. Were you able to find the information IF SPOUSE/PARTNER WAS ABLE TO FIND THE you were looking for? INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT. IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. , I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT. IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. , I will call you back later with additional information.

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Are any of these things (or other things) a concern for you?

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INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE
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NUMBER(S). STATE:
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please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR
SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE
TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE
CONCERNS).
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blease ask for Mr./Ms
AND MULTUI ITALIATAD.
Do you have any other questions or concerns that you would like to discuss today?
F NOT, STATE: It has been nice talking with you today, Ms If you have any
uestions, please write them down so that we can talk about them next month.
· •

# **SCRIPT FOR AT4 MALE**

# THIRD MONTH

	•	
Hello, is this Mryou? When we talked recently, I let Prostate, Lung, Colorectal and Overeceive their cancer screenings, I will person, to help to find answers to Medicare, or other health issues. I defriends, children, and grandchildren.	you know that, as part of a reservarian (PLCO) Cancer Screening (PLCO) Cancer Screening (PLCO) cancer Screening (PLCO) could even assist you with questions about things such could even assist you with questions	earch project to help g Trial participants serve as a resource as Social Security,
Mr, when we talked last no were you able to fin PARTICIPANT WAS ABLE TO For were able to have your questions a PART OF SCRIPT.	nd the information you were IND THE INFORMATION, STA	looking for? IF ATE: I'm glad you
IF PARTICIPANT WAS NOT AB ADDRESS THEIR CONCERNS, S answered/your concerns were not ac answers. While I have you on the te have more information on this topic.	STATE: I am sorry that your ldressed. I would like to assist y lephone, I will check my files ag	questions were not you in finding some
IF YOU DON'T HAVE ANY MOR, I will call you back later w we talked last month, you also ment you able to find the information you TO FIND THE INFORMATION, questions answered/your concerns ad	ith additional information. Before ioned that you were concerned at were looking for? IF PARTICIL STATE: I'm glad you were	e we hang up, when bout Were PANT WAS ABLE able to have your
IF PARTICIPANT WAS NOT ABI ADDRESS THEIR CONCERNS, S answered/your concerns were not a INFORMATION ON THIS TOPIC, with additional information.	STATE: I am sorry that your or addressed. IF YOU DON'T HA	questions were not AVE ANY MORE

STATE: Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc.

Are any of these things (or other things) a concern for you?

INFORM	ATION IN	HE THINGS OUR FILES T	O HELP T	HE PERSON	WHILE Y	YOU HA	VE
THEM O	N THE TEL	EPHONE. GIV	E THE PERS	SON THE REL	EVANT T	ELEPHO	NF
	R(S). STAT						
more inforwed HAV	I would lik rmation. DE AN IDEN	mentionede to give you the o you have a per	agency's telents  ACT AT THE	phone number the telephone	so that you	u can call	for IF
SPECIFIC	CONCER ONE NUMI	r concerns you w RNS. WRITE BER OF SOME	THEM DO	WN AND 1	TRY TO	FIND TI	HE

IF PARTICIPANT ADHERED TO ALL PREVIOUSLY SCHEDULED SCREENINGS
DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: M
, when we talked last month, I noticed that you have had all of your PLC
screenings that you have been scheduled for. I would like to commend you again for
this! Mr, we will do our best to make sure that you continue to have a positive
experience in the PLCO Trial. GO TO NEXT QUESTION.
IF PARTICIPANT DID NOT ADHERE TO THE PSA TEST DURING
PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when w
talked last month, you mentioned, that kept you from getting your PSA tes
when you came to our PLCO clinic
• last year
• two years ago
• three years ago
• four years ago
<ul> <li>last year, two years ago, and three years ago</li> </ul>
<ul> <li>last year, two years ago, and four years ago</li> </ul>
<ul> <li>last year, three years ago, and four years ago</li> </ul>
last year and two years ago
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last year and four years ago
<ul> <li>last year, two years ago, three years ago, and four years ago</li> </ul>
<ul> <li>two years ago, three years ago, and four years ago</li> </ul>
<ul> <li>two years ago and three years ago</li> </ul>
<ul> <li>two years ago and four years ago</li> </ul>
<ul><li>three years ago and four years ago?</li></ul>
would like to continue our discussion from last month about ways of dealing with these
things so that will not keep you from getting your PSA test. RESPOND TO
THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
F PARTICIPANT DID NOT ADHERE TO THE CHEST X-RAY DURING A
PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we
alked last month, you mentioned, that kept you from getting your chest x-ray
when you came to our PLCO clinic
• last year
• two years ago
• three years ago
four years ago
<ul> <li>lást year, two years ago, and three years ago</li> </ul>
<ul> <li>last year, two years ago, and four years ago</li> </ul>
last year, three years ago, and four years ago
last year and two years ago
last year and three years ago
last year and four years ago
<ul> <li>last year, two years ago, three years ago, and four years ago</li> </ul>

- two years ago, three years ago, and four years ago
- two years ago and three years ago
- two years ago and four years ago
- three years ago and four years ago?

I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your chest x-ray. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE FLEXIBLE SIGMOIDOSCOPY DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, you mentioned, that kept you from getting your chest flexible sigmoidoscopy when you came to our PLCO clinic   • four years ago.
I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your flexible sigmoidoscopy. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE DIGITAL RECTAL EXAM DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, you mentioned, that kept you from getting your digital rectal exam when you came to our PLCO clinic  • last year  • two years ago  • three years ago  • last year, two years ago, and three years ago  • last year, two years ago, and four years ago  • last year, three years ago, and four years ago  • last year and two years ago  • last year and three years ago  • last year and four years ago  • last year, two years ago, three years ago, and four years ago  • two years ago, three years ago, and four years ago  • two years ago and three years ago  • two years ago and four years ago  • two years ago and four years ago  • three years ago and four years ago
,

I would like to continue our discussion from last month about ways of dealing with these things so that \_\_\_\_\_ will not keep you from getting your digital rectal exam. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.

IF PARTICIPANT DID NOT ADHERE TO A	ANY OF THE SCHEDULED PLCO
SCREENINGS DURING A PREVIOUSLY S	
STATE: Mr, I would like to commend	
Your participation in this project is very important	
people from getting their scheduled PLCO screen	
mentioned, that kept you from getting yo	ur PLCO screenings when you came to
our PLCO clinic	

- last year
- two years ago
- three years ago
- four years ago
- last year, two years ago, and three years ago
- last year, two years ago, and four years ago
- last year, three years ago, and four years ago
- last year and two years ago
- last year and three years ago
- last year and four years ago
- last year, two years ago, three years ago, and four years ago
- two years ago, three years ago, and four years ago
- two years ago and three years ago
- two years ago and four years ago
- three years ago and four years ago.

Mr, the information we gain from the PLCO Trial could help future gener	ations
of people. In addition, the findings related to prostate cancer may be partic	ularly
important to African American men. For these reasons, I would like to work with	you to
help to make your PLCO screenings as easy for you as possible. I would like to co	ntinue
our discussion from last month about ways of dealing with these things so that	
will not keep you from getting your digital rectal exam. RESPOND TO	THE
BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.	

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screening you will receive this year? Again, this screening will consist of the PSA test.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE. It has been nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them

lives of their children, family or friends. I will call again next month. SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms. ? My name is . How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security. Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Ms. \_\_\_\_\_, when we talked last month, you mentioned that you were concerned about \_\_\_\_\_. Were you able to find the information IF SPOUSE/PARTNER WAS ABLE TO FIND THE you were looking for? INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT. IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC. STATE: Ms. , I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about . Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT. IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. , I will call you back later with additional information.

about any questions or concerns they may have about something in their own lives or the

STATE: Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc.

TRY TO FIND

Are any of these things (or other things) a concern for you?

WRITE DOWN THE THINGS THE SPOUSE/PARTNER STATES.

INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE
THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE
NUMBER(S). STATE:
Ms, you mentioned There is an agency,, that helps to
. I would like to give you the agency's telephone number so that you can call for
more information. Do you have a pen? Here is the telephone number: IF
WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call,
please ask for Mr./Ms
picase ask to tvit./1vis
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR
SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE
TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE
CONCERNS).
CONCERNS).
IF SPOUSE/PARTNER RAISES ANOTHER ISSUE, WRITE DOWN THE THINGS
THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP
THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE
PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
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information about Here it is. There is an agency,, that helps to
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more information. Do you have a pen? Here is the telephone number: IF
WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call,
please ask for Mr./Ms
Do you have any other questions or concerns that you would like to discuss today?
F NOT, STATE: It has been nice talking with you today, Ms If you have any
questions, please write them down so that we can talk about them next month.

### **SCRIPT FOR AT4 MALE**

## ANNUAL SCHEDULING CALL

Hello, is this Mr	now that, as part of a researd (PLCO) Cancer Screening you on a monthly basis to selections about things such as	ch project to help Trial participants erve as a resource s Social Security,
Mr, I would like to schedule you	for this year's free cancer scr	eening exam.
First, I would like to ask Have you bee	en diagnosed with cancer of t	he prostate, lung,
IF NO, CONTINUE. IF YES, CONTIN OVERVIEW AND ON THE SCHEDULE.		ONSE ON THE
This year we would like to schedule you hould be approximately 15 minutes.	for a blood test only, and	the appointment

We do these exams at three locations:

- Our Northwest Clinic, at Outer Drive and the Southfield Freeway between 6- and 7-Mile roads,
- Our Fairlane location in Dearborn near the Fairlane shopping mall, and
- Our Downriver Clinic, on Allen Road, off of I-75 North.

Which would be the most convenient for you?

At the (designated clinic) I have day, month, and date at time in the morning or time in the afternoon.

Which is the best time for you?

(RECORD IN THE BLOOD AND X-RAY ONLY SLOT, ON THE OVERVIEW, PARTICIPANTS NAME, PHONE # AND PID #.)

We will send a letter confirming the day, date, time, and the location with a map . . .

IF NO PROSTATE OR IF CANCER IS REPORTED OF THE PROSTATE - NO RESULTS ARE MAILED... SKIP TO ADDRESS INFORMATION.

... and after the exam is done we will send a copy of the results to both you and your physician. We have your physician as Dr. (<u>from the overview</u>) at (<u>address and city</u>). Is that correct?

We have your address as (read from the overview). Is that correct?

Mr. \_\_\_\_\_, do you have any questions about the PLCO screening you will receive this year? Again, this screening will consist of the PSA test.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize – enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK THE PARTICIPANT WHETHER HE WOULD LIKE YOU TO WALK HIM THROUGH WHAT WILL HAPPEN AT THE CLINIC, FROM THE TIME HE ENTERS THE DOOR: Mr. \_\_\_\_\_, would you like me to walk you through what will happen when you arrive at the clinic, from the time you first walk through the door?

IF PARTICIPANT SAYS YES, TELL HIM WHAT WILL HAPPEN.

IF PARTICIPANT SAYS NO, GO TO NEXT PART OF THE SCRIPT.

After the exams are done and the results are in, both you and the physician you designated will receive a copy of the results.

Thank you, and if there are any questions, either before or after your letter arrives, please don't hesitate to call 313-874-6228, and we'll be looking forward to seeing you on (day), (date) at (time) at our (clinic name).

Mr, when we talked last month, you mentioned that you were concerned about Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.
IF PARTICIPANT WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic.
IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Mr, I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.
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STATE: Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc.

Are any of these things (or other things) a concern for you?

Are any of these things (or other things) a concern for you?
WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
Mr, you mentioned There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).
ASK: Mr, did you have any other questions or concerns about something in your own life or the lives of your family or friends?
IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month.
IF SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms.  ———————————————————————————————————

IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic.

IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. \_\_\_\_\_, I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about \_\_\_\_\_. Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.

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STATE: Some of the people I've talked to recently have mentioned concerns about their health or the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their family members, finances and financial assistance, food/nutrition, housing, legal aid, depression, anger, religion, substance abuse, transportation, etc.

Are any of these things (or other things) a concern for you?

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Do you have any other questions or concerns that you would like to discuss today? IF NOT, STATE: It has been nice talking with you today, Ms If you have any questions, please write them down so that we can talk about them next month.

#### SCRIPT FOR A T4 MALE

# ANNUAL SCHEDULING CALL WHEN THIS IS THE FIRST CALL EVER MADE WITH THE PARTICIPANT

Hello, is this Mr.	_? My name is	I'm calling
from the PLCO study at Henry Ford Hospital.	. I would like to schedule ti	his year's free
cancer screening exams.		

First, I would like to ask . . . Have you been diagnosed with cancer of the prostate, lung, colon or rectum?

IF NO, CONTINUE. IF YES, CONTINUE AND RECORD RESPONSE ON THE OVERVIEW AND ON THE SCHEDULE.

This year we would like to schedule you for a blood test only, and the appointment should be approximately 15 minutes.

We do these exams at three locations:

- Our Northwest Clinic, at Outer Drive and the Southfield Freeway between 6- and 7-Mile roads,
- Our Fairlane location in Dearborn near the Fairlane shopping mall, and
- Our Downriver Clinic, on Allen Road, off of I-75 North.

Which would be the most convenient for you?

At the (designated clinic) I have day, month, and date at time in the morning or time in the afternoon.

Which is the best time for you?

(RECORD IN THE BLOOD AND X-RAY ONLY SLOT, ON THE OVERVIEW, PARTICIPANTS NAME, PHONE # AND PID #.)

We will send a letter confirming the day, date, time, and the location with a map . . .

IF NO PROSTATE OR IF CANCER IS REPORTED OF THE PROSTATE - NO RESULTS ARE MAILED... SKIP TO ADDRESS INFORMATION.

... and after the exam is done we will send a copy of the results to both you and your physician. We have your physician as Dr. (<u>from the overview</u>) at (<u>address and city</u>). Is that correct?

We have your address as (read from the overview). Is that correct?

Mr. \_\_\_\_\_, do you have any questions about the PLCO screening you will receive this year? Again, this screening will consist of the PSA test.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

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IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize – enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK THE PARTICIPANT WHETHER HE WOULD LIKE YOU TO WALK HIM THROUGH WHAT WILL HAPPEN AT THE CLINIC, FROM THE TIME HE ENTERS THE DOOR: Mr. \_\_\_\_, would you like me to walk you through what will happen when you arrive at the clinic, from the time you first walk through the door?

IF PARTICIPANT SAYS YES, TELL HIM WHAT WILL HAPPEN.

IF PARTICIPANT SAYS NO, GO TO NEXT PART OF THE SCRIPT.

After the exams are done and the results are in, both you and the physician you designated will receive a copy of the results.

Thank you, and if there are any questions, either before or after your letter arrives, please don't hesitate to call 313-874-6228, and we'll be looking forward to seeing you on (day), (date) at (time) at our (clinic name).

Mr. \_\_\_\_\_, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I have been assigned to assist you in receiving your screenings. I would like to call you on a monthly basis to serve as a resource person, to help to find answers to your questions about things such as Social Security, Medicare, health issues or other concerns. I could even assist you with questions concerning your friends, children, and grandchildren.

Do you have any questions?

Each call will last at least five minutes. You have the right to end the call at any point. You do not have to be a part of this project. You can decide not to take part at the beginning or you can start and then decide to stop. If you do not participate, you will not be a part of this study. The alternative to not taking part is to not participate in this study.

When I call, if it is close to the time of your annual PLCO screening appointment, I will:

- (1) Schedule the date, time, and location of your next screening appointment and the type of screening you will have next;
- (2) Give you directions to the PLCO screening clinic of your choice;
- (3) Answer your questions about the screening procedures, so that you will know what to expect when you arrive for screening;
- (4) Call you to remind you of your scheduled visit;
- (5) Call you if your appointment is not kept, to help with problems you may have had in keeping the appointment; and
- (6) Help you to find transportation if you need it.

I will make every attempt to provide you with the information or resources that you request.

Information about your participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal data such as name, address, or social security number will be used to identify you once the project has ended. If you have questions about your rights as a research participant you may contact Ms. Julie Washington in the Research Office at Henry Ford Hospital at (313) 916-2024.

Whatever you decide, you will not receive a penalty or loss of benefits of any sort based upon your decision. Your decision will not affect the medical care you receive from your usual source or your status in the PLCO Cancer Screening Trial. Thank you very much for your time. I look forward to talking with you in the future.

them, so that when I call, they will know who I am. I can also assist your spouse/partner	er
with questions they may have as well.	
Hello, Ms? My name is I am a Henry Ford Health System employee working on the Prostate, Lung, Colorectal, and Ovarian Cancer Screening Trial. I would like to call your (spouse/partner) on a monthly basis to serve a resource person, to help to find answers to questions about things such as Social Security, Medicare, health issues or other concerns. I could even assist with question concerning your friends, children, and grandchildren. I would like to let you know that would like to serve as a resource person for you as well as Mr When I call, you have questions, please let me know, and I will do my best to find answers an solutions. Please feel free to ask me questions about anything.	er as al as I if

All right. Have a nice day. I look forward to talking with you soon.

## **SCRIPT FOR A T5 MALE**

#### INTRODUCTORY TELEPHONE CALL

Hello, is this Mr.		? My nam	ne is	As part of a
research project to help	Prostate, Lung,	Colorectal	and Ovarian	(PLCO) Cancer
Screening Trial participants	receive their can	cer screening	s, I have been	assigned to assist
you in receiving your scree	nings. I would lil	ke to call you	on a monthly	basis to serve as
a resource person, to help	to find answers to	your question	ons about thin	gs such as Social
Security, Medicare, health				assist you with
questions concerning your	friends, children, a	ınd grandchil	dren.	

Do you have any questions?

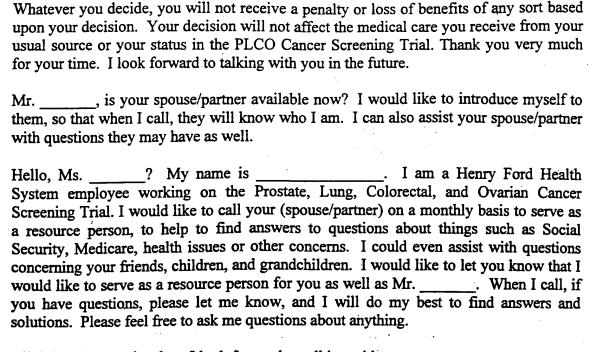
Each call will last at least five minutes. You have the right to end the call at any point. You do not have to be a part of this project. You can decide not to take part at the beginning or you can start and then decide to stop. If you do not participate, you will not be a part of this study. The alternative to not taking part is to not participate in this study.

When I call, if it is close to the time of your annual PLCO screening appointment, I will:

- (1) Schedule the date, time, and location of your next screening appointment and the type of screening you will have next;
- (2) Give you directions to the PLCO screening clinic of your choice;
- (3) Answer your questions about the screening procedures, so that you will know what to expect when you arrive for screening;
- (4) Call you to remind you of your scheduled visit;
- (5) Call you if your appointment is not kept, to help with problems you may have had in keeping the appointment; and
- (6) Help you to find transportation if you need it.

I will make every attempt to provide you with the information or resources that you request.

Information about your participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal data such as name, address, or social security number will be used to identify you once the project has ended. If you have questions about your rights as a research participant you may contact Ms. Julie Washington in the Research Office at Henry Ford Hospital at (313) 916-2024.



## **SCRIPT FOR A T5 MALE**

# **FIRST MONTH**

Hello, is this Mr	ian (PLCO) Cancer Screening call you on a monthly basis to sur questions about things such	Trial participants serve as a resource as Social Security,
Some of the people I've talked to recent the health of their family members and transportation, chore services for senior family members, finances and financial depression, anger, religion, substance a	friends, the health care they recors, child care, education of themal assistance, food/nutrition, hous	eive, safety, taxes, selves or their
Are any of these things (or other things	) a concern for you?	
WRITE DOWN THE THINGS TO INFORMATION IN OUR FILES TO THEM ON THE TELEPHONE. GIVENUMBER(S). STATE:	O HELP THE PERSON WH	ILE YOU HAVE
Mr, you mentioned I would like to give you the a more information. Do you have a pen WE HAVE AN IDENTIFIED CONTA please ask for Mr./Ms	<ul><li>i? Here is the telephone number</li><li>i.CT AT THE AGENCY, STAT</li></ul>	per: IF
Do you have any other concerns you we SPECIFIC CONCERNS. WRITE TELEPHONE NUMBER OF SOMEO CONCERNS).	THEM DOWN AND TRY	TO FIND THE

IF PARTICIPANT ADHERED TO ALL PREVIOUSLY SCHEDULED SCREENINGS, STATE: Mr. \_\_\_\_\_, I have noticed that you have had all of your PLCO screenings that you have been scheduled for. I would like to commend you for this! We are interested in what keeps people involved in projects such as the PLCO Trial. What things were helpful to you in getting your scheduled screenings?

WRITE DOWN THE THINGS THE PARTICIPANT SAYS WERE HELPFUL. Mr. \_\_\_\_\_, we will do our best to make sure that you continue to have a positive experience in the PLCO Trial. GO TO NEXT QUESTION.

IF PARTICIPANT DID NOT ADHERE TO THE PSA TEST DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr. \_\_\_\_\_, I see that you did not get your PSA test when you came to our PLCO clinic

- last year
- two years ago
- three years ago
- four years ago
- five years ago
- last year, two years ago, three years ago, four years ago, and five years ago
- last year, three years ago, four years ago, and five years ago
- last year, two years ago, three years ago, and four years ago
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- last year, three years ago, and five years ago
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- last year, two years ago, and three years ago
- last year, two years ago, and four years ago
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- two years ago and three years ago
- two years ago, four years ago, and five years ago
- two years ago and four years ago
- two years ago and five years ago
- three years ago, four years ago, and five years ago
- three years ago and four years ago
- three years ago and five years ago
- four years ago and five years ago.

Was there something that kept you from getting this exam

- last year
- two years ago
- three years ago
- four years ago
- five years ago
- last year, two years ago, three years ago, four years ago, and five years ago
- last year, three years ago, four years ago, and five years ago
- · last year, two years ago, three years ago, and four years ago
- last year, two years ago, and five years ago
- · last year, two years ago, four years ago, and five years ago
- last year, three years ago, and five years ago
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- two years ago and four years ago
- two years ago and five years ago
- three years ago, four years ago, and five years ago
- three years ago and four years ago
- three years ago and five years ago
- four years ago and five years ago?

(PROBE FOR BARRIERS: Sometimes people say that kept them from getting
their PSA test. Was this something that you experienced? What kept you from getting
your PSA test? WRITE DOWN THE THINGS THE PARTICIPANT SAYS KEPT
THEM FROM GETTING THE PSA TEST. STATE: Mr, I understand wha
you are saying. I would like to work with you so that will not keep you from
getting your PSA test. RESPOND TO THE BARRIER(S) MENTIONED BY THE
PARTICIPANT AND ADDRESS THEM.
TO DEPOSIT OF DID NOT ADJUDE TO THE OUTER WOAR DIDDIG
IF PARTICIPANT DID NOT ADHERE TO THE CHEST X-RAY DURING A
PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, I see that
you did not get your chest x-ray when you came to our PLCO clinic

- last year
- two years ago
- three years ago
- four years ago
- five years ago
- last year, two years ago, three years ago, four years ago, and five years ago
- last year, three years ago, four years ago, and five years ago
- last year, two years ago, three years ago, and four years ago
- last year, two years ago, and five years ago
- last year, two years ago, four years ago, and five years ago
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- three years ago, four years ago, and five years ago
- three years ago and four years ago
- three years ago and five years ago
- four years ago and five years ago.

## Was there something that kept you from getting this exam

- last year
- two years ago
- three years ago
- four years ago
- five years ago
- last year, two years ago, three years ago, four years ago, and five years ago
- last year, three years ago, four years ago, and five years ago
- last year, two years ago, three years ago, and four years ago
- last year, two years ago, and five years ago
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- two years ago, four years ago, and five years ago
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- two years ago and five years ago
- · three years ago, four years ago, and five years ago
- three years ago and four years ago
- three years ago and five years ago
- four years ago and five years ago?

PROBE FOR BARRIERS: Sometimes people say that kept them from getting their
chest x-ray. Was this something that you experienced? What kept you from getting your
chest x-ray? WRITE DOWN THE THINGS THE PARTICIPANT SAYS KEPT THEM
FROM GETTING THEIR CHEST X-RAY. STATE: Mr, I understand what
you are saying. I would like to work with you so that will not keep you from
getting your chest x-ray. RESPOND TO THE BARRIER(S) MENTIONED BY THE
PARTICIPANT AND ADDRESS THEM.
TARTICH ANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE FLEXIBLE SIGMOIDOSCOPY
DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr.
, I see that you did not get your flexible sigmoidoscopy when you came to our
PLCO clinic
• five years ago.
Was there comething that hard you from patting this area.
Was there something that kept you from getting this exam
• five years ago?
PROBE FOR BARRIERS: Sometimes people say that kept them from getting their
flexible sigmoidoscopies. Was this something that you experienced? What kept you
from getting your flexible sigmoidoscopy? WRITE DOWN THE THINGS THE
PARTICIPANT SAYS KELT THEM FROM GETTING THEIR FLEXIBLE
SIGMOIDOSCOPY. STATE: Mr, I understand what you are saying. I would
like to work with you so that will not keep you from getting your flexible
sigmoidoscopy. RESPOND TO THE BARRIER(S) MENTIONED BY THE
PARTICIPANT AND ADDRESS THEM.

IF PARTICIPANT DID NOT ADHERE TO THE DIGITAL RECTAL EXAM DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr. \_\_\_\_\_, I see that you did not get your digital rectal exam when you came to our PLCO clinic

- two years ago
- three years ago
- four years ago
- five years ago
- two years ago, three years ago, four years ago, and five years ago
- two years ago, four years ago, and five years ago
- two years ago, three years ago, and four years ago
- two years ago, three years ago, and five years ago
- two years ago and three years ago
- two years ago and four years ago
- two years ago and five years ago
- three years ago, four years ago, and five years ago
- three years ago and five years ago
- three years ago and four years ago
- four years ago and five years ago.

## Was there something that kept you from getting this exam

- two years ago
- three years ago
- four years ago
- five years ago
- two years ago, three years ago, four years ago, and five years ago
- two years ago, four years ago, and five years ago
- two years ago, three years ago, and four years ago
- two years ago, three years ago, and five years ago
- two years ago and three years ago
- two years ago and four years ago
- two years ago and five years ago
- three years ago, four years ago, and five years ago
- three years ago and five years ago
- three years ago and four years ago
- four years ago and five years ago?

PROBE FOR B	ARRIERS: Some	etimes people say	that kept	them from ge	tting their
digital rectal ex	cam. Was this se	omething that you	u experienced?	What kept	you from
	gital rectal exam?				
	HEM FROM GET				
STATE: Mr	, I understa	and what you are	saying. I would	d like to work	with you
	vill not keep you				
THE BARRIER	(S) MENTIONEI	DBY THE PART	ICIPANT AND	ADDRESS '	THEM.

IF PARTICIPANT DID NOT ADHERE TO ANY OF THE SCHEDULED PLCO SCREENINGS DURING A PREVIOUSLY SCHEDULED PLCO SCREENING.

STATE: Mr. \_\_\_\_\_, I would like to commend you for enrolling in the PLCO Trial! Your participation in this project is very important to us. We are interested in what keeps people from getting their scheduled PLCO screenings. What things kept you from getting your scheduled screenings

- last year
- two years ago
- three years ago
- four years ago
- five years ago
- last year, two years ago, three years ago, four years ago, and five years
- last year, three years ago, four years ago, and five years ago
- last year, two years ago, three years ago, and four years ago
- last year, two years ago, and five years ago
- last year, two years ago, four years ago, and five years ago
- last year, three years ago, and five years ago
- last year, two years ago, three years ago, and five years ago
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- two years ago, four years ago, and five years ago
- two years ago and four years ago
- two years ago and five years ago
- three years ago, four years ago, and five years ago
- three years ago and four years ago
- three years ago and five years ago
- four years ago and five years ago?

#### (PROBE FOR BARRIERS)

Mr. \_\_\_\_\_, the information we gain from the PLCO Trial could help future generations of people. In addition, the findings related to prostate cancer may be particularly important to African American men. For these reasons, I would like to work with you to help to make your PLCO screenings as easy for you as possible. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.

Mr. \_\_\_\_\_, do you have any questions about any of the PLCO screenings you will receive this year? Again, these screenings will consist of the PSA test and a flexible sigmoidoscopy.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them

about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month.
IF SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms. ? My name is . How are you? When we
? My name is How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung,
Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer
screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security,
Medicare, or other health issues. I could even assist you with questions concerning
friends, children, and grandchildren.
Some of the people I've talked to recently have mentioned concerns about their health or
the health of their family members and friends, the health care they receive, safety, taxes, transportation, chore services for seniors, child care, education of themselves or their
family members, finances and financial assistance, food/nutrition, housing, legal aid,
depression, anger, religion, substance abuse, transportation, etc.
Are any of these things (or other things) a concern for you?
WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND
INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE
THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE
NUMBER(S). STATE:
Ms, you mentioned There is an agency,, that helps to
I would like to give you the agency's telephone number so that you can call for
more information. Do you have a pen? Here is the telephone number: IF
WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
produce dark for Iviliavia.
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR
SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE
TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).
CONCERTO).
IF SPOUSE/PARTNER RAISES ANOTHER ISSUE, WRITE DOWN THE THINGS
THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP
THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
While I have you on the telephone, Ms, let me check my files to find some
information about . Here it is. There is an agency that helps to
. I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF
more information. Do you have a pen? Here is the telephone number: IF
WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call,

Do you have any other questions or concerns that you would like to discuss today? IF NOT, STATE: It has been nice talking with you today, Ms. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month.

# **SCRIPT FOR AT5 MALE**

## **SECOND MONTH**

Hello, is this Mr. you? When we talked recently, I let ? Prostate, Lung, Colorectal and Ova receive their cancer screenings, I will person, to help to find answers to yo Medicare, or other health issues. I co friends, children, and grandchildren.	you know that, as part of a re trian (PLCO) Cancer Screenial call you on a monthly basis to our questions about things such	search project to help ing Trial participants to serve as a resource th as Social Security.
Mr, when we talked last mo Were you able to find PARTICIPANT WAS ABLE TO FIN were able to have your questions an PART OF SCRIPT.	the information you were ND THE INFORMATION, ST	e looking for? IF TATE: I'm glad vou
IF PARTICIPANT WAS NOT ABLE ADDRESS THEIR CONCERNS, ST answered/your concerns were not add answers. While I have you on the telephave more information on this topic.	IATE: I am sorry that your lressed. I would like to assist	r questions were not you in finding some
IF YOU DON'T HAVE ANY MORE, I will call you back later with we talked last month, you also mention you able to find the information you we TO FIND THE INFORMATION, Sequestions answered/your concerns add	h additional information. Before that you were concerned were looking for? IF PARTIC TATE: I'm glad you were	ore we hang up, when about Were CIPANT WAS ABLE able to have your
IF PARTICIPANT WAS NOT ABLE ADDRESS THEIR CONCERNS, ST answered/your concerns were not ad NFORMATION ON THIS TOPIC, Swith additional information.	TATE: I am sorry that your ldressed. IF YOU DON'T H	questions were not HAVE ANY MORE

INFORM THEM C	IATION I	N OUR F. ELEPHONI	ILES TO 1	HELP THE	STATES. PERSON V THE RELE	VHILE Y	OU I	HAVI
more info	. I would lormation. VE AN ID	ike to give y Do you hav	you the agenve a pen? CONTACT	ncy's telepho Here is the	an agency, _ one number so telephone nu GENCY, STA	that you mber:	can c	all for
SPECIFIC	C CONC ONE NUI	ERNS. V	VRITE TH	EM DOW	uss today? (I N AND TR N HELP TO	Y TO	FIND	THE

IF PARTICIPANT ADHERED TO ALL PREVIOUSLY SCHEDULED SCREENINGS
DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: M
, when we talked last month, I noticed that you have had all of your PLCo
screenings that you have been scheduled for. I would like to commend you again for
this! Mr, we will do our best to make sure that you continue to have a positiv
experience in the PLCO Trial. GO TO NEXT QUESTION.
· ·

IF PARTICIPANT DID NOT ADHERE TO THE PSA TEST DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr. \_\_\_\_\_, when we talked last month, you mentioned \_\_\_\_\_\_, that kept you from getting your PSA test when you came to our PLCO clinic

- last year
- two years ago
- three years ago
- four years ago
- five years ago
- last year, two years ago, three years ago, four years ago, and five years ago
- last year, three years ago, four years ago, and five years ago
- last year, two years ago, three years ago, and four years ago
- last year, two years ago, and five years ago
- last year, two years ago, four years ago, and five years ago
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I would like to continue our discussion from last month about ways of dealing with these
things so that will not keep you from getting your PSA test. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.
IF PARTICIPANT DID NOT ADHERE TO THE CHEST X-RAY DURING A
PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we
talked last month, you mentioned, that kept you from getting your chest x-ray
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IF PARTICIPANT DID NOT ADHERE TO ANY OF THE SCHEDULED PLCO
SCREENINGS DURING A PREVIOUSLY SCHEDULED PLCO SCREENING,
STATE: Mr, I would like to commend you for enrolling in the PLCO Trial!
Your participation in this project is very important to us. We are interested in what keeps
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Mr. \_\_\_\_\_\_, the information we gain from the PLCO Trial could help future generations of people. In addition, the findings related to prostate cancer may be particularly important to African American men. For these reasons, I would like to work with you to help to make your PLCO screenings as easy for you as possible. I would like to continue our discussion from last month about ways of dealing with these things so that will not keep you from getting your PLCO screenings. RESPOND TO THE BARRIER(S) MENTIONED BY THE PARTICIPANT AND ADDRESS THEM.

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ASK: Mr. \_\_\_\_, did you have any other questions or concerns about something in your own life or the lives of your family or friends?

IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr. \_\_\_\_\_. If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them

lives of their children, family or friends. I will call again next month. SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms. ? My name is \_\_\_\_\_. How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings. I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Ms. \_\_\_\_\_, when we talked last month, you mentioned that you were concerned about \_\_\_\_\_. Were you able to find the information you were looking for? IF SPOUSE/PARTNER WAS ABLE TO FIND THE I'm glad you were able to have your questions INFORMATION, STATE: answered/your concerns addressed. GO TO NEXT PART OF SCRIPT. IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. , I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT. IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. \_\_\_\_\_, I will call you back later with additional information.

about any questions or concerns they may have about something in their own lives or the

WRITE DOWN THE THINGS THE SPOUSE/PARTNER STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
Ms, you mentioned There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).
IF SPOUSE/PARTNER RAISES ANOTHER ISSUE, WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:  While I have you on the telephone, Ms, let me check my files to find some information about Here it is. There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other questions or concerns that you would like to discuss today? IF NOT, STATE: It has been nice talking with you today, Ms If you have any questions, please write them down so that we can talk about them next month.

# **SCRIPT FOR AT5 MALE**

### THIRD MONTH

Hello, is this Mr. you? When we talked recently, I let you kno Prostate, Lung, Colorectal and Ovarian (Placeive their cancer screenings, I will call yo person, to help to find answers to your questions.	LCO) Cancer Screening T u on a monthly basis to ser tions about things such as	rial participants ve as a resource Social Security,
Medicare, or other health issues. I could ever friends, children, and grandchildren.	assist you with questions	concerning your
Mr, when we talked last month, you Were you able to find the in PARTICIPANT WAS ABLE TO FIND THE were able to have your questions answered/PART OF SCRIPT.	nformation you were loo E INFORMATION, STATE	king for? IF : I'm glad you
IF PARTICIPANT WAS NOT ABLE TO F ADDRESS THEIR CONCERNS, STATE: answered/your concerns were not addressed. answers. While I have you on the telephone, have more information on this topic.	I am sorry that your que: I would like to assist you:	stions were not in finding some
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IF PARTICIPANT ADHERED TO ALL PREVIOUSLY SCHEDULED SCREEN	NINGS,
DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE	Mr.
, when we talked last month, I noticed that you have had all of your	PLCO
screenings that you have been scheduled for. I would like to commend you as	gain for
this! Mr, we will do our best to make sure that you continue to have a	positive
experience in the PLCO Trial. GO TO NEXT QUESTION.	

IF PARTICIPANT DID NOT ADHERE TO THE PSA TEST DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr. \_\_\_\_\_, when we talked last month, you mentioned \_\_\_\_\_, that kept you from getting your PSA test when you came to our PLCO clinic

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IF PARTICIPANT DID NOT ADHERE TO THE CHEST X-RAY DURING A PREVIOUSLY SCHEDULED PLCO SCREENING, STATE: Mr, when we talked last month, you mentioned, that kept you from getting your chest x-ray when you came to our PLCO clinic				
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WRITE DOWN THE THINGS THE SPOUSE/PARTNER STATES. TRY TO FIND
INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE
THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE
NUMBER(S). STATE:
` <i>;</i>
Ms, you mentioned There is an agency,, that helps to
. I would like to give you the agency's telephone number so that you can call for
more information. Do you have a pen? Here is the telephone number: . IF
WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call,
please ask for Mr./Ms
•
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR
SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE
TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE
CONCERNS).
IF SPOUSE/PARTNER RAISES ANOTHER ISSUE, WRITE DOWN THE THINGS
THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP
THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE
PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
While I have you on the telephone, Ms, let me check my files to find some
information about Here it is. There is an agency,, that helps to
. I would like to give you the agency's telephone number so that you can call for
more information. Do you have a pen? Here is the telephone number: IF
WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call,
please ask for Mr./Ms
No year have any other avections or concerns that year would like to discuss to day?
Do you have any other questions or concerns that you would like to discuss today?
F NOT, STATE: It has been nice talking with you today, Ms If you have any questions, please write them down so that we can talk about them next month.
questions, piease write them down so that we can talk about them next month.

#### **SCRIPT FOR AT5 MALE**

#### ANNUAL SCHEDULING CALL

Hello, is this Mr. you? When we talked recently, I let you know Prostate, Lung, Colorectal and Ovarian (PL receive their cancer screenings, I will call you person, to help to find answers to your quest Medicare, or other health issues. I could even friends, children, and grandchildren.	w that, as part of a research p LCO) Cancer Screening Tria on a monthly basis to serve tions about things such as So	project to help al participants as a resource ocial Security,
Mr, I would like to schedule you for	this year's free cancer screeni	ng exam.
First, I would like to ask Have you been d colon or rectum?	liagnosed with cancer of the p	orostate, lung,
IF NO - CONTINUE. IF YES, DO NOT SOORGAN.	CHEDULE AN EXAM OF	THAT PLCO
Have you had a colonoscopy within the last ye	ear, or do you plan to have one	e soon?
IF NO – CONTINUE. IF YES – DO NOT SO SCHEULE IN BLOOD/X-RAY SLOT.	HEDULE THE SIGMOIDOS	SCOPY AND

This year, your appointment will consist of:

- A blood test
- And the flexible sigmoidoscopy

That is the exam of the lower colon and there is preparation involved, so we will send you a packet containing two Fleet enemas and the instructions. We ask that you eat lightly the night before and the morning of your appointment. It will take approximately an hour and a half to two hours to prepare before you leave your house. The appointment will take approximately an hour and a half to two hours because all of the exams are done in the one visit.

We do these exams at three locations:

- Our Northwest Clinic, at Outer Drive and the Southfield Freeway between 6- and 7-Mile roads,
- Our Fairlane location in Dearborn near the Fairlane shopping mall, and
- Our Downriver Clinic, on Allen Road, eff of I-75 North.

Which of these is the most convenient for you?

At the (<u>designated clinic</u>) I have <u>day, month</u> and <u>date</u> at <u>time</u> in the morning or <u>time</u> in the afternoon. Which is best for you?

RECORD IN SIG SLOT AND ON THE OVERVIEW, PARTICIPANT'S NAME, PHONE # AND PID#.

As I mentioned, we will send the letter confirming the day, date, time and location, a map to the location and the Fleet enemas with the instructions.

Is your address (read from the overview)?

After your exams are done, a copy of the results will be sent to both you and your physician, is that still Dr. (read from the overview), (address)?

Mr. \_\_\_\_\_, do you have any questions about the PLCO screening you will receive this year? Again, this screening will consist of the PSA test and the flexible sigmoidoscopy.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancerfree prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK THE PARTICIPANT WHETHER HE WOULD LIKE YOU TO WALK HIM THROUGH WHAT WILL HAPPEN AT THE CLINIC, FROM THE TIME HE ENTERS THE DOOR: Mr. \_\_\_\_\_, would you like me to walk you through what will happen when you arrive at the clinic, from the time you first walk through the door?

IF PARTICIPANT SAYS YES, TELL HIM WHAT WILL HAPPEN.

IF PARTICIPANT SAYS NO, GO TO NEXT PART OF THE SCRIPT.

After the exams are done and the results are in, both you and the physician you designated will receive a copy of the results.

Thank you, and if there are any questions, either before or after your letter arrives, please don't hesitate to call 313-874-6228, and we'll be looking forward to seeing you on (day), (date) at (time) at our (clinic name).

Thank you, and if there are any questions, either before or after your letter arrives, please don't hesitate to call. Our number is 313-874-6228, and we'll be looking forward to seeing you on (day), (date) at (time) at our (clinic name).

Mr, when we talked last month, you mentioned that you were concerned about Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.
IF PARTICIPANT WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic.
IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Mr, I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.
IF PARTICIPANT WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Mr, I will call you back later with additional information.

Are any of these things (of other things) a concern for you:
WRITE DOWN THE THINGS THE PERSON STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE THEM ON THE TELEPHONE. GIVE THE PERSON THE RELEVANT TELEPHONE NUMBER(S). STATE:
Mr, you mentioned There is an agency,, that helps to I would like to give you the agency's telephone number so that you can call for more information. Do you have a pen? Here is the telephone number: IF WE HAVE AN IDENTIFIED CONTACT AT THE AGENCY, STATE: When you call, please ask for Mr./Ms
Do you have any other concerns you would like to discuss today? (PROBE AGAIN FOR SPECIFIC CONCERNS. WRITE THEM DOWN AND TRY TO FIND THE TELEPHONE NUMBER OF SOMEONE WHO CAN HELP TO ADDRESS THOSE CONCERNS).
ASK: Mr, did you have any other questions or concerns about something in your own life or the lives of your family or friends?
IF PARTICIPANT CAN'T THINK OF ANY MORE QUESTIONS, STATE: It has been nice talking with you today, Mr If you have any questions, please write them down so that we can talk about them next month. Is your spouse/partner available? IF NOT, STATE: Please let them know that I called and am available to talk with them about any questions or concerns they may have about something in their own lives or the lives of their children, family or friends. I will call again next month.
IF SPOUSE IS AVAILABLE TO TALK, STATE: Hello, is this Ms.  ? My name is How are you? When we talked recently, I let you know that, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I will call your spouse/partner on a monthly basis to serve as a resource person, to help to find answers to questions about things such as Social Security, Medicare, or other health issues. I could even assist you with questions concerning friends, children, and grandchildren. Ms, when we talked last month, you mentioned that you were concerned about Were you able to find the information
mentioned that you were concerned about Were you able to find the information you were looking for? IF SPOUSE/PARTNER WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.

IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. I would like to assist you in finding some answers. While I have you on the telephone, I will check my files again to see whether I have more information on this topic.

IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. \_\_\_\_\_, I will call you back later with additional information. Before we hang up, when we talked last month, you also mentioned that you were concerned about \_\_\_\_\_. Were you able to find the information you were looking for? IF PARTICIPANT WAS ABLE TO FIND THE INFORMATION, STATE: I'm glad you were able to have your questions answered/your concerns addressed. GO TO NEXT PART OF SCRIPT.

IF SPOUSE/PARTNER WAS NOT ABLE TO FIND THE INFORMATION NEEDED TO ADDRESS THEIR CONCERNS, STATE: I am sorry that your questions were not answered/your concerns were not addressed. IF YOU DON'T HAVE ANY MORE INFORMATION ON THIS TOPIC, STATE: Ms. \_\_\_\_\_, I will call you back later with additional information.

WRITE DOWN THE THINGS THE SPOUSE/PARTNER STATES. TRY TO FIND INFORMATION IN OUR FILES TO HELP THE PERSON WHILE YOU HAVE

THEM ON THE TI NUMBER(S). STA		HE PERSON THE RELE	VANT TELEPHONE
I would l more information.	ike to give you the ago Do you have a pen? ENTIFIED CONTAC	There is an agency, _ ency's telephone number so Here is the telephone nu If AT THE AGENCY, STA	o that you can call for mber: IF
SPECIFIC CONC	ERNS. WRITE T	ld like to discuss today? (I HEM DOWN AND TR E WHO-CAN HELP TO	Y TO FIND THE
THE PERSON STATHE PERSON WIPERSON THE RELL While I have you conformation about I would limore information.	ATES. TRY TO FIN. HILE YOU HAVE TO EVANT TELEPHON on the telephone, Ms. Here it is like to give you the age Do you have a pen? ENTIFIED CONTACT	THER ISSUE, WRITE DO D INFORMATION IN OUTHEM ON THE TELEPH E NUMBER(S). STATE:, let me check m There is an agency, ency's telephone number so Here is the telephone num TAT THE AGENCY, STA	JR FILES TO HELP HONE. GIVE THE my files to find some that helps to that you can call for mber: IF
IF NOT, STATE: It	has been nice talking	rns that you would like to o with you today, Mswe can talk about them ne	If you have any

#### **SCRIPT FOR A T5 MALE**

# ANNUAL SCHEDULING CALL WHEN THIS IS THE FIRST CALL EVER MADE WITH THE PARTICIPANT

Hello, is this Mr.	? My name is	I'm calling
from the PLCO study at Henry Ford Hospital.	This is your final year of the	free cancer
screening exams and I would like to schedule	your appointment, so that yo	u may take
advantage of them.		

First, I would like to ask... Have you been diagnosed with cancer of the prostate, lung, colon or rectum?

IF NO – CONTINUE. IF YES, DO NOT SCHEDULE AN EXAM OF THAT PLCO ORGAN.

Have you had a colonoscopy within the last year, or do you plan to have one soon?

IF NO – CONTINUE. IF YES – DO NOT SCHEDULE THE SIGMOIDOSCOPY AND SCHEULE IN BLOOD/X-RAY SLOT.

This year, your appointment will consist of:

- A blood test
- And the flexible sigmoidoscopy

That is the exam of the lower colon and there is preparation involved, so we will send you a packet containing two Fleet enemas and the instructions. We ask that you eat lightly the night before and the morning of your appointment. It will take approximately an hour and a half to two hours to prepare before you leave your house. The appointment will take approximately an hour and a half to two hours because all of the exams are done in the one visit.

We do these exams at three locations:

- Our Northwest Clinic, at Outer Drive and the Southfield Freeway between 6- and 7-Mile roads,
- Our Fairlane location in Dearborn near the Fairlane shopping mall, and
- Our Downriver Clinic, on Allen Road, off of I-75 North.

Which of these is the most convenient for you?

At the (<u>designated clinic</u>) I have <u>day, month</u> and <u>date</u> at <u>time</u> in the morning or <u>time</u> in the afternoon. Which is best for you?

RECORD IN SIG SLOT AND ON THE OVERVIEW, PARTICIPANT'S NAME, PHONE # AND PID#.

As I mentioned, we will send the letter confirming the day, date, time and location, a map to the location and the Fleet enemas with the instructions.

Is your address (read from the overview)?

After your exams are done, a copy of the results will be sent to both you and your physician, is that still Dr. (read from the overview), (address)?

Mr. \_\_\_\_\_, do you have any questions about the PLCO screening you will receive this year? Again, this screening will consist of the PSA test and the flexible sigmoidoscopy.

IF PARTICIPANT HAS QUESTIONS ABOUT THE PSA TEST, STATE: The PSA test stands for Prostate Specific Antigen Test. PSA is a substance produced only by the prostate, which is one of the male sex glands. A PSA blood test measures the level of PSA in the bloodstream. A high PSA level is a warning sign that cancer may be present, but it is not a sure sign. On the other hand, a low PSA level does not guarantee a cancer-free prostate. The disease may be in an early stage, with PSA not yet showing up in the blood stream.

IF PARTICIPANT HAS QUESTIONS ABOUT THE CHEST X-RAY, STATE: The chest x-ray involves high-energy radiation used in LOW doses to diagnose diseases.

IF PARTICIPANT HAS QUESTIONS ABOUT THE DRE TEST, STATE: A digital rectal exam (DRE) is a simple procedure in which the doctor inserts a lubricated, gloved finger into the rectum and feels the prostate gland for lumps or hardness.

IF PARTICIPANT HAS QUESTIONS ABOUT THE FLEXIBLE SIGMOIDOSCOPY, STATE: During this procedure, a hollow tube is passed through the anus for inspection of the sigmoid colon. The colon is part of the large intestine.

IF PARTICIPANT WANTS TO KNOW WHAT CANCER IS, STATE: Healthy cells grow, divide, and replace themselves in an orderly way, keeping the body in good repair. When this process goes wrong, the result may be cancer. Cancer actually is the general name given to a group of more than 100 diseases, all causing abnormal growth that destroys body tissue. One result of abnormal growth may be the formation of tumors. Tumors are of two types: benign and malignant. Benign tumors are not cancerous. They do not spread to other parts of the body and they are seldom a threat to life. Malignant tumors are cancerous. They can spread and kill nearby healthy tissues and organs. Cancer cells also can break away from a malignant tumor and metastasize — enter the bloodstream and lymphatic system. The lymphatic system is the interconnected system of spaces and vessels between body tissues and organs by which lymph circulates throughout the body. Lymph is a clear, watery, sometimes faintly yellowish fluid derived from body tissues that contains white blood cells and circulates throughout the lymphatic system. Lymph acts to remove bacteria and certain proteins from the tissues, transport fat from the small intestine, and supply mature lymphocytes to the blood.

ASK THE PARTICIPANT WHETHER HE WOULD LIKE YOU TO WALK HIM THROUGH WHAT WILL HAPPEN AT THE CLINIC, FROM THE TIME HE ENTERS THE DOOR: Mr. \_\_\_\_\_, would you like me to walk you through what will mappen when you arrive at the clinic, from the time you first walk through the door?

IF PARTICIPANT SAYS YES, TELL HIM WHAT WILL HAPPEN.

IF PARTICIPANT SAYS NO, GO TO NEXT PART OF THE SCRIPT.

Thank you, and if there are any questions, either before or after your letter arrives, please don't hesitate to call. Our number is 313-874-6228, and we'll be looking forward to seeing you on (day), (date) at (time) at our (clinic name).

Mr. \_\_\_\_\_, as part of a research project to help Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial participants receive their cancer screenings, I have been assigned to assist you in receiving your screenings. I would like to call you on a monthly basis to serve as a resource person, to help to find answers to your questions about things such as Social Security, Medicare, health issues or other concerns. I could even assist you with questions concerning your friends, children, and grandchildren.

Do you have any questions?

Each call will last at least five minutes. You have the right to end the call at any point. You do not have to be a part of this project. You can decide not to take part at the beginning or you can start and then decide to stop. If you do not participate, you will not be a part of this study. The alternative to not taking part is to not participate in this study.

When I call, if it is close to the time of your annual PLCO screening appointment, I will:

- (1) Schedule the date, time, and location of your next screening appointment and the type of screening you will have next;
- (2) Give you directions to the PLCO screening clinic of your choice;
- (3) Answer your questions about the screening procedures, so that you will know what to expect when you arrive for screening;
- (4) Call you to remind you of your scheduled visit;
- (5) Call you if your appointment is not kept, to help with problems you may have had in keeping the appointment; and
- (6) Help you to find transportation if you need it.

I will make every attempt to provide you with the information or resources that you request.

Information about your participation in this project will be kept confidential and only used for research purposes according to applicable state and federal laws. No personal data such as name, address, or social security number will be used to identify you once the project has ended. If you have questions about your rights as a research participant you may contact Ms. Julie Washington in the Research Office at Henry Ford Hospital at (313) 916-2024.

Whatever you decide, you will not receive a penalty or loss of benefits of any sort based upon your decision. Your decision will not affect the medical care you receive from your usual source or your status in the PLCO Cancer Screening Trial. Thank you very much for your time. I look forward to talking with you in the future.

Mr, is your spouse/partner available now? I them, so that when I call, they will know who I am. I c with questions they may have as well.	would like to introduce myself to an also assist your spouse/partner
with questions they may have as well.	
Hello, Ms? My name is	I am a Henry Ford Health
System employee working on the Prostate, Lung,	Colorectal, and Ovarian Cancer
Screening Trial. I would like to call your (spouse/partners)	
a resource person, to help to find answers to question	ons about things such as Social
Security, Medicare, health issues or other concerns. I	
concerning your friends, children, and grandchildren. I	
would like to serve as a resource person for you as well	
you have questions, please let me know, and I will of	do my best to find answers and
solutions. Please feel free to ask me questions about any	
All right. Have a nice day. I look forward to talking wit	th you soon.

## SCRIPTS USED WHEN A MESSAGE MUST BE LEFT BECAUSE THE TARGET PERSON IS NOT AVAILABLE

#### INTRODUCTORY TELEPHONE CALL

Hello, my name is Vernetta Randolph. As part of a research project to help people in the PLCO Study receive their free cancer screenings, I have been assigned to assist you in receiving your screenings. I would like to call you on a monthly basis to serve as a resource person, to help to find answers to questions your or your family may have about things such as Social Security, Medicare, health issues, Head Start or other concerns.

Each call will last at least five minutes.

I will make every attempt to provide you with the information or resources that you and your family request.

Again, my name is Vernetta Randolph. Please call me at 313-874-6228. Thank you. I look forward to hearing from you soon.

#### FIRST MONTH FOLLOW-UP

Hello, my name is Vernetta Randolph. When I called you recently, I let you know that as part of a research project to help people in the PLCO Study receive their free cancer screenings, I have been assigned to assist you in receiving your screenings. As I stated, I would like to call you on a monthly basis to serve as a resource person, to help to find answers to questions your or your family may have about things such as Social Security, Medicare, health issues, Head Start or other concerns.

Each call will last at least five minutes.

I will make every attempt to provide you with the information or resources that you and your family request.

Again, my name is Vernetta Randolph. Please call me at 313-874-6228. Thank you. I look forward to hearing from you soon.

#### SECOND MONTH FOLLOW-UP

Hello, my name is Vernetta Randolph. When I called you recently, I let you know that as part of a research project to help people in the PLCO Study receive their free cancer screenings, I have been assigned to assist you in receiving your screenings. As I stated, I would like to call you on a monthly basis to serve as a resource person, to help to find answers to questions your or your family may have about things such as Social Security, Medicare, health issues, Head Start or other concerns.

Each call will last at least five minutes.

I will make every attempt to provide you with the information or resources that you and your family request.

Again, my name is Vernetta Randolph. Please call me at 313-874-6228. Thank you. I look forward to hearing from you soon.

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# Telephone Script for Focus Group Participants African American Males Aged 55+ Years & NOT in the PLCO Cancer Screening Trial

Focus Group: Tuesday, January 25, 2000 6:00 p.m. - 8:00 p.m.

He (in inv ca me	vite you to participate in ncer screening. We are	I am calling on beha a meeting. The goa very interested in yo group. We will pay yo	My name is		
	YES If YES, continue	Or	NO If NO, then thank them for responding and terminate the call. "Mr, we are looking for men aged 55 years or older. Thank you very much for your time. We will call if another opportunity for you to participate arises".		
B. May I confirm that you are an African American male?					
	YES If YES, continue	Or	NO If NO, then thank them for responding and terminate the call. "Mr, our first focus group will be held with African American men. Thank you very much for your time. We will call if another opportunity for you to participate arises".		
C.	Are you a participant in Screening Trial?	the Prostate, Lung,	Colorectal and Ovarian (PLCO) Cancer		
	NO If NO, continue	Or	YES If YES, then thank them for responding and terminate the call. "Mr, our focus group will be held with people who are NOT in the PLCO Cancer Screening Trial. Thank you very much for your time. We will call if another opportunity for you to participate arises".		

D. Do you work in the Henry Ford He	alth Sys	tem?
NO If NO, continue	Or	YES If YES, then thank them for responding and terminate the call. "Mr, our focus group will be held with people who are not Henry Ford Health System employees. Thank you very much for your time. We will call if another opportunity for you to participate arises".
Tuesday, January 25, 2000 from 6:0 Place, located 3 blocks from Henry Fo	<b>00 p.m</b> ord Hosp	ipate, we would like to invite you to a meeting on 8:00 p.m. The meeting will be held at One Fordital. For your attendance we will provide 2-hour meeting. There is no charge for parking
Would you like to attend?		
YES If YES, continue	Or	NO If NO, then thank them for responding and determine the reasons why (document reasons on the telephone contact sheet provided) and terminate the call. "Mr, thank you very much for your time".
the room recording the discussion). T	his will a	e audiotape, videotape and/or a person sitting in all be kept confidential. When you attend the orief consent form. Would you like to attend the
YES If YES, continue	Or	NO If NO, then thank them for responding and ask for the reason why they do not want to attend (document reason on the telephone contact form) and terminate the call. "Mr, thank you very much for your time".
G. Let me just confirm one more time Colorectal and Ovarian (PLCO) Ca		are not participating in the Prostate, Lung, reening Trial.
NO If NO, continue	Or	YES If YES, then thank them for responding and terminate the call. "Mr, our focus group will be held with people who are NOT in the PLCO Cancer Screening Trial. Thank you very much for your time. We will call if another opportunity for you to participate arises".

H. (If they agree to attend). I will send you a letter confirming your attendance. The letter will include the date, time, meeting room number, a map and also a phone number in the event you have questions or need to cancel. I need to confirm your mailing address (write any changes on the telephone contact form).

Thank you so much for choosing to participate. We look forward to seeing you on Tuesday, January 25, 2000 at 6:00 p.m.

## Focus Group Reasons people do not want to participate...

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Focus Group
Reasons people do not want to participate...

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17	 		•	
18	 			
22	 			



### Center for Medical Treatment Effectiveness Programs 1 Ford Place, Suite 3E, Detroit, MI 48202 (313) 874-1890 Fax (313) 874-6944



Wednesday, January 19, 2000

#### Dear Mr.:

Thank you for your interest in taking part in a focus group. The goal of the focus group is to develop a survey about cancer screening. We will give you \$25 in cash at the end of the two-hour session.

The focus group will take place on Tuesday, January 25, 2000 from **6:00 p.m. - 8:00 p.m.** in **ROOM 3CO8** at One Ford Place, the Corporate Headquarters of Henry Ford Health System. Please come at **6:00 p.m. SHARP** or a little earlier.

Enclosed is a map with directions to One Ford Place. Free parking will be provided. Please use the Third Street parking lot and entrance. The parking lot is closely guarded by our security staff.

For your comfort, light refreshments will be served. If you have any questions, please call me at (313) 874-5433. I look forward to meeting you on Tuesday night.

Sincerely,

Marvella E. Ford, Ph.D.

#### SCRIPT FOR REMINDER CALL FOR FOCUS GROUP ON TUESDAY, JANUARY 25, 2000 6:00 P.M. - 8:00 P.M. ROOM 3C08

	person invited to the focus group) at home?
al	f this is the invited person: I am calling to confirm your attendance at the focus group to develop a survey bout cancer screening. It will take place this Tuesday, January 25 (tomorrow night), from 6:00 p.m 8:00 m. in ROOM 3C08 at 1 Ford Place. Please come at 6:00 p.m. SHARP or a little earlier.
	ou should have received a map providing directions to 1 Ford Place. Free parking will be provided. The arking lot is watched by security guards.
	lease enter the building through the Third Street entrance. For your comfort, light refreshments will be erved.
	hank you for taking part in the focus group. We will give you \$25 in cash at the end of the two-hour neeting.
	f the person who signed up is not at home/available to talk: Will you please give () the following aformation?
T	am calling to confirm ('s) attendance at a focus group to develop a survey. It will take place this uesday, January 25 (tomorrow night), from 6:00 p.m 8:00 p.m. in ROOM 3C08 at 1 Ford Place. Please ome at 6:00 p.m. SHARP or a little earlier.
(T	should have received a map providing directions to 1 Ford Place. Free parking will be provided. The parking lot is watched by security guards.
(_ se	should enter through the Third Street entrance. For ('s) comfort, light refreshments will be erved.
	would like to thank () for agreeing to take part in the focus group. We will give () \$25 in cash the end of the two-hour session.
nford]	1\public\dod\focremin.doc

Form 5405 MR Rev. 2/94 DATE Honry Ford Hospital CONSENT MRN TO PARTICIPATE IN A RESEARCH STUDY NAME WEST BLOOMFIELD MAIN ☐ OTHER \_ T FAIRLANE PROJECT TITLE: Approval Stamp You have been asked to take part in a focus group. The purpose of the focus group is to help develop a survey about cancer screening. Your attitudes and opinions about this topic are valued and appreciated. The focus group will be videotaped and audiotaped. This will allow the researchers to use the recorded information provided by focus group members to design the survey. All information related to the focus group will be kept confidential. This means that only researchers and staff who are part of this project will have access to the recorded information. The videotapes and audiotapes will not be viewed or listened to by anyone who is not directly connected to the project. The information provided by the focus group members will only be used within the institutions represented by the researchers and the research staff.

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Form 5405 MR Rev. 294	
Honry Fird Hospital	DATE
CONSENT TO PARTICIPATE IN A RESEARCH STUDY	MRN
MAIN WEST BLOOMFIELD  FAIRLANE OTHER	NAME
PROJECT TITLE:	
Approval Stamp	. •
Арргочаі Зсагір	· · · · · · · · · · · · · · · · · · ·
You will receive \$25 in cash for your particity by this study. However, others may be help focus group.  Your participation in this focus group is volupart. You can withdraw at any time. If you the regular health care you receive at Henry This consent form has been reviewed with form or it has been read to you. You under to do. Your questions have been answered not understand have been defined for you. You will be given a copy of this consent form	untary. You do not have to take decide to stop, this will not affect y Ford Health system.  you. You have read this consent stand what you have been asked and any technical terms you did You agree to be in this study.
Signature of Subject	Date
	·
Printed Name of Subject	Date The Control of t
Signature of Witness	Date
Signature of Investigator	Date
303	

Page\_\_\_of\_\_\_

## ACKNOWLEDGMENT OF RECEIPT

acknowledge receipt of \$23 in cash to				
PRINT NAME IN FULL				
participation in the Henry Ford H	Health System Foc	us Group on January, 2	5, 2000.	
	•			
		•		
SIGNATURE		DATE		
SOCIAL SECURITY NUMBER		_		

## Listing of Community Resources Used in the Retention Study

#### ADULT DAY CARE

Respite Care

Care For People With Developmental Disabilities

#### ADULT WELL BEING BUTZEL CENTER

Seniors

Empowerment Zone,

Movies, Picnic, Field Trips

Aarp Materials

#### Assistance With Cost

Counseling

Health Screenings and Health Lectures

Legal Services

Medicare and Medicaid Assistance

Support Groups

Transportation

#### Other Activities

Aerobics, Friendship, Games, Needle Craft, Quilting

**Business Cards for Seniors** 

Computer Classes

Food through Focus Hope Food Program

Grandparent Legal Assistance

**Prescription Medications** 

Substance Abuse Prevention Service

#### AIDS INFORMATION

How AIDS Is Contracted and How It Can Be Prevented

#### ALZHEIMER'S

Alzheimer's Association of Michigan Detroit Chapter

**Educational Program** 

Helping Hands Respite Care Safe Return Fact Sheet

Kids and Alzheimer's Disease

Library List

Phases of Dementia

**Program Summary** 

Publication Order Form

Support Group

Things Not To Say to Caregiver

#### AMERICAN DIABETES ASSOCIATION

American Diabetes Association

Diabetes Information and Action Line

Diabetes Advocacy

Diabetes Diagnosis

**Diabetes Facts** 

Diabetes Resource Catalog

First Things First

Genetics of Diabetes

Healthy Eating

Standards of Care

What is Type I Diabetes?

What is Type II Diabetes?

#### AMERICAN CANCER SOCIETY

Community Connection

#### AMERICAN HEART ASSOCIATION PAMPHLETS

Cholesterol and Your Heart

Easy Food Tips For Heart-Health Eating

Exercise

**Exercise Diary** 

Heart Attack and Stroke: Signals and Action

High Blood Pressure

How Can I Monitor My Weight and Blood Pressure?

How Can I Reduce High Blood Pressure?

Managing Your Weight

Now You're Cookin'

Nutrition

Nutrition for Fitness

Nutrition Nibbles

Sodium and Blood Pressure

Spring/Summer 1999 Catalog Professional and layperson training solutions

1-800 numbers

Stroke and Heart Attack

Walking for a Healthy Heart

What Are Stroke and TIA?

What You Should Know About Stroke

What is Your Risk of Brain Attack?

What's Your Risk of Heart Attack?

1999 Heart and Stroke Statistical Update

Why Should I Limit Sodium?

#### AMERICAN LUNG ASSOCIATION

Facts about Lung Cancer

Facts in Brief about Lung Disease

How to Keep Your Lungs Healthy

The Decision is Yours

The Lung Cancer Resource Center

#### AREA AGENCY ON THE AGING

Detroit Area Agency on Aging 1999 Directory Eldercare Services

#### CANCER INFORMATION

**American Cancer Society** 

Barbara Ann Karmanos Cancer Institute

**Breast Cancer** 

Breast Cancer Questions and Answers

Cancer Facts and Figures for African Americans 1998-1999

Cancer Facts for Women

Cancer Facts for Men

Colon and Rectum Cancer

Colorectal Cancer

Guidelines for the Early Detection of Cancer

Healthfinder Questions and Answers

National Institutes of Health

Newsletter: The Health Source

Prostate Cancer: Facts on Prostate Cancer, Testing For Prostate Cancer

Resource Guide

Taking Time Support for People with Cancer and the People Who Care About Them

What You Need To Know about Cancer of the Colon and Rectum

What You Need To Know about Lung Cancer

#### CHILD CARE

Child Care Centers

## COMMUNITY HEALTH AWARENESS AIDS/HIV

AIDS Fraud Alert

AIDS: What Women Need To Know

Coping with HIV/AIDS

Community Prescription Service

Dental Health Matters

Michigan Jewish AIDS Coalition

Pocket Reference Guide

What You Should Know About Vidxe (didanosine), DDL and HIV

Case Management

Certified Church Partner

Community Awareness Group

Gay, Lesbian, Bisexual Transgender Community

Breast Cancer Self Examination

#### COMMUNITY RESOURCE LIST

Advocacy Services Directory

Child Care Coordinating Council of Detroit/Wayne County Directory of Resources for Children and Family

City of Detroit Directory

Detroit Area Hospital Resource List

**Detroit Public Library** 

Michigan Department of Community Health Maternal and Infant Health

Michigan Senior Resource Directory Community Action Agency Index

State of Michigan Family Independence Agency

#### COMMUNITY SERVICES AND PROJECTS

Bankruptcy Guide

Chiropractic Guide

**Christian Credit Counselors** 

Cosmetic Surgery

Criminal Law

Dental Guide

Detroit Housing Commission Resident Selection Office Application and Placement Process

Education Guide

General Health

General Legal

Mental Health

MetroMatrix Human Services Local Source

Mortgage Guide

News and Entertainment Updates

Pamphlets and Newsletters

Personal Injury

St. Patrick Senior Center

Social Security and Disability

Women's Health

#### DOMESTIC VIOLENCE

The Michigan Coalition Against Domestic Violence

Wayne County Neighborhood Legal Services Domestic Violence Clinic

#### **EDUCATION**

Directory of Health Education Programs - Henry Ford Hospital

Family Road Programs and Educational Classes - Hutzel Hospital

#### **EMERGENCY ASSISTANCE**

Detroit Area Numbers

#### **EMPLOYMENT**

Census 2000

National Indian Council on the Aging

#### **FAMILY ROAD PROGRAMS**

Hutzel Hospital

#### FAMILY SUPPORT NETWORK OF MICHIGAN

Family Phone Line

Project Find

The Family Place Mental Health Unit

#### FOOD AND NUTRITION

Detroit Agriculture Network

Focus Hope

Hunger Action Coalition of Michigan

#### **GRIEF AND BEREAVEMENT**

Detroit Area Bereavement Centers

Home Health Agencies Henry Ford Hospital

#### HABITAT FOR HUMANITY

Habitat for Humanity listing

#### **HEALTH CORE**

Health Core Henry Ford Hospital

#### HEALTH EDUCATION CENTER

American Diabetes Society

Breastfeeding

Cancer Information

Depression

Hearing and Aging

Healthy Food

Heart Attacks

Heat Wave information

Menopause

Michigan Fish

Nutrition for Children

Prostate Cancer

Protecting yourself and your baby from sexually transmitted disease

Substance Abuse

Weight Control

What Do I Need to Know about Hepatitis A, B, and C

Work and Family

#### HELP FOR YOUTH AND FAMILIES

**Baseball Sports Coalition** 

Covenant House

National Runaway Switchboard

Teen Pregnancy

#### HOME HEALTH CARE

Care Management

Home Health Care Services (State of Michigan)

#### HOUSING

Senior Housing

State of Michigan Family Independence Agency

#### IMMUNIZATION FOR CHILDREN

Child Health Network Immunization Project

Grandparent Immunizing for Tots

Starting Early Wayne County

#### INFORMATION OF MEDICAL CONDITIONS

Alzheimer's Disease

American Stroke Association

Angina Pectoris

Asthma

Brain Attack Stroke

Cholesterol Disorders

Congestive Heart Failure

Crohn's Disease

Depression

Diabetes Mellitus

**Epilepsy** 

**FAQ** 

Glaucoma

Gout

Green Tree

Hypertension

Report by Center for Clinical Effectiveness

Various other diseases

#### INSURANCE FOR CHILDREN

Detroit Healthy Start Resource Guide

#### LEGAL ASSISTANCE

Adult Protective Services Program

Designation of Patient Advocate Form

Domestic Violence Shelter Guide

Durable Power of Attorney for Health Care Henry Ford Hospital

Jewish Home and Aging Services

MedicAlert

The Legal Brief - the Black Women's Lawyers Association of Michigan

MEDICATION ASSISTANCE Medical Directory Referral List

MEDICAL INSURANCE 1999 Guide Medicare AARP Medical Assistance Detroit Michigan Medical Assistance Program

MICHIGAN RESOURCE CENTER 1999 Publication Catalog 1999 Videos for Loan

RECIPES
Diabetic
Low Fat

SMOKING/QUITTING Facts and Tips for Quitting Involuntary Smoking Smoking and pregnancy

SENIOR CENTER BUTZEL SEE Butzel Center Children's Issues

SOCIAL ACTIVITIES
Exercise
Cultural Happenings Detroit
Detroit Public Library
1999 Wayne County Parks Schedule
1999 Summer Activities Guide

SOCIAL SECURITY Understanding the Benefits

SUBSTANCE ABUSE Boniface Intensive Outpatient Day Treatment Michigan Department of Community Health

TEMPORARY SHELTER "C-O-T-S"

THE SENIOR ALLIANCE AREA AGENCY ON AGING Programs
Senior's Guide http://www.aaa1c.org

#### TRANSPORTATION

Department of Transportation of Detroit Seniors Services Health Transportation Specialized Transportation

#### UNITED WAY

Community Services Guide to Health and Human Services Resources for Community Problem Solving Surviving Unemployment